



# Isleta Pueblo News

Volume 8 Issue 9

September 2013

## FROM THE OFFICE OF THE GOVERNOR

I want to take the opportunity to thank all community members and program service workers who participated in the Community Clean Up on Saturday, August 24, 2013 in preparation for the Annual St. Augustine Feast and the 400 Year Celebration (1613-2013) of St. Augustine Church. His Grace Michael J. Sheehan, Archbishop of Santa Fe celebrated the Holy Mass. It was heartwarming to see our community come together and participate in the Procession, Tribal Dance and feast.

A very special "thank you" to the Mayordomos of the Feast and families for their dedication and hard work in hosting the St. Augustine feast: James and Mary Creager, Marlow and Patty Martin, Sam and Peshy Martin, Michael and Michelle Valdez. Thank you for an enjoyable and memorable feast.

### Asset Protection Summit – August 12-13, 2013

The Pueblo of Isleta Regulatory Agency, Isleta Tribal Police and Isleta Resort and Hotel hosted its first annual Asset Protection Summit for Law Enforcement, Gaming Commissions, Security & Surveillance Professionals and Tribal Leadership. The training was attended by over 350 participants from within the State of New Mexico.

### New Mexico Annual Conference on Aging – August 20-21, 2013

August 20th and 21st, 2013, a Conference on Aging was held at the Isleta Resort and Casino. Governor Eddie Paul Torres opened the conference with an invocation and opening remarks. On Wednesday, August 21, 2013, New Mexico State Governor Susana Martinez addressed the attendees and announced the Conference on Aging offers New Mexico seniors and those who care for them valuable information and tips that can help seniors live independently as long as possible, and while there is a lot of valuable information, this is also a great event for seniors to get out, meet new people and have some fun. The event provided a wide variety of topics in more than 50 workshops and was attended by over 1,400 participants.

### Native American Scholarship Program – July 27, 2013



Miss Lia Abeita-Sanchez was awarded her NMGC Scholarship by Ms. Annette Gardiner, President, New Mexico Gas Company.

I am proud to announce that Miss Lia Abeita-Sanchez, daughter of Ms. Caroline Abeita and Blane Sanchez from the Pueblo of Isleta is a recipient of a New Mexico Gas Company, Inc. (NMGC) Native American Scholarship. In a NMGC 2013 Awards Ceremony held on July 27, 2013 at the Indian Pueblo Culture Center, Albuquerque, NM, Miss Lia Abeita-Sanchez was one of fifteen recipients to be awarded a scholarship. Miss Lia Abeita-Sanchez is attending the University of New Mexico, majoring in Political Science.

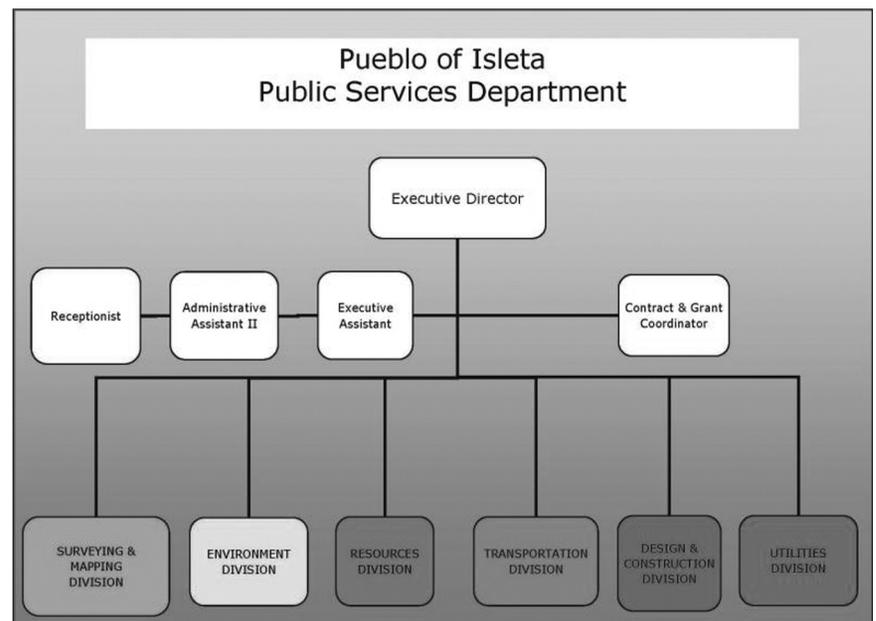
The New Mexico Gas Company, Inc. (NMGC) Native American Scholarship Program (NASP) is a program that is intended to assist Native American students in pursuit of post-secondary education that may result in an Associates, Bachelors, or Masters Degree; certification from a trade school or specialized technical training associated with a license or certificate.

## PUBLIC SERVICES DEPARTMENT RE-ORGANIZATION

As part of the August 10, 2013 Community Meeting Governor Torres announced the reorganization of the Public Services Department. In response to inquiries from tribal members for written information Ms. Shawna Balley, Public Service Executive Director, has provided written briefs of the presentation.

The primary purpose of the reorganization is to better serve the needs of the community by combining resources, staff, and funding as well as streamline communications between the Pueblo and Federal, State, and County entities for our projects, funding, grants, and contracts. In addition, this effort will optimize operational activities by eliminating routine and repetitiveness, avoiding fragmentation and create cross functional competencies.

The following organizational chart shows how the Public Services Department is structured.



- Surveying & Mapping Division (Formerly known as Realty)
- Environment Division – A new Division dedicated to Solid Waste, Water Quality, Air Quality, and Water Coalition / Irrigation Efforts.
- Resources Division (Formerly known as Natural Resources) – This Division is focused on Range and Forest Management.
- Transportation Division – A new Division dedicated to the maintenance of both paved and unpaved roads to include drainage and safety enhancements for the public. This Division will also coordinate all new road construction projects with the Design & Construction Division.
- Design & Construction Division (Formerly known as Planning) – This Division is focused on the architectural, engineering, and construction for horizontal and vertical construction projects to include but not be limited to: commercial facilities, renovation of existing facilities, & transportation enhancements.
- Utilities Division (Formerly known as Public Works) – This Division is focused on Water / Wastewater Infrastructure improvements and maintenance.

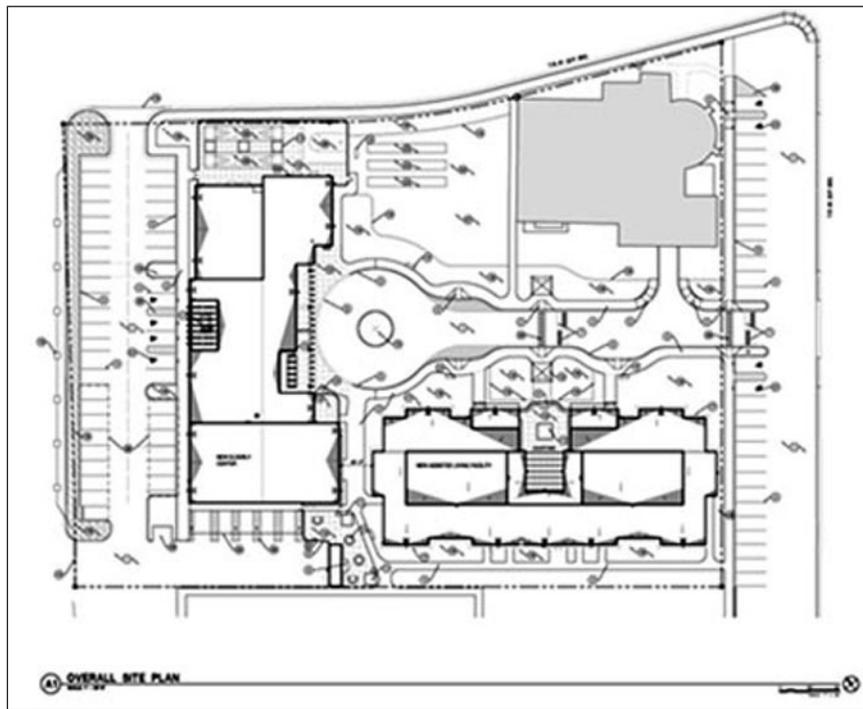
Ms. Shawna Ballay, provided highlights of some of the projects currently being undertaken.

### Elderly Center and Assisted Living Facility

- This project consists of site grading and construction of a 16,500 sq. ft. one story Assisted Living Facility (ALF) and a 15,800 sq. ft. one story Elderly Care Building. The Pueblo solicited for qualified contractors in July 2013. The Pueblo is currently evaluating the proposals to determine the most qualified contractor to complete the construction of the two (2) facilities. We anticipate construction to start in September 2013.

(Continued next page)

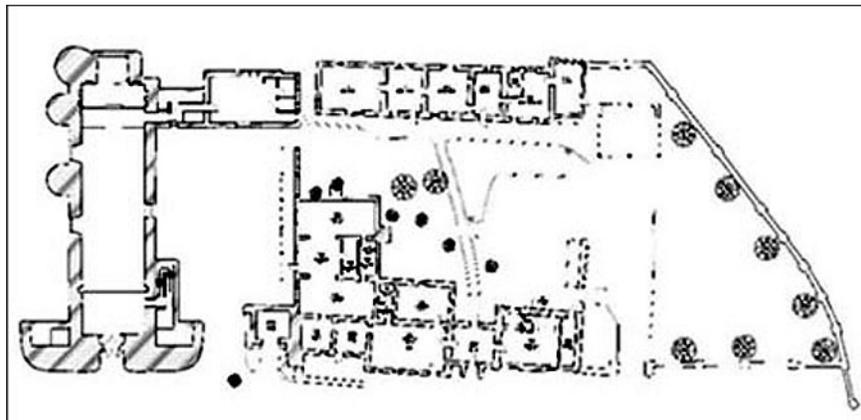
• The following picture shows the proposed site plan layout. This project has been designed to include two (2) alternative energy sources to reduce the energy costs for the new facilities: Geothermal and Solar



**CCD Building**

This project currently involves the architectural and engineering services to design the new education and administrative facilities associated with the St. Augustine Parish. The Pueblo is currently in the Schematic Design Phase and is working with both the Tribal Historical Preservation Department and the Parish Committee to design a floor plan that takes into consideration findings from both Ground Penetrating Radar (GPR) and archaeological excavations recently conducted.

The following picture is a current outline of the existing facilities to include the St. Augustine Church, CCD Offices, and the Parish Office. The biggest challenge is to design a new facility that takes into account architectural preservation as well as the space limitations. Other considerations being discussed for this project are underground utilities, an east retainage wall, parking spaces, and a multi-purpose space.



EXISTING PLAN ATKIN OLSHIN SCHADE ARCHITECTS 9JULY 2013

### Tribal Services Complex Solar Panel Array

The Pueblo is currently working with ICS Alternative Energy on the design and construction of a 591Kw Roof & Ground Mounted Solar Panel Array at the Tribal Services Complex. Construction has started on the ground mounted solar panels and the project is anticipated to be complete in the fall of 2014. The completed project will reduce the PNM energy costs by 50%.

### NM 314 / NM 45 / NM 317 Intersections

The Pueblo has solicited for professional civil design services (in coordination with NMDOT) for the realignment of NM 317/45/314 and is currently working with the selected consultant to award the design contract. The design is anticipated to take 12-14 months. The construction schedule has not been determined as of yet. This project will consist of re-aligning and reconstructing the NM314/NM45 Intersection and the NM317/NM45 Intersection; and will also include access improvements along NM314 and NM45 from the Railroad Overpass north to approximately TR76. Drainage

improvements and safety are two of the primary focuses moving forward and public meetings will be scheduled and announced to the community during the "Public Involvement Phase" to ensure concerns from the surrounding community members will be taken into account.

### NM 47 Landscape Improvements

The Pueblo of Isleta is a recipient of \$300,000 in Federal Highway Enhancement Funds for the NM 47 Landscape Enhancement Project. The Pueblo solicited for architectural and engineering services and hired Morrow Reardon Landscape Architects to complete the design of a Master Plan for the NM 47 Landscape Project that will extend from the Tribal Services Complex to the Tribal Trust Boundary north of the Isleta Lakes Intersection.

The Pueblo solicited for local artists and selected two community members to be involved in the design of this project. Art and visual enhancements are the focus of the Landscape Plan and the project will be phased for construction as funding is acquired in the future. Phase 1 is currently funded with the \$300,000 and will be matched by Tribal Transportation Funds through the Federal Highway Administration. Phase 1 will focus on the center median and gateway views on both the east and west side of the highway.

### Transportation Division Updates

Over the next few years the Transportation Division will focus our resources on the following projects and work activities:

- **Drainage** - An on-call contract has been drafted and upon award, will be utilized to have hydrology and hydraulic studies and analysis of various major drainage concerns within the pueblo. Required drainage features will be constructed with in-house forces or contracted out depending on the scope of the work and the resources required.
- **Safety** - Miscellaneous guardrail will be installed and/or upgraded within the Pueblo to adhere to roadside safety standards.
- **Pedestrian Issues** - Concrete sidewalk repair work will be prioritized and completed on an ongoing basis.
- **Roadway maintenance (Unpaved Roads)** - Dust suppression projects will be planned each year to significantly reduce the resources expended on grading and watering. Roadway cross sections will be modified to facilitate drainage where feasible.
- **Roadway maintenance (Paved Roads)** - Fog sealing, crack sealing and thin overlay projects will be completed on various roadways each year, based on the level of asphalt deterioration. The asphalt roadways within Pickle Heights will be rehabilitated (one project/year) to address pavement deterioration, and drainage to the extent possible without constructing any major underground storm drainage systems.
- **Signing and Striping** - Roadways will be re-striped each year to maintain adequate levels of retro-reflectivity, and as needed following pavement preservation projects. Sign maintenance and replacement will be ongoing each year.

### Message from Governor Eddie Paul Torres

*As we celebrate these special days let us all be mindful and give thanks to our Great Spirits for their blessings they shower upon us and hold in your hearts fond memories of our recently dearly departed tribal members and their families. May the Great Spirit always guide you and look over you.*

## Isleta Pueblo News



**Editor:** Ulysses Abeita  
**Asst. Editor:** Beverly Piro  
**Published By:** Valencia Express

## Native Business: No Surprises Standard

The **no surprises standard** is a mindset anyone can have that allows a person to balance individual decision making to move an organization forward while keeping connected to other stakeholders within the organization. Stakeholders can be anyone that a decision might affect. The situation one should try to avoid is making a decision that surprises those affected. Nobody likes surprises.

Of course, there is no one right way to communicate throughout an organization, but it is important to understand how information or lack thereof affects people. Often, ownership of getting something done should be held by the party closest to the task. A simple check in with co-workers can have a large positive impact in gaining buy-in from teammates. Buy-in is important because it makes change or action easier to complete.

Take for example a partnership where a company is owned by two individuals. It likely would be bad if one owner, who tracks company activities through the accounting system, purchased expensive software without checking-in with the other owner. Spending the company's money without consent is most likely to surprise and frustrate when it really could be an opportunity to share intentions, collect feedback, and reinforce integrity in a relationship. The owner wanting to purchase software might approach his partner in a manner something like this:

*"We have been talking about how to make more money and simplify our lives. I believe the new accounting system will do just that by reducing the number of redundant tasks needed from accounting and I could use the time saved to analyze market opportunities which would become leads for our sales team. If it works like it should, the growth in sales will pay for the accounting system over the next 18 months. I plan to move forward but want to know your thoughts before I take any action."*

Sometimes making a decision, informing others of why the action makes sense and being open to feedback is all a person needs to do. It is about respect.

Jim Stanley freely shares his knowledge in an effort to foster economic success in Indian Country. He is a tribal member of the Quinault Nation, Treasurer of the Tribal C-Store Summit Group, and Chairman of the Quinault Nation Enterprise Board. To contact Jim for comments, go to [JimStanley.biz](http://JimStanley.biz).

## Pueblo of Isleta Veterans Association

The next POIVA Meeting will be on Wednesday, 18 September 2013 at 6:30 PM at the POIVA Center, which is the Old Headstart Building.

On Saturday, 24 August 2013, after setting up a military headstone for one of our tribal veterans, the POIVA members with paper and pencil in hand, went through the tribal cemetery writing down the names and other pertinent information on veterans who are buried in the cemetery. The plan is to attach a story to each of the deceased veterans, also the POIVA hopes to do the same for our living veterans.

If anyone has a story, and pictures, about a tribal veteran, please contact Steve Abeita, Judge Advocate at 869-9748, who is in charge of this project, or Ulysses at 307-1582.

Remember, and keep in mind that annual dues for POIVA membership are now down to \$10.00. (do the math and that's less than \$1.00 a month) Any Veteran with an honorable discharge may join the POIVA.

For any questions, call Ulysses at the above number.

## Saint Augustine Celebrates 400 years



We would like to thank UNM library for the pictures.

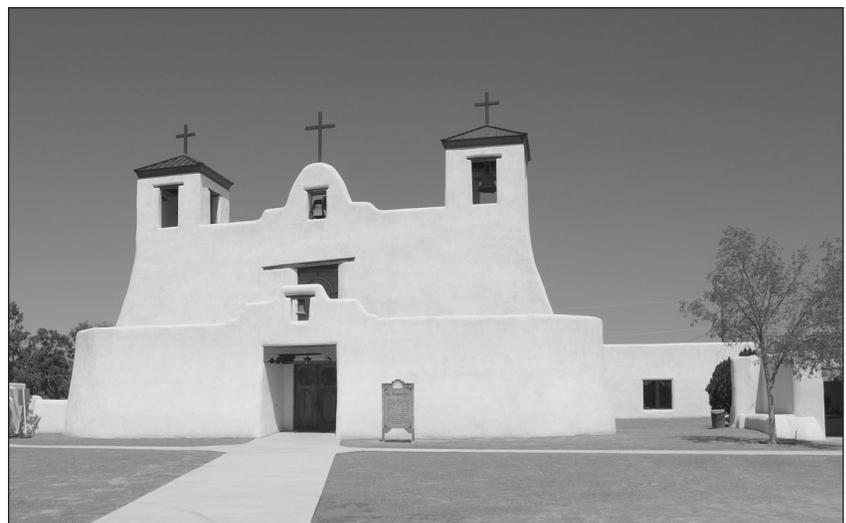


Photo by Valencia Express

### Be Inspired to make a difference in Your Isleta Community!

Isleta Social Services is looking for foster families to provide love and support to Isleta children.

Please contact 869-2772 for more information.

**PUBLIC NOTICE**

**SECOND NOTICE** - A Petition to **Probate the Estate of Teresita Jiron Kowice, deceased October 11, 2004, Case No. CV – PR – 0819 – 2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted. A hearing in this matter has been scheduled for **October 28, 2013 at 11:00 AM**

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

**PUBLIC NOTICE**

**SECOND NOTICE** - A Petition to **Probate the Estate of Richard I. Jojola, deceased July 11, 1999, Case No. CV – PR – 0818 – 2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted. A hearing in this matter has been scheduled for **October 23, 2013 at 9 AM**.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at (505) – 869 – 9699.

**PUBLIC NOTICE**

**SECOND NOTICE** – A Petition to **Probate the Estate of Keith P. Abeita, deceased on April 10, 2012, Case No. CV-PR-0774-2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any Person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this posting. A hearing in this matter has been scheduled for **October 3, 2013 at 1:30 PM**.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

(NOTE: This Notice of Probate was first posted in the May 2013 Newsletter, and the date of death was printed as April 10 2013. The above date is correct. We apologize for the error.)

**SECOND NOTICE** – A Petition to **Probate the Estate of Bertha E Natseway, deceased on September 1, 2010, Case No. CV-PR-0500-2012**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this posting. A hearing on this matter has been scheduled for **Thursday, September 19, 2013**

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at (505) 869-9699.

**SECOND NOTICE** – A Petition to **Probate the Estate of Patsy C. Jojola, deceased on January 16, 2013, Case No. CV-PR-0763-**

**2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date this notice being posted. A hearing in this matter has been scheduled for **September 11, 2013 at 10:00 AM**.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at 869-9699.

**SECOND NOTICE** – A Petition to **Probate the Estate of Raymond B. Jojola, deceased December 26, 2012, Case No. CV-PR-0849-2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted. A hearing on this matter has been scheduled for **September 19, 2013 at 2:30 PM**.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at 869-9699.

A Petition to **Probate the Estate of Juan Cruz Abeita, deceased November 12, 1991, Case No. CV-PR-0695-2012**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the

date of this notice being posted. A hearing on this matter has been scheduled for **October 10, 2013 at 11:00 AM**.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at 869-9699.

A Petition to **Probate the Estate of Alfredo Lucero, deceased May 23, 2013, Case No. CV-PR-0862-2013**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days from the date of this notice being posted.

Claims must be submitted in writing with the Pueblo of Isleta Tribal Courts. If you have any questions, please call the Tribal Court Clerk at 869-9699.

**PUBLIC NOTICE**

**SECOND NOTICE** - A Petition to **Probate the Estate of Patriza J. Garcia, deceased on December 1, 2006**, has been filed in the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) from the date of this notice being posted.

Claims must be filed in writing with the Isleta Tribal Courts. If you have any questions, please contact the Tribal Court Clerk at (505) 869-9699.

## 22<sup>nd</sup> Annual Multi-Cultural Red Ribbon Relay Run

September 11, 2013 - Wednesday  
Bernardo to Isleta Church

Free Lunch at Isleta Resort & Casino for all participants

September 12, 2013 – Thursday  
Isleta Church to Bataan Park

Free Brunch at park for all participants

September 13, 2013 – Friday  
Bataan Park to Indian Village at State Fair Grounds

**“UNITED WE RUN TO BE DRUG FREE”**

We gather from four directions and unite through a multi-cultural relay run to strengthen ourselves in a complete circle; mentally/emotionally, physically, spiritually and socially. We take this lead initiative in becoming visible to combat the drug & alcohol issues affecting our communities.

**COME JOIN US! THE FIRST 40 REGISTERED RUNNERS WILL RECEIVE A FREE T-SHIRT**

For More Information & Registration,  
Please call IBHS at (505) 869-5475 or contact

[Krystal-klucero@islclinic.net](mailto:Krystal-klucero@islclinic.net) or  
[Eloisa-edewahe@islclinic.net](mailto:Eloisa-edewahe@islclinic.net)

## Isleta Head Start & Child Care



### STILL ACCEPTING APPLICATIONS

for the 2013-2014 program year!!

\*\*Head Start applications for children ages 3 years (as of August 31, 2013) up to 5 years of age.

\*\*Early Head Start applications for families that are prenatal up to age 3 are taken **year round**.

\*\*The following items are *needed* to fill out an application:

- √ Tribal Identification w/CIB #
- √ Proof of Residency  
(New Mexico Driver's License, Utility Bill, Government/ Tribal ID)
- √ Proof of income for previous 12 months  
(Such as: Public Assistance Award Letter, 2012 tax forms, W-2's, paystubs, etc.)
- √ Proof of Child's Birth
- √ A copy of your child's IFSP/IEP (if applicable)
- √ **For Prenatal option, Pregnant Mothers need to provide proof of pregnancy**

Please do not delay, call 869-9796 and schedule your application appointment today!

#### Important Dates:

**Aug. 29 - Early Head Start Center-Based Parent Orientation - Mandatory - 5:30pm**

**Aug. 31 - ALL health documents due in order for child to start on the first day**

**Sept. 5 - First day for ALL children**

**Parent Orientation - Mandatory - 9:00am, 1:30pm, or 5:45pm**

**Sept. 10 - Early Head Start Home-Based Parent Orientation - Mandatory - 10:00am**



**NATIVE AMERICAN  
INSURANCE GROUP INC**

#### NAIG Open Office Hours

NAIG invites Pueblo members to visit with our staff. If you have questions regarding Insurance, we encourage you to come over and visit us.

What insurance products does NAIG specialize in? Here are a few examples of how we can assist you:

- √ Health Benefits
- √ Life Insurance
- √ Property and Casualty
- √ Healthcare Reform — Medicaid and Medicare

Date: Thursday, September 5, 2013

Time: 11:00 to 2:00 PM

Place: Isleta Tribal Services Complex  
3950 Hwy 47 SW — ABQ 87105  
Conference Room A

If you have questions, please contact James Mountain, Insurance Agent for NAIG @ 821-7123 or IBC Corporate Offices @ 869-9729

## BACK TO SCHOOL



Isleta Elementary School has been bustling with activity this August! Classes started on the 5th, and Open House occurred on the 14th. Open House was a great success, with over 100 families in attendance! At Open House parents got to meet their child's teachers, as well as other staff, and received important information about the new school year.

September looks to be even busier than August, with lots of events happening, and many more being added. For up to the minute events information, call the school at 869-2321.

Principal Castillo and Isleta Elementary Staff wish everyone a great, safe and happy year.

#### Upcoming September Events at IES include:

No School Monday, September 2nd due to Labor Day.

No School Wednesday, September 4th for Isleta Feast Day.

NWEA MAP Testing- September 9th- 27th

**GO EAGLES!**

## Here's The Moos....

For Immediate Release / August 16, 2013

From the New Mexico Cattle Growers' Association  
P.O. Box 7517 / Albuquerque, New Mexico 87194

For further information, contact:

Caren Cowan, New Mexico Cattle Growers Association  
505.247.0584 phone / nmcca@nmagriculture.org email

### Cattle Growers/Purina Mills' Scholarship Available

The deadline to apply for the annual scholarship awarded by Purina Mills and the New Mexico Cattle Growers Association's (NMCGA) Young Cattlemen's Leadership Committee (YCLC) is November 4, 2013 according to Boe Lopez, Springer, YCLC Committee Chairman.

The \$1,000 scholarship is awarded to a New Mexico student who is a member of the NMCGA, the New Mexico Junior Cattle Growers Association, or the child of an NMCGA member. High school graduating seniors, and college freshmen, sophomores and juniors in good academic standing are eligible to apply for the award. Also, the Young Cattlemen's Leadership Committee and the Allied Industries Committee will be presenting two \$500 scholarships; one will be awarded to a high school senior and one to a continuing college student at this same time.

"College can be very expensive for students, and we are very pleased to be able to offer the Purina Mills scholarship again, plus the two new scholarships" Lopez said. "We want to help NMCGA members and their families continue their education and return to the agriculture business."

The three scholarships will be presented to the top three applicants during the Joint Stockmen's Convention slated for December 5 through December 8, 2013 at the Marriott Pyramid North in Albuquerque.

For more information or scholarship applications, please contact the NMCGA office at 505.247.0584, via email at nmcca@nmagriculture.org, or visit [www.nmagriculture.org](http://www.nmagriculture.org).

## Parks & Recreation

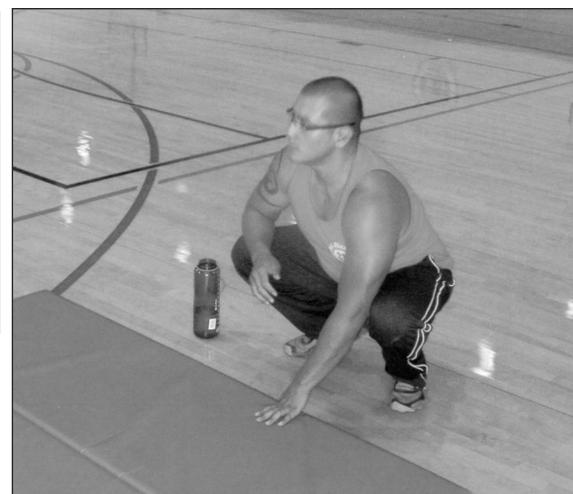
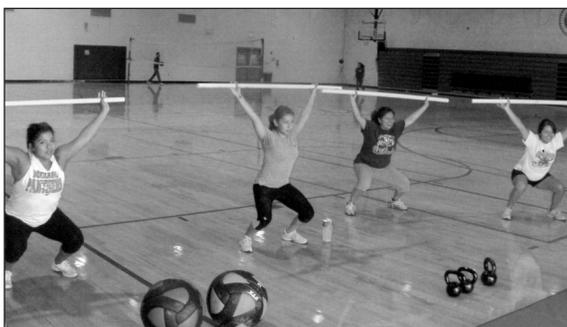
As August 2013 comes to an end, and as Labor Day weekend which is the unofficial end of summer approaches, our fall program for both Old Rec. and New Rec. kicks into high gear. Because New Rec. was closed for general clean-up right after per capita distribution, the after-school program didn't begin until August 19, 2013. However, we are now in full swing and many of the children are involved in the first sport of the fall program, Cross-County. Head Coach, Phillip Abeita who was recently certified through the National Running Program, "Wings of America", reports that the first meet will be on Saturday, August 31st at Jemez Pueblo. Although they just have had practice for a little over a week, they will find out very quickly where they stand in comparison to the other teams who will be competing. Incidentally, we the Pueblo of Isleta Parks & Recreation Department will be responsible for the after-school sports program of Cross-Country and Basketball. There was talk the Elementary School would be



taking it over, but the principal called and said they couldn't afford to run it because of their financial situation. Needless to say, we are up to the task and we will continue what we started last year. This was one of our concerns, especially after the one year that basketball was not played after the school took it over. Our bottom line is, "as long as the children benefit by their participation it really doesn't matter who runs the program as long as it takes place". Coach Phillip Abeita is excited about the upcoming season and has already had several practices with his group of runners, which are about 30 runners up to this point. Parents, if you have children who may be interested in running, please contact Phillip at 869-9777. Remember, the only requirements are they must be of Elementary School age and interested in running. Practice is on Monday through Thursday at 5:00 pm. Practices are at New Rec. on Mondays and Wednesdays and at Big Moma Hill on Tuesdays and Thursdays. The van will transport the children to and from practice, however, parents you are allowed to pick them up after practice at Big Momma Hill. We have also begun picking up children everyday at the Isleta Elementary School for both the New Rec. and Old Rec. after-school programs. Pictured is an action shot of Coach Abeita putting children through one of the fun drills he learned as part of his Wings of American Training.

### Cross-Fit Training

One of the newest programs that have begun at the New Rec. Center is the Cross-Fit Training Program that Derrick Jiron is so eager to present to the students. As he explained, the exciting thing about this program is the presentation of exercises is different everyday and it only takes 20 minutes to complete your work-out. At the present time he has had his students very excited about being here everyday for the noon workout. If anyone is interested about the classes or possibly beginning new classes at different times, please call Derrick at 869-9777. He will try to accommodate the best he can. Pictured is Derrick giving instruction to students prior to putting his students to the warm-up stretching exercises before getting into the real meat and potatoes of the program.



### After-School Program

As I mentioned earlier, the after-school program is in full swing. Although initially the registration numbers have been low, we anticipate that they will pick up once all children and parents feel comfortable with the children's school schedule. The after-school program over at Old Rec. is under the direction of Eugene (Shoobee) Jojola. He will be picking up the children at the Isleta Elementary School and taking children home once the program has ended for the day. The program at New Rec. will pick up the children at the Isleta Elementary School, but parents must either pick up the children at the Rec.



Center or right after Cross-Country practice has culminated. Once again, the Nanas Abenita, Gloria and Marie will be offering the after-school Arts/Crafts program which has become a staple here at the New Rec. Center. Another component to the Old Rec. Program will be, Shoobee and his staff will utilize the Nanas and their services a lot more than in the past. This will be so they can have a more diverse program for children to enjoy. Once again field trips will take place on Fridays for our Isleta Elementary School participants and on the first Wednesdays of every month for non Isleta Elementary School children. All of the fun activities will be after the children have completed their homework assignments. One of the questions that always come up is, will the children be helped with homework? The answer is yes, our three Nanas along with Shoobee, and Roberta, will be assisting the children with homework assignments prior to having fun activities take place. This will also go on with the Sports Activities. We will be working closely with our Elementary School teachers and principal to insure that our children are carrying acceptable grades prior to being involved in extra-curricula activities like Cross-Country and Basketball. Pictured are the children from the after-school program engaged in activities. Next to them is a picture of the Arts/Crafts presentation that the three Nanas (Abenita, Gloria, and Marie) had on display, which are the works the children made during the summer program.

**Weekend Summer Food Service Program**

As the summer program came to an end and because of time constraints, I was unable to publicly thank the University of New Mexico and Professor Adam Bubb, Coordinator, for helping us bring the summer weekend meal program to the Pueblo of Isleta. Also I wanted to thank our three Nanas Abenita, Gloria, and Marie for packing every single meal bag that went out to the community children. I had many phone calls and letters from parents and guardians who really took advantage of program. One grandparent said that he was so grateful for such a wonderful program. And another comment really hit close to home. This guardian said: "not all of us are in a position, financially, to give the children everything they need, especially when we as grandparents are raising them as our own. This has really helped me a lot". Pictured left to right are Nanas Gloria, Abenita, Professor Adam Bubb and Nana Marie. Next to them is Professor Adam Bubb interviewing children about what they thought about the meals they took home for the weekends. He said this really helps him in securing possible funding for next year.



**22<sup>ND</sup> ANNUAL MULTI-CULTURAL RED RIBBON RELAY RUN**

*"UNITED WE RUN TO BE DRUG-FREE"*

**September 11-13, 2013**

**RUNNERS REGISTRATION FORM**

**Name:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone #:** \_\_\_\_\_ **Community:** \_\_\_\_\_

**Male ( ) Female ( ) T-Shirt Size:** \_\_\_\_\_

**Days Running:** \_\_\_\_\_ **Wednesday, Sept. 11, 2013 – Bernardo to Isleta Church**  
 \_\_\_\_\_ **Thursday, Sept. 12, 2013 – Isleta Church to Bataan Park**  
 \_\_\_\_\_ **Friday, Sept. 13, 2013 – Bataan Park to Fair Grounds**

\_\_\_Yes \_\_\_No - I give Isleta Behavioral Health Services authorization to take and use my photo for use in the monthly Pueblo newsletter.

**List Any Medical Problems:** \_\_\_\_\_

\*\*\*\*\*

**WAIVER OF RESPONSIBILITY**

**I hereby waive and release any and all rights for damages I may have against the Pueblo of Isleta Behavioral Health Services / The State of New Mexico / MCRR Planning Committee and other Sponsoring and participating Agents for all injuries sustained by my participation in said events.**

\_\_\_\_\_  
**Participants Signature** **Date**

\_\_\_\_\_  
**Parent / Guardian Signature if under 18** **Date**

**CHILD AND ADULT CARE  
FOOD PROGRAM  
SAMPLE PUBLIC RELEASE STATEMENT**

It is required that each institution/organization make available to the local media a public release announcing the availability of free meals and that such meals are available to all in attendance without regard to race, color, age, national origin, sex or disability. Please submit to media the sample statement below. You are not required to pay for a public service announcement. The media (i.e., newspapers, magazines, and radio and television stations serving the area) often provide a portion of free space for public service announcements, Whether or not the media uses the public release, your responsibility has been fulfilled when the release is sent to the media. You must submit a copy of this documentation of your efforts to the CYFD/Family Nutrition Bureau.

The Pueblo of Isleta Head Start & Child Care announces the sponsorship of the Child and Adult Care Food Program. All participants in attendance will be offered the same meals with no physical segregation of, or other discriminatory action against any person, Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly. -In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250- 9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.”

**STANDARDS FOR DETERMINING ELIGIBILITY  
(EFFECTIVE FROM JULY 1, 2013 TO JUNE 30, 2014)**

Household Size	FREE			REDUCED		
	Year	Month	Week	Year	Month	Week
1	14,937	1,245	288	21,257	1,772	409
2	20,163	1,681	388	28,694	2,392	552
3	25,389	2,116	489	36,131	3,011	695
4	30,615	2,552	589	43,568	3,631	838
5	35,841	2,987	690	51,005	4,251	981
6	41,067	3,423	790	58,442	4,871	1,124
7	46,293	3,858	891	65,879	5,490	1,267
8	51,519	4,294	991	73,316	6,110	1,410
For Each Additional Family Member	+5,226	+436	+101	+7,437	+620	+144

*Meals will be provided at:  
(List center's name and addresses of all sites.)*

Pueblo of Isleta  
Head Start & Child Care  
2 Sagebrush Road  
Isleta, NM 87022

Media submitted to:  
Pueblo of Isleta News Letter

Date of submission:  
August 14, 2013

**PNM GOOD NEIGHBOR FUND  
RESOURCE FAIR  
(LOW INCOME 18+ YEARS OF AGE)  
ISLETA ELDER CENTER  
SEPTEMBER 5, 2013  
9:30 AM — 11:30 AM**

**Resources at the Fair**

Weatherization- Central NM Housing  
Money Saving Information from PNM and a free energy efficient light bulb  
Special PNM Senior grants to help pay your electric bill

**Also at the Fair**

Financial Emergency available through the **Good Neighbor Emergency Fund**, PNM customers who are experiencing an emergency financial situation that has caused a sudden drop or loss of household income and who are income eligible can get help to pay part or all of a past-due electric bill. This situation must have occurred within the last six months. Paperwork is required showing proof of the emergency condition that caused a sudden drop or loss of income in the home. Please bring with you:

- Proof of income for everyone in your home
- ID's for all adults in the home
- A copy of your PNM bill
- Id's for the children in the home such as birth certificates, shot records or school id's

**Low Income Guidelines**

	Monthly	Annual
Family of 1	\$1,436.25	\$17,235.00
Family of 2	\$1,938.75	\$23,265.00
Family of 3	\$2,441.25	\$29,295.00
Family of 4	\$2,943.75	\$35,325.00
Family of 5	\$3,446.25	\$41,355.00
Family of 6	\$3,948.75	\$47,385.00
Family of 7	\$4,451.25	\$53,415.00
Family of 8	\$4,953.75	\$59,445.00





**COMMUNITY FORUM**

**PARTNERS IN POLICING**

All Community members are invited to join us at the Old Court House Thursday, September 12th 6:00-7:00pm. We are interested in your suggestions and input. Together we can make it a safer community.

**Pueblo of Isleta  
Anonymous Hotline  
505-264-7258  
Call to report Drug, Gang Activity,  
Vandalism or Illegal activity**



## Pueblo of Isleta Public Library

Hello, Isleta Pueblo! We hope everyone had a great summer and enjoyed the feast days!

### News

The Library will be closed Monday September 2, 2013 for the Labor Day Holiday, and also Tuesday September 3rd and Wednesday September 4, 2013 for our annual St. Augustine Feast Days. We understand that even though we are closed some schools are still in session. With that said, we ask that Parents please make the necessary arrangements on those dates if your child is enrolled in the after school program.

There will be a Library Staff Meeting Wednesday September 11, 2013. Due to the meeting the Library will not open till 10 am, we apologize for any inconveniences!

The Isleta Fire Department will be conducting a Fire Drill here at the Library on Thursday, September 12, 2013 at 10 am till 11:30am, so if you plan on coming to the Library be prepared to evacuate the Library during the fire drill. Performing these drills trains us on the proper procedures to evacuate the building in case of a fire or an emergency. The Isleta Fire Department will continue to conduct Fire Drills once a month until further notice.

Please stop by the Library for updated copies of the Isleta Pueblo Public Library General Library Policies and Rules, along with the After School Homework Help Rules approved by the Governor. Copies can also be found at the Library Website at [www.IsletaPueblo.com/Library](http://www.IsletaPueblo.com/Library) and on our Facebook page at [www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary).

The Library may be presenting at the 2013 session NMLA Mini-Conference October 17th and 18th in Los Alamos. The NMLA Conference is based on the Summer Reading Program such as funding, curriculum, and shared knowledge among other Library's around the State.

### Upcoming

Starting Monday August 26, 2013 our first Homework Incentive Program is scheduled to begin. Students will have a chance to start earning points for an incentive field trip to go see Cloudy with a Chance of Meatballs 2. Points are earned by finishing their homework first and/or reading for at least 30 minutes that day. The first 20 students who earn their points before Thursday September 26, 2013 will be able to attend the Field Trip which is scheduled for Friday September 27, 2013.

The Head Start Story Time will be every Tuesday, Wednesday and Thursday beginning Tuesday September 24, 2013. Please be extra careful when driving in the vicinity of the Head Start and Library during this time. The staff will be busy during Story Time so we ask that you please be patient with the staff and children as the children adjust to the Library and School



*After School Program sitting down to read and do their homework!*

Environment. On that note also expect the Library to be loud for the 1st month as the children adjust. We thank you for your patience and we apologize for any inconveniences this may cause.

There are still openings left for our Email Basics Computer Class scheduled to start Thursday, September 12, 2013 the class consists of 4 sessions that are each an hour and a half long every Thursday from 1:00 pm to 2:30 pm. This class will focus on the basics of Emails such as understanding the essentials of Emails, composing, sending messages, and registering for an Email Account. If you or somebody you know is interested, there is still time left to sign up. For more information or to sign up, please call the Library and ask for Tara.

For the month of October the Library Staff is planning a trip for ADULTS only (18 and over) to experience Historic Old Town and venture into a paranormal Ghost Tour. The "Moonlight Ghost Tour" is planned for Friday October 18, 2013 at 10:00 pm with a Full Moon in attendance. In order to participate in the Ghost Tour, adults must complete four synopses on four stories from our selection of Ghost Books that will be on display here at the Library. The first lucky 15 adults to complete their four synopses of the four stories from the Ghost Books will be



*After School Program working hard on their homework in the Junior Section of the Library.*

able to attend the Ghost Tour and receive a gift bag! The program is scheduled to start Monday September 23, 2013 till Wednesday October 16, 2013. For more information about the tour, please call the Library and ask for Tara.

The Library Staff is in the process of planning a program involving making Creepy Snacks with the youth in the month of October! We will also be busy getting ready for the Halloween Carnival, so be sure to look out for our booth! For more information on Fall Festivities, Holiday Events and Current Updates will be available on our website and our Facebook page!

### Recap

We would also like to remind everyone of are online resources available to you. Check us out on our Facebook page at [www.facebook.com/IsletaPuebloLibrary](http://www.facebook.com/IsletaPuebloLibrary) for up to the moment updates, latest information regarding the Library, and also notifications regarding community events.

We also have the 2013 Summer Reading Program videos on the Library YOUTUBE Channel at [www.youtube.com/user/poilibrary](http://www.youtube.com/user/poilibrary).

For additional information on Library material (books, movies, CD's, etc...) and also to see what's checked out, request material for the Library and you can also renew material on this website, so make sure and search our catalog page at [Webopac.infovisionsoftware.com/Isleta](http://Webopac.infovisionsoftware.com/Isleta).

Our Library website is also available for additional information regarding the Library at [www.IsletaPueblo.com/Library](http://www.IsletaPueblo.com/Library).

### Pueblo of Isleta Hours & Business Info:

Monday-Thursday: 8am to 6:30pm  
 Friday: 8am to 4:30pm  
 Saturday: 9am to 1pm  
 Sunday: CLOSED  
 Phone: 505.869.9808  
 Fax: 505.869.8119  
 Email: [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com)

## AlterNative Education

During the week of August 5th to August 9th eight Isleta youth took part in a program called AlterNative Education. This program comes to Isleta from the Native students at Columbia University in the City of New York. The program's mission is to Engage, Empower, and Encourage the youth of Indian Country. The program included a mentorship aspect in which the students in the program will have continual communication with the Columbia students throughout the years to come. These Columbia students will be resources for these students and allow them the opportunity to start networking higher education as well as the ability to ask for advice from someone who just recently went or is going through the higher education process. The program is designed to cover Native American History, Tribal Government (specific to Isleta), Native American Resistance, and Modern Day Resistance. The goal was not only to give the students facts about Native American History, but to ENGAGE them in discussions of the key issues in our past and our present. We went over the harsh truths of the genocide against Native Americans, but we also covered the 500 years of resilience and the refusal for Native people to disappear. In addition, we covered topics such as Native American stereotypes and how to debunk them. We also had an Elder from the community come in and talk to the students about what it means to be "Isleta" and about how our tribal government works. This program allowed the students to discuss the issues they usually are not able to talk about in the classroom.

The first day we went over Identity of self and how others view you. We completed activities that engaged the students to think critically about their identity and how others view them. The students created poems in which they expressed "Where I'm From". These poems were designed to express everything the student identified with and what things are important to them. On Tuesday we began to explore difficult topics. We discussed how all the American History textbooks start with "In 1492 Columbus discovered America". We had several students get very heated over this topic because they were upset that the hundreds of years of NATIVE history are completely left out of the books. Many of the students wanted to rewrite the history books and write letters to the school boards expressing their concerns that Native histories are left out of the curriculum. We touched on the issues of "perspective" and who writes history books. After lunch we started on the subject of the American Indian Genocide. We began by discussing how Hitler based the Holocaust after what the United States did to the American Indians. We talked about specific instances in American History in which it was clear that the American government was committing genocide. For example, we talked about The Trail of Tears, The Long Walk, Wounded Knee Massacre, Boarding



Schools, and the Pueblo Revolt. We ended the day on the note that despite the hundreds of years of violence and efforts to "Kill the Indian and save the man", ultimately genocide... Simultaneously, there has been 500 years of Indian resistance. On Wednesday we had a tribal elder come into the class and discuss our specific tribal history and share some oral stories with the class. After this section we started to go over the history of Native people in the eyes of the court systems. We talked about Andrew Jackson and the Worcester v. Georgia Case in which the Supreme Court sided with the Native Americans yet Andrew Jackson went against the Supreme Court ruling and initiated the relocation Era of American Indians. We clearly see there was genocide, and only in the 1900's did genocide "Justice" arise, however, there are continuing effects of the genocide such as HISTORICAL TRAUMA. Historical Trauma means the



*The Department of Education was presented with the Columbia banner.*

continued effect on a people from continued mental/physical attacks in the past and these students tackled these difficult concepts and made them their own. They worked hard in developing their own way to understand these concepts through reading, writing, and group discussions. We did many readings about the Indian Boarding School Era and the students were struck by the mere fact that they have never heard of what the boarding schools did to Native

students (Kill the Indian Save the Man).

We were able to have Max Zuni come in and talk to the students about how Isleta Tribal Government operates and ways that they can get involved. Each student was given a copy of the Isleta Constitution and they were very interested in how the government works and if there are any ways to improve it. We also touched on the issue of land in Indian Country and how most of it is held in Trust. The students responded with a great deal of concern that the land is held in trust and many of the students stated they want to change that.



*The Columbia Mentor's Will Patterson, Danielle Lucero, Marial Quezada, and April Johnson (not pictured is Sara Chase)*

On our last day we went over the college admissions process and how to get ready for college. In this portion of the program, we had an Admissions Officer from Columbia University in the classroom so that any questions the students had she could answer them directly. Each student has a goal that they are working toward and with the help of the Columbia Mentors we hope to help them achieve these goals. At the beginning of the week we asked, "When I graduate high school I want to..." and each student came up with their own answer. Jaylen Danielson wants to go to the Air Force Academy and study Criminal Justice. Cubs Montoya wants to go to college at U.S.C and study to become a lawyer. Hanna Lucero wants to go to college and get a degree in Anthropology. Glorianna Jaramillo wants to go to college and study to become a Marine Biologist.



*The class was visited by the Governor and Lieutenant Governor on our last day of the program.*

Taney Jojola wants to go to college out of state and participate in a medical program. With the help of the mentorship that we have created we hope to help all students achieve their goals. We also left the students with an opportunity to do a community service project or to start something within their community that they, the students, will complete themselves (with help from the

**Where I'm From** By Taney Jojola

*I am from a broken stereo, carpeting with burn marks  
From pencils that are old, white walls and brown borders  
I am from the smell of rain when it first hits the ground  
I am from hearing my name across the room,  
My bunny wash his face, and my sister telling me to raise my hands  
to grow taller*

*I am from the meowings of my cats to get attention  
From the quietness when it starts to rain  
I'm from the touch of dust on the windowpane  
From touching the seams of the couch  
I'm from going camping and playing with twigs and dirt and being  
scared of lightening  
but never of rain.*

*I'm from when I sprained my ankle to when my sister was accepted  
to ASU  
From the extreme heat and intensity of softball to the calmness of  
reading  
From the first time someone said I was weird to when I said "We  
all are"*

**Where I'm From** By Hanna-Marie Lucero

*I am from my families smiling faces  
From my goofy posters hanging in my room  
I am from my accomplishments (My letterman jacket and making it  
this far too brightening my friends and families day)  
I am from the crickets chirping at night no matter if my window is  
closed or not  
and the soft glow of the candle light in the hallway, always  
comforting.*

*I am from the soft beat of the distant drums on feast days  
From the buzz buzz of my phone  
I'm from the comfort I feel when I touch the leather pouch in my  
pocket  
From the soft touch of my stuffed rabbit Bun Buns*

*I'm from my loved ones that passed and the ones who are just  
entering my life.  
From those heart-wrenching moments that pull the family together  
and make us remember family over all to the ones that break us.*

*I am from those moments when my Te-eh called me boss and showed  
me we can be goofy together and my tu-tu showing me her motherly  
love.*

mentors and members of the community. There were many great ideas that were tossed around from the students, but the one that really stood out was the idea to form an Isleta Youth Council. This is an idea that has been formulating for a while and with the help of the interested students as well as help from the mentors we hope to see this youth council come alive.

The students left the Columbia mentors with this message, "April, Will, Danielle, Marial-- We AlterNATIVE students would like to Thank You for taking the time to come to Isleta Pueblo and teach us about early college. We had a fun week spending time with all of you and getting to have a voice of our own and being able to voice our opinions. We would like to come and visit you and see what college life is like. Thank you once again."

As a Columbia mentor and member of Isleta Pueblo I want to personally thank Cubs Montoya, Hanna Lucero, Jaylen Danielson, Everette Jaramillo, Glorianna Jaramillo, Tayney Jojola, Christina Zuni and Madi

Montoya. This was the pilot run of this program and thanks to all the feedback from these very intelligent students we will have an even better program next year. These students did so much work in only one week and I know that each one of them will go far in life. Thank you all so much for attending this program and for the wonderful memories that we created over that week.

Lastly, we must thank the Isleta Department of Education for allowing us to host our program here in Isleta as well as finding such amazing accomodations for us. This program would not have been possible without the help of the Department of Education, especially Paul Lujan and the entire staff from the language department. Thank you all so much for helping out with this program and we look forward to the continued relationship between Columbia University and Isleta Pueblo.

We look forward to having this program again next year in Isleta.

**Where I'm From** By Cubs Montoya

*I am from Isleta where the sun shines  
From dirt roads and back roads  
I am from hay hauling and hay stacking  
I am from guns shooting and dogs barking, doves flying*

*I am from Isleta where it rains  
From birds cheep and cows moo  
I'm from dogs bark on the porch and road  
From snakes sizzle and bite*

*I'm from a neighborhood where kids run and dogs run  
From paved roads and playing basketball and baseball.  
They call me Cubs, Fluffy, Chubs, Cubster, Cubby, and Tubby  
I am from those moments when breaking my art to hitting home  
runs making me feel good.*

**Where I'm From** By Maddy Montoya

*I am from the morning mist  
From mirror on my wall...  
I am from flowers on top of the dirt  
I am from my sisters laughing and talking about the stupid things  
they all did*

*I am from the smell of lavender in the breeze  
From roses outside my window  
I'm from music playing  
From dogs barking loud  
I'm from partying for my sisters graduation*

*I'm from playing volleyball and softball  
From the excitement of being with my family and friends  
I AM FROM ISLETA PUEBLO*

*I am from those moments of me going to school and getting a higher  
education*

**Where I'm From** By Christina Zuni

*I am from the breeze of the wind  
From the smell of the roses  
I am from the peppermint leafs (they move so calmly)  
I am from the touch of my pillow to the smell of shampoo*

*I am from the dogs that bark so sweetly  
From flowers that move so gently  
I'm from the trees that move with the voices  
From thunder storms that roam  
I'm from the fur of my rat that crawls up my hat.*

*I'm from the ones who call me Pimps From the ones who have  
support  
I am from those moments of someone who cares too much.*

## Isleta Behavioral Health Services

### Summer Prevention Program

The Isleta Behavioral Health Services Prevention Program (IBHS-PP) had a successful summer program this year! Activities ranged from working with our youth at the TIWA Summer Language Camp to working with youth that participated in the Young Leaders Youth Krew (YLYK). We kicked off the summer by presenting education and awareness sessions to the youth who enrolled with the Summer TIWA Language Program. Presentation topics included Introductions to Building a Safe Environment, Domestic Violence, Violence/Abuse, Substance Abuse, and Bullying. These classes were presented to youth who ranged from ages 9-15 years, averaging 14 youth per classroom every week on Tuesdays and Wednesdays. The youth focused their learning on the TIWA Language, because they all verbalize this as their form of communication with each other, at home, and is their way of life. Becoming fluent helps the youth carry on customs and traditional ways of life.

As a part of their involvement with IBHS-PP presentations, the youth were provided an opportunity to participate in a rafting/overnight camping adventure in Northern New Mexico. Youth were selected by the Prevention Program based on perfect attendance. Recruitment for the YLYK group also came from the Language Program, although we did have some youth returning to the program. The Prevention Program was held every Friday, averaging

13 kids per event throughout the summer months. Some of the Summer Program activities included: camping/rafting, caving/hiking at El Calderon and El Malpais National Forest, bowling, swimming, wild tea picking, Youth Summit, pueblo feast outings, experiential education/learning. Overall, we had a ton of laughs over the summer months.

Now that summer break is over, it is time for all the youth to return to school. Fortunately, in the coming months, the IBHS-PP is hosting the **YLYK group, which started August 19, 2013. This group meets every Monday (except on Labor Day and Veteran's Day) at the Isleta Behavioral Health Services Program, from 4:30 to 6:30 p.m., and is open to any youth from the ages 10-17 years who are eligible to join.** The YLYK focuses on using experiential activities to build on youth leadership, service learning projects, education and awareness on substance abuse, and suicide prevention.

Other experiential programs are offered throughout the year that provides our youth leaders with experiences that broaden their horizons and foster "healthy risk-taking" behaviors. We at the Prevention Program look forward to working with the youth of Isleta Pueblo to help promote and focus on the development of leadership qualities in youth and their ability to make healthy

choices. For parents/guardians, if further information is needed, please contact IBHS-PP @ 505.869.5475.



*Youth taking a break after coming out from a cave at El Malpais, El Calderon Trail.*



*Participants at Santa Fe Mountain Center.*

## NATIVE AMERICANS EXEMPT FROM CENTENNIAL CARE

*This is the third in a series of articles about health care changes coming in 2014.*

While there will be a lot of marketing of "Centennial Care" over the next few months, Native Americans need to be aware that for most purposes they are exempt from participating in this latest revision to New Mexico's Medicaid managed care program. As the result of strong tribal opposition, Native Americans will not be mandated to enroll in a managed care program to receive Medicaid benefits, unless they are in need of long term care services or have both Medicare and Medicaid.

Medicaid is a program which provides health care coverage to low-income individuals and families. The State currently funds 8 managed care organizations (MCOs). Five "Salud" MCOs for medical care (Blue Cross/Blue Shield, Lovelace, Molina, Presbyterian and United Health), two "CoLTS" MCOs for long-term care (Amerigroup, Evercare) and one behavioral health MCO (Optum). There are approximately 91,000 Native Americans enrolled in Medicaid, but only about 11% decided to enroll in managed care.

A managed care organization gets paid a certain amount of money per month per enrolled member, regardless of whether they render that member any service. Most Native Americans have remained under a "fee-for-service" approach, which pays the Indian Health Service and tribal health

clinics only for services actually rendered to the eligible individual.

Last year, the State announced that it intended to replace its Medicaid managed care program with "Centennial Care" in 2014. They proposed to reduce the number of Medicaid MCOs and to force all Medicaid recipients, including Native Americans, to enroll in managed care. Although tribal leaders opposed mandatory enrollment of Native Americans into MCOs, the State persisted in its efforts. But the State had to get approval from the Federal government to make the changes and the Federal government supported tribal leaders by ordering that Native Americans could not be forced to enroll in MCOs, with the exception of those needing long term care services.

Other (non-Native American) citizens of New Mexico will be required to enroll in an MCO to receive Medicaid benefits. The State has selected 4 MCOs (Blue Cross/Blue Shield, Molina, Presbyterian and United Health) to provide medical, behavioral and long-term care services. Lovelace and Amerigroup, which previously were Medicaid MCOs, were not selected and consequently will not be servicing Medicaid clients after December 31, 2013.

What does all this mean for you? First, it means that Native Americans who are

eligible for Medicaid will stay under the "fee-for-service" system unless they choose to join a MCO. Even if some do elect to join a MCO, they can continue to receive services from Indian Health Service and tribal health facilities and the MCOs are required to pay for those services. Second, those who currently have Amerigroup will have to change to a new MCO. (Each of the 4 MCOs will offer long-term care services.) Third, if you should choose to enroll in an MCO, you will need to compare them to see which best meets your needs. Although all of them will offer a similar list of benefits, you'll also need to consider if your current physician(s) is a member of their network — otherwise, you could end up having to change physicians. You should also determine the procedures and services which are subject to "prior approval" authorization, as the MCO will determine whether you "need" that service. Open enrollment for Centennial Care MCOs will begin October 1, 2013, but their services don't begin until January 1, 2014. Again, as a Native American, you cannot be forced to join an MCO, but if you decide to join one, research thoroughly before you choose.

Medicaid Centennial Care is one of several changes expected in 2014. The Isleta Health Board and Isleta Health Center are helping to explain these changes in a series of newsletter articles and community presentations.

# Reading Incentive Program To Go See...

- The first 20 students to earn 30 point by reading and/or doing homework will get to go on the field trip.
- To earn points you must read or do homework for 30 minutes every day.
- You must earn your points by September 26, 2013 to go.
- The field trip is scheduled for Friday 27, 2013.



## Activites

- Thursday September 5th
- Thursday September 19th

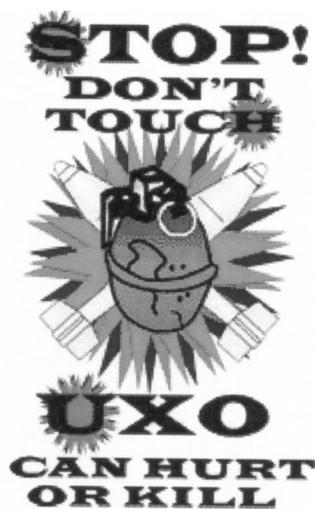
## Dates to Remember

- September 11th and 12th there will be a reading of the book Cloudy with a Chance of Meatballs written by Judi Barrett.



Isleta Library  
 Phone: 505.869.9808  
 Fax: 505.869.8119  
 Email: [poi02002@isletapueblo.com](mailto:poi02002@isletapueblo.com)

## Unexploded Ordnance Amnesty Period



Ordnance "bombs" have been brought into housing areas as souvenirs. Do not assume a bomb is a dud because it did not explode. One of the most pressing concerns is that some of these "live" bombs/shells may be located in the pueblo, these items are extremely dangerous, even the practice bombs or shells may contain an explosive spotting charge which could maim or kill if they go off.



If you have or know of anyone who has information on these objects, please call the Resources Division. Your contact may remain anonymous and no one will be prosecuted for having these items. We need to get these unsafe items off the Pueblo! We appreciate your cooperation.

### Call

HAZMAT/UXO Technician  
 Resources Division  
 (505)869-7560

**Health Beat**

Stephanie Barela, Health Educator  
869-4479 □ sbarela@islclinic.net

**GET YOUR KIDS THE HPV VACCINE NOW  
TO PREVENT CANCER LATER**

Why does my child need the HPV vaccine?

HPV is short for human papillomavirus. There are four types of this common germ that can be prevented by a vaccine (shot). It is recommended for preteen boys and girls at age 11 or 12, so they are protected before ever being exposed to this virus. If your preteen/teen hasn't gotten the vaccine yet, make an appointment at the clinic for them to get it.

HPV vaccines offer the greatest health benefits to individuals who receive all three doses. They are given in a series of 3 shots over 6 months. It is very important to complete all 3 shots to get the best protection. If your son or daughter hasn't started or finished the HPV vaccine series yet—it's not too late! Now is a good time to ask their doctor or nurse about vaccines for your preteens and teens. Call the Health Center to make a Nurse appointment to make sure your children are up to date on their vaccines.

**CANCER IS A SCARY THING, SO DO WHAT YOU  
CAN NOW TO PREVENT CERTAIN TYPES OF  
CANCER IN THE FUTURE!**

Reference: www.cdc.gov

**2<sup>ND</sup> ANNUAL ISLETA CANCER  
EDUCATION CONFERENCE**

**SATURDAY • November 16, 2013  
9:00am-4:30pm @ Isleta Golf Course**

**LEARN ABOUT CANCER**

- **What is Cancer?**
- **Cancer risk and risk reduction**
- **Isleta specific cancer numbers**
- **Understanding the latest on cancer**

**14yrs old & over • And more! Lunch Served!**

**Call Isleta Health Center  
to register: 869-4479**

**Must Pre-Register!  
SPACE LIMITED FOR THE FIRST  
100 TO SIGN UP!**

**PLEASE REGISTER BY NOVEMBER 11TH!**

**PRIZES, HATS, FOOD & MORE!**



**Freedom  
From Smoking**

**DO YOU WANT TO QUIT SMOKING?**

**IF YOU ANSWERED "YES!"  
SIGN UP FOR OUR**

**Freedom From Smoking  
PROGRAM NOW!**

**CLASS STARTS SEPTEMBER 12<sup>TH</sup>  
5:30PM @ ISLETA HEALTH CENTER**



**Weekly Prizes!**

- Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!
- Get support from others that are going through the same thing.

**CONTACT:  
Stephanie Barela @  
505-869-4479  
for more information or to  
reserve your spot in this class!**



Sponsored by the  
Isleta Health Center

**WIC Notes**

**One Bowl Chocolate Cake**

By making this simple cake from scratch, you can use healthful oil, whole-wheat flour, and no-calorie sweetener.

**Ingredients:**

- 3/4 cup(s) whole-wheat pastry flour
- 2 tablespoon(s) whole-wheat pastry flour, combined with above flour
- 1/4 cup Splenda Sugar Blend for Baking OR 1/2 cup(s) sugar
- 1/3 cup(s) unsweetened cocoa powder
- 1 teaspoon(s) baking powder
- 1 teaspoon(s) baking soda
- 1/4 teaspoon(s) salt
- 1/2 cup(s) nonfat buttermilk
- 1/4 cup Splenda Sugar Blend for Baking OR 1/2 cup(s) packed light brown sugar
- 1 large egg, lightly beaten
- 2 tablespoon(s) canola oil
- 1 teaspoon(s) vanilla extract
- 1/2 cup(s) hot strong black coffee
- Confectioner's sugar, for dusting

**Directions:**

1. Preheat oven to **350** degrees F. Coat a 9-inch round cake pan with cooking spray. Line the pan with a circle of wax paper .
2. Whisk flour, Splenda (or granulated sugar), cocoa powder, baking powder, baking soda and salt in a large bowl. Add buttermilk, Splenda (or brown sugar), egg, oil and vanilla. Beat with an electric mixer on medium speed for 2 minutes. Add hot coffee and beat to blend. (The batter will be quite thin.) Pour the batter into the prepared pan.
3. Bake the cake until a skewer inserted in the center comes out clean, **30 to 35 minutes**. Cool in the pan on a wire rack for 10 minutes; remove from the pan, peel off the wax paper and let cool completely. Dust the top with powdered sugar before slicing.

Heidi Lanes  
WIC Nutrition Coordinator

## WIC's Mission:

To safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

## More about WIC:

Food, nutrition counseling, and access to health services are provided to low-income women, infants, and children under the Special Supplemental Nutrition Program for Women, Infants, and Children, popularly known as WIC.

WIC provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, infants and children up to age 5 who are found to be at nutritional risk. Established as a pilot program in 1972 and made permanent in 1974, WIC is administered at the Federal level by the Food and Nutrition Service of the U.S. Department of Agriculture. Formerly known as the Special Supplemental Food Program for Women, Infants, and Children, WIC's name was changed under the Healthy Meals for Healthy Americans Act of 1994, in order to emphasize its role as a nutrition program.

Isleta provides Electronic Benefits Transfer (EBT) cards that participants use at authorized food stores. Isleta has (6) grocery store vendors that have an agreement to provide authorized food for our 950 WIC participants per month.

WIC is effective in improving the health of pregnant women, new mothers, and their infants. A study showed that women who participated in the program during their pregnancies had lower Medicaid costs for themselves and their babies than did women who did not participate. WIC participation was also linked with longer gestation periods, higher birth weights and lower infant mortality. A recent study showed that WIC has lowered childhood obesity and Breastfeeding rates are increasing. For more information please contact the WIC office at (505)869-2662.



Milk: 3 gallons, 1 quart (3.25 gal)      Cheese: 1 pound (lb)  
 Cereal: 36 ounces (oz)      Juice: 2 - 64 oz bottles (128 oz)  
 Eggs: 1 dozen      Beans: 1 lb dry or 64 oz canned  
 Whole Grains: 32 ounces or 2 lbs      Fruits and Vegetables: \$6.00  
 \*Children 2-5 may only receive low-fat milk.

## Isleta Elder Center Activities Calendar September 2013

- September 2: Center Closed — Labor Day Holiday
- September 3: Center Closed — Administrative Holiday
- September 4: Center Closed — Isleta Pueblo - St. Augustine Feast
- September 5: PNM Good Neighbor Fund Assistance Program — 9:30-11:30 am
- September 5: Catholic Mass — 11:30 am
- September 6: **Elder Field Day:** Shopping Assistance w/ Adult Day Care — 10 am
- September 10: *Special Event & Luncheon*
  - Learn Country Line Dancing w/ Fred Laureta - 10 am — 12 noon
  - BBQ Luncheon (Sandwich, beans, coleslaw, and corn on the cob)
- September 10: Commodities
- September 11: Bingo at Isleta Resort & Casino — 10:30 am
- September 16: **Elder Field Day** : "Senior Day" at NM Expo (State Fair) — 9 am
- September 17: Line Dancing — Elder Center - 10:00 am — 11:30 am
- September 18: Friendship Breakfast & Coffee — 9 am — 9:30 am
- September 18: General Meeting
  - Isleta Police Department — SCAMS
  - Bernalillo County Clerk's Office — Election Information
- September 19: **Elder Field Day:** Laguna Pueblo Feast — 9 am
- September 24: Line Dancing — Elder Center — 10:00 am — 11:30 am
- September 24: Shuffleboard @ Manzano Mesa & Lunch in Abq. — 10:30 am
- September 24: Commodities
- September 25: Centennial Care Presentation — Theresa Belanger, HHSD
- September 26: "End of Summer" — Banana Splits!! — 1 pm
- September 27: *Shuffleboard Exhibition* — Learn to Play! Instruction & Equipment Provided - Sponsored by Senior Sports Foundation - \$10 per person (lunch included) — (Elder Center will sponsor the first (10) NEW PLAYER sign-ups! Manzano Mesa — 7:30am
- September 30: Advisory Committee Meeting — 10 am — 12 noon (Open to the Public)

WIC Income Eligibility Guidelines Effective from July 1, 2013 to June 30, 2014)					
Persons in Family or Household Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$21,257	\$1,772	\$886	\$818	\$409
2	28,694	2,392	1,196	1,104	552
3	36,131	3,011	1,506	1,390	695
4	43,568	3,631	1,816	1,676	838
5	51,005	4,251	2,126	1,962	981
6	58,442	4,871	2,436	2,248	1,124
7	65,879	5,490	2,745	2,534	1,267
8	73,316	6,110	3,055	2,820	1,410
Each Add'l Member Add	+\$7,437	+620	+310	+287	+144

<b>Isleta Health Center Calendar</b> <i>Questions? Call 869-3200</i> <b>SEPTEMBER 2013</b>						
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 <b>LABOR DAY CLINIC CLOSED</b>	3 Women's Path to Recovery: 9-11:30am @ IBHS. Grief & Loss Group: 2-4pm @ IBHS. Adult Wellness: 5-6pm @ IBHS.	4 Parent Group: 9-11am @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	5 Str8 Rez: 4:30-6pm @ IBHS	6	7
8	9 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	10 Women's Path to Recovery: 9-11:30am @ IBHS. Isleta Cancer Education & Support (ICES): 10:30-12pm @ Health Center, w/Mary Ellen of <i>People Living Through Cancer</i> , topic "Communication." Adult Wellness: 5-6pm @ IBHS.	11 Parent Group: 9-11am @ IBHS. Anger Management Skills: 1-3pm @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	12 Freedom From Smoking (Session 1): 5:30pm @ Isleta Health Center. Call 869-4479 for information. Str8 Rez: 4:30-6pm @ IBHS.	13	14
15	16 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.	17 Women's Path to Recovery: 9-11:30am @ IBHS. Grief & Loss Group: 2-4pm @ IBHS. Adult Wellness: 5-6pm @ IBHS.	18 Parent Group: 9-11am @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	19 Freedom From Smoking (Session 2): 5:30pm @ Isleta Health Center. Call 869-4479 for information. Str8 Rez: 4:30-6pm @ IBHS.	20	21
22	23 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS. ~~~~~ National Fall Prevention Day	24 Women's Path to Recovery: 9-11:30am @ IBHS. Adult Wellness: 5-6pm @ IBHS.	25 Parent Group: 9-11am @ IBHS. Anger Management Skills: 1-3pm @ IBHS. Acupuncture Detox: 1-2pm @ IBHS.	26 Freedom From Smoking (Session 3): 5:30pm @ Isleta Health Center. Call 869-4479 for information. Isleta Diabetes & Obesity Prevention Advocacy Group: 1-3pm @ Isleta Health Center/Large Conference Room Str8 Rez: 4:30-6pm @ IBHS.	27	28
29	30 Early Recovery Skills: 9-11am @ IBHS. Young Leaders Youth Krew: 5-6:30pm @ IBHS.					



## Isleta Cancer Education & Support Group

**2<sup>nd</sup> Tuesday of Each Month**  
Next Meeting is September 10, 2013

**TIME:**  
10:30am to Noon

**PLACE:**  
**ISLETA HEALTH CENTER SMALL CONFERENCE ROOM**

Date	Topic	Facilitator	Location
9/10/2013	Support	Mary Ellen	PLTC
10/8/2013	Clinical Trials	Sydney Goosing	New Mexico Cancer Care Alliance
11/12/2013	Nutrition & Cancer	Amber Abhold	Isleta Health Center
12/10/2013	Survivors Panel	Cancer Survivors	TBD

**Please join us!**  **Everyone Welcome!**

Please contact Stephanie Barela @ 869-4479 if you have questions.



## Thinking About Quitting

90 minute support session to increase your motivation to quit smoking whether you are ready to quit or not ready to quit.

You will receive (free):

- The Guide to Help You Quit Smoking – your own personal workbook
- Help in identifying your barriers to quitting commercial tobacco
- Help in identifying your personal motivations for quitting
- Pack Tracks to identify the kind of commercial tobacco smoker you are

Topics Covered include:

1. Am I ready to quit .....on a scale of 1-to-5?
2. How addicted am I to nicotine?
3. Using over-the-counter (OTC) Nicotine Replacement Therapy (NRT)
4. Free NRT & assistance @ Quit Line 1-800-QuitNow or enroll at QuitNowNM.com
5. Pros and Cons of Quitting Smoking... Identifying Barriers and Motivators
6. Closing Backdoors
7. Introduction to *The Guide to Help you Quit Smoking*
8. Pre-view of Pack Tracks – using them to cut back before Quit Day
9. Preparing a Quit Kit – tool for surviving the first two weeks after quitting
10. Using a Calendar to reward yourself (optional)
11. Dealing with Losing your Best Friend the Cigarette
12. How to support your friend or family member who is Thinking About Quitting
13. Other tools to help you quit: Freedom From Smoking® Online at [www.ffsonline.org](http://www.ffsonline.org)

**Call Stephanie, Health Educator**  
**@ 869-4479 to Sign Up**  
Isleta Health Center