



Isleta Pueblo News

Volume 7 Issue 8

August 2012

FROM THE OFFICE OF THE GOVERNOR

MEDICAID CENTENNIAL CARE PLAN:

The Pueblo of Isleta and Tribes in New Mexico have been involved in formal Tribal consultation and collaboration with the State of New Mexico Human Services Department to ensure Protection for Native America Recipients and Indian Health Providers in the Centennial Care Plan.

New Mexico Tribal Leaders have requested clarification of several issues in the Centennial Care Plan which include:

- The Centennial Care Plan does not prohibit Native American Medicaid recipients from receiving services at IHS, Tribal or Urban Indian Health (I/T/U) programs.
- The Centennial Care plan requires the Managed Care Organizations (MCOs) to contract with I/T/Us, if the I/T/Us desire such contracts.
- IHS and Tribal programs have the option to become an in-network provider of the MCOs.
- The State will require prompt reimbursement to I/T/Us for the Medicaid portion of the claim after Medicare has paid. This applies whether the I/T/Us are in-network or not in network.
- Your health program can make patient referrals to specialized care for tribal members in an MCO health plan.
- Medical costs will be covered by the health insurance plan, thus creating savings on Contract Health Services dollars.
- Financial sustainability can be created for your programs through third party billing.
- Tribal members and health programs will have access to an array of specialized health services which often are limited or unaffordable through Contract Health Services.
- HSD is seeking a waiver to exempt Native Americans from co-pays at non-tribal facilities, which is an extension of the right currently under federal law for services accessed at I/T/Us.

I know the above is very foreign to you as it is with me. As we move further into this discussion, I will continue to keep you apprised of the outcome of State-Tribal Consultation on this important issue. In the next issue of our newsletter, I will try to explain in simple terms so that we all understand how this affects Isleta Pueblo.

PILGRIMS FROM AGREDA, SPAIN VISIT ISLETA PUEBLO:

July 11, 2012 Pilgrims from Agreda, Spain visited the Pueblo of Isleta to advance the cause for Sainthood of Venerable Sor Maria de Jesus de Agredas (aka The Blue Nun) based on her tremendous contributions in New Mexico in promulgating the Catholic



Faith. Legend has that Mother Maria served as a cloistered Franciscan nun her entire life, never leaving the Agreda Monastery. Throughout that time, she is credited with numerous miracles and visions in addition to her well documented ability to spiritually transport herself to different places. She died in 1665 at 63 years of age, though her legend lives on to this day.

The visiting delegation visited St. Augustine church where they were greeted by Governor Frank Lujan, Father George Pavambolt and tribal parishioners. A spokesperson from the delegation gave a presentation on the legend of the Blue Nun and presented a cloth wall painting of Sor Maria de Jesus de Agreda to the People of Isleta that will be displayed at the church. A special feast was prepared for the visiting pilgrims by church parishioners and gifts were provided by Governor Frank Lujan on behalf of the People of Isleta to the visiting pilgrims. As a special gesture Governor Frank Lujan presented a proclamation to the visiting delegation supporting the advancement of Sainthood of Venerable Sor Maria de Jesus de Agredas.

MIDDLE RIO GRANDE CONSERVATION INITIATIVE:

In early July 2012, the Honorable Ken Salazar, Secretary U.S. Department of the Interior, hosted a meeting at the Hispanic Cultural Center, Albuquerque, NM to announce the Middle Rio Grande Conservation Initiative. Secretary Salazar stated the Rio Grande is a treasure for New Mexico - it contains the economic engine of the State - but also provides for the heritage of New Mexico. We need to protect agriculture, hunters, anglers, outdoor recreation and tourism. I can see myself coming back in ten years and finding vibrant agriculture, great recreational opportunities, biking, riding horses, and watching the economic development that comes with a healthy river.

The Secretary's Committee announced its mission statement: To seek long-term sustainability of cultural and ecological integrity of the Middle Rio Grande valley's riverine system by promoting responsible recreation, education, and conservation goals while maintaining the economic vitality of the region.

In a request by Secretary Salazar for issues and comments, I commented and questioned the environmental and cultural impacts of water quality on our part of the river, the build up of sediment, the ongoing legal issues of water rights and facility title of the diversion dam and protection of current and future agricultural lands. I commented saying the Pueblo of Isleta is in full support of a healthy river, however, we need help in solving and addressing the issues we have. As a result of my comments, we got the attention of the Secretary and things are now coming to the forefront. I expect meaningful discussions to take place and resolution to the above in the near future.

SAINT AUGUSTINE FEAST DAYS:

Always with anticipation Tribal Communities and their members look forward to their annual feast days when you can visit and enjoy the company of family, old friends and always make new friends. Our Pueblo will enjoy and celebrate Saint Augustine Feast days on August 28, 2012 and September 3-4, 2012. I wish to extend my sincere appreciation on behalf of our people to the Sponsors of the feast days. The sponsors for August 28, 2012 are Nabahe & Annette Abeita, Reyes & Roger Blaine, Tricia Jojola & Gary Roybal and Bernard Chaves & Selena Montoya. Sponsors for September 3, 2012 are Eddie & Colleen Zuni. Thank you and let's all have an enjoyable and memorable feast.

Lastly, Gabrielle Lucero, daughter of Joey and Charlene Lucero, attended the Summer Policy Academy Institute. Students are taught and students learn about issues related to their homes. A community project Gabrielle chose is an awareness project related to recycling. Below are Gabrielle's thoughts, facts, and how we can help:

Recycle and Become Aware

Recycling is not something I really see in Isleta, and throughout the years there has been a lot of trash pollution. Eighty percent of the trash that we throw away can be recycled. Most of the trash harms our earth, because some trash is hazardous to the environment such as the animals, people, and land. There are many ways we can stop polluting the earth, and one way is by recycling.

• Ways we can start recycling

Setting up recycling bins at community centers/areas.

- Have a nearby recycling center.
- Use biodegradable plates, silverware, cups.
- Instead of buying plastic water bottles, buy reusable water bottles.
- Having recycling bins at community events such as feast days.

(Continued on page 2)

Office of the Governor, continued

At the next feast day on August 28, 2012 there will be recycle bins set-up. So please recycle, and help make a difference.

• **What the transfer station (Dump) accepts**

- Oil
- Paint
- Refrigerators
- Batteries
- Cardboard
- Trees

• **Fun Facts**

- A family can prevent 2400 pounds of carbon dioxide emissions a year by recycling half of the household waste generated.
- Recycling one aluminum can save enough energy to power a TV for 3 hours.

- New Mexico's percentage rate for recycling is 14%.
- A tee-shirt can be made of five plastic bottles.

• **Websites**

• **Recycling Program Resources**

• **How To Convince Your Community To Recycle:** The following links take you to Social Marketing

- techniques used for successful recycling and waste reduction programs:
- These reports and resources on the website of Aceti Associates, Arlington, MA, might be helpful:

- <http://www.acetiassociates.com/publications.html>
- <http://www.acetiassociates.com/resources.html>

• See Recycling Informational Display Above

- Recycling ink cartridges
- Recycling appliances and electronics

• Download NMRC's new Recycling Brochure with general information on how and why to recycle in New Mexico - [Recycling Brochure](#)
[Social Enterprise Associates](#) - New Mexico based consulting firm specializing in sustainability

To help with keeping Mother Earth clean, we will set up trash receptacles with labels on them; plastics, bottles, cardboard/paper, etc. We should all participate in this project not only to help our community be clean but understand the environmental impacts Gabrielle reminds us of. In Gabrielle's words "Please recycle and help make a difference".

The start of school is around the corner and summer fun is coming to an end but being in school also brings a lot fun. Meeting up with friends again and meeting new ones, football season, fall season, hunting, etc. Where did the summer go? Remember students we are always here to help. Good luck and best wishes from all of us here.

PUBLIC NOTICE

Probate Hearing for the Estate of Damacia Puhuyesva, Deceased on March 8, 2006, will be held in the Pueblo of Isleta Tribal Court. Any person claiming interest in the Estate is hereby requested to notify the Isleta Tribal Court Clerk at (505) 869-9697, before August 20, 2012.

**PUBLIC NOTICE -
PETITION TO PROBATE**

A Petition to Probate the Estate of Jose Richard Chewiwi, deceased on May 22, 2011, has been filed in the Isleta Tribal Court. Any person claiming an interest in the estate is hereby requested to notify the Tribal Court Clerk at 869-9699 within thirty (30) days from the date this notice being posted.

**Pueblo of Isleta Veterans'
Association Meeting
Open House**

The POI Veterans' Association monthly meeting will be held on Wednesday, 15 August 2012 at 6:30 PM. The Veterans' Center, located at the Old Headstart in Chical, will have an open house from 5:00 PM — 8:00 PM. All veterans are welcome. Refreshments and snacks will be served.

3 out of 4 Child Safety Seats Are Used Incorrectly.

Could yours be one of them?



Have your child safety seat or booster seat inspected for recalls, broken parts, improper installation, and appropriateness for your child. Learn the child restraint law in New Mexico. There is no charge for this service.

Isleta Health Center

1 Sagebrush Rd, Isleta Pueblo, NM

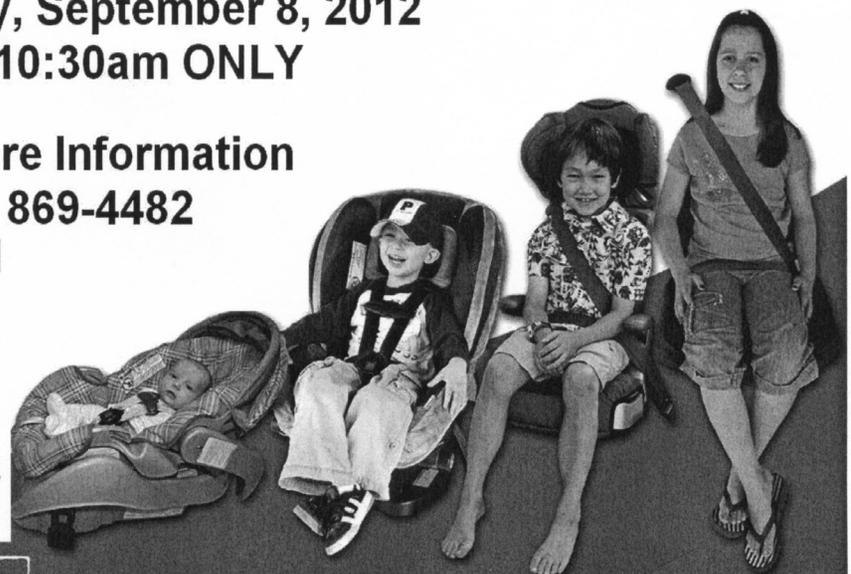
Saturday, September 8, 2012

8:30am-10:30am ONLY

For More Information

Call 869-4482

**ThinkFirst NM
Bike Safety
and Helmet
Distribution
for 1st 50 kids**



2012 Down Under Sports Cross Country Invitational

We are proud to announce that Myron Tenorio Jr. was able to participate in the 2012 Down Under Sports Cross Country invitational this summer. As you may recall, Myron was invited to participate in a cross country tournament while representing the State of New Mexico and his country in Sydney, Australia.

Myron was in Australia for seven days. He was able to experience a once in a lifetime opportunity. He is a talented runner and has been running for quite some time. Dedicated to his athleticism he has certainly worked hard to achieve this milestone in his life.

Myron participated in a 5k run on June 27th at Pizzey Park where he came in 21st under his age group of 17 and older, with a time of 19:23. He participated with a total of 71 runners.

He also participated in a 5.7k run Queensland Health Challenge (Marathon) on June 30th. He came in 59th gender place and 42nd divisional place with a time of 21:20 and finished in 2nd place as a team. He participated along with 4,021 runners whereas 3,586 runners actually finished the race.



We are very proud of him. Myron could not have attended this event without the help of his family, friends and community. We are so grateful to everyone who donated their time, gifts and money.

A special thanks to his grandparents Betty Sangre & George Brown, Raymond & Sandra Abeita, his Great grandma Filomena Embrey and his Aunties Malina Sangre and Marie Abeita, and his parents Myron Tenorio Sr. and Randy & Carolyn Jim, and to all his family and friends for helping with the Bingo and raffle donations.



Myron Tenorio Jr.

We would like to thank the community for their support:

- | | | | | |
|--------------------------|---------------------------|--------|-----------------------------|-------------------------------|
| Hard Rock Albuquerque | Benny's | Sopa's | San Felipe Casino Hollywood | Pueblo of Isleta Public Works |
| San Felipe Travel Center | Pueblo of Isleta Library | | San Felipe Pueblo | Chewiwi's Smoke Shop |
| Isleta One Stop | San Felipe Fitness Center | | Los Cuates | Shirpoyo Art: Shiela Jojola |

POI Directors: Rita Jojola, Terry Honeycutt, Eddie Gomez, Olin Calderon, Harold Culbertson, Abel Camarena, and Simon Shima

Scholarship Application

The 2012-2013 Scholarship Application is available at the Department of Education office.

The Scholarship Application Deadline is August 15, 2012.

The Department of Education's new fax number is 869-7573.

Any questions please call 924-3170.

Congratulations

To Crystal Anchondo for making the Dean's list twice at Carrington College.

Keep up the good work, from Mom, Dad, Trishelle, and Darren, Rafael, Shawn, Paul, Ness, Pula, Mederith, Miranda, Danielle and Dominique. Good Luck from all your extended family and friends. We love you.

Immunization Records for the Next School Year

Because of the high demand for copies of immunization records and physicals at the time school registration begins, your request for copies may take up to five working days to complete.

Start early, avoid the rush and the long wait.

Request a copy of your child's immunization records in advance of your child starting school.

Call or come by the medical record department at the clinic to find out how you can obtain a copy of your child's immunization records (869-4389 or 869-4472).

If you are not sure if your child's immunizations are up-to-date, prior to calling the medical record department, call the clinic at 869-4089 and request a chart review by the nurse. After reviewing your child's chart the nurse will call you back to let you know if your child needs additional immunizations.

Procurement Office Looking for Experienced Worker

The Pueblo of Isleta Procurement Office is requesting names of Isleta Pueblo members who have experience with building structures utilizing lava block materials. Please provide your name, phone number and date of birth to:

Patty Jojola, Procurement Officer

FAX: 869-7580

Email: poi70301@isletapueblo.com

**or for any questions,
please call 869-5269.**

Draft For Public Scoping July 26, 2012



Dear Community Member: The Pueblo of Isleta is in the process of enacting the Pueblo of Isleta Traffic Ordinance. The ordinance contains several provisions that affect this community. Tribal Council is asking you to review the draft ordinance and provide your written comments to Tribal Council by August 31, 2012. Your input on this draft ordinance is important. Please provide your input in writing to Tribal Council office at P.O. Box 850, Isleta, NM 87022, or hand delivery in person at the Tribal Council office during regular business hours, or submit your comments electronically on the official Pueblo of Isleta website. Your input is greatly appreciated,

Tribal Council

Sincerely,

Pablo H. Padilla Jr., General Counsel

Office of the Governor, Pueblo of Isleta P.O. Box 1270 Isleta, New Mexico 87022 Phone: (505) 869-9716

Email: Tribal.Attorney@Isletapueblo.com

EXHIBIT A PUEBLO OF ISLETA TRAFFIC ORDINANCE LIST OF OFFENSES

66-7-301. Speed regulation.

A. No person shall drive a vehicle on a highway at a speed greater than:

- (1) fifteen miles per hour on all highways when passing a school while children are going to or leaving school and when the school zone is properly posted;
- (2) thirty miles per hour in a business or residence district;
- (3) seventy-five miles per hour; and
- (4) the posted speed limit in construction zones posted as double fine zones or other safety zones posted as double fine zones as designated by the Pueblo of Isleta.

B. In every event, speed shall be so controlled by the driver as may be necessary:

- (1) to avoid colliding with a person, vehicle or other conveyance on or entering the highway;
- (2) to comply with legal requirements as may be established by the Pueblo of Isleta and the duty of all persons to use due care; and
- (3) to protect workers in construction zones posted as double fine zones or other safety zones posted as double fine zones as designated by the Pueblo of Isleta.

C. The speed limits set forth in Subsection A of this section may be altered as authorized by Pueblo of Isleta.

66-7-303. Establishment of speed zones.

A. Whenever the Pueblo of Isleta determines upon the basis of an engineering survey and traffic investigation, that any speed established by law is greater or less than is reasonable or safe under the conditions found to exist upon any part of a highway, the Pueblo of Isleta may declare the speed limit for that part, and that speed limit shall be authorized and effective when appropriate signs giving notice thereof are erected at that particular part of the highway; provided that no speed limit shall be declared greater than seventy-five miles per hour.

B. Speed zones may be marked by a sign containing a flashing yellow light and, when the light is in operation, the speed limit, instructions or regulations on the sign are in effect.

C. The New Mexico Secretary of Highway and Transportation shall have the authority to set speed limits on state highways within the Pueblo of Isleta Indian Reservation if such authority is granted in the easement or right-of-way agreement for that state highway with the Pueblo of Isleta.

66-7-303.1. Construction zones; traffic control devices; penalty.

A. When construction, repair or reconstruction of any street or highway is being done, the Pueblo of Isleta is authorized to designate as a construction zone that portion of the street

or highway where construction, reconstruction or repair is being done and to close the construction zone to traffic or to provide for a single lane of traffic on any two-lane or four-lane highway in the construction zone.

B. The Pueblo of Isleta closing all or a portion of a street or highway or providing for a single lane of traffic on any two-lane or four-lane street or highway pursuant to Subsection A of this section shall erect or cause to be erected traffic-control devices or barricades to warn and notify the public of any change in speed limit and that such street or highway is closed or limited to a single lane of traffic.

C. Every pedestrian or person who operates a vehicle on any street or highway shall obey all signs, signals, markings, flagmen or other traffic-control devices that are placed to regulate, control and guide traffic through a construction zone.

D. No person shall remove, change, modify, deface or alter any traffic-control device or barricade which has been erected on any street or highway pursuant to this section.

66-7-305. Minimum speed regulation.

A. A person shall not drive a motor vehicle at such a slow speed as to impede the normal and reasonable movement of traffic except when reduced speed is necessary for safe operation or to be in compliance with law.

B. Whenever the Pueblo of Isleta determine on the basis of an engineering and traffic investigation that slow speeds on any part of a highway consistently impede the normal and reasonable movement of traffic, the Pueblo of Isleta may determine and declare a minimum speed limit below which no person shall drive a vehicle except when necessary for safe operation or to be in compliance with law.

C. The New Mexico Secretary of Highway and Transportation shall have the authority to set minimum speed limits on state highways within the Pueblo of Isleta Indian Reservation if such authority is granted in the easement or right-of-way agreement with the Pueblo of Isleta.

66-7-306. Special speed limitations.

A. no person shall drive any vehicle equipped with solid rubber or cushion tires at a speed greater than ten miles per hour.

B. A person shall not drive a vehicle over any bridge or other elevated structure constituting a part of a highway at a speed that is greater than the maximum speed that can be maintained with safety to the bridge or structure when such structure is signposted as provided in this section.

66-7-307. Charging violations; rule in civil actions.

A. In every charge of violation of any speed

regulation under this Ordinance, the complaint and the uniform traffic citation shall specify the speed at which the defendant is alleged to have driven and the maximum speed applicable within the district or at the location.

B. Provisions of this Ordinance for maximum speed limitations shall not be construed to relieve the plaintiff in any civil action from the burden of proving negligence on the part of the defendant as the proximate cause of an accident.

66-7-308. Drive on right side of roadway; exceptions.

A. Upon all roadways of sufficient width a vehicle shall be driven upon the right half of the roadway, and where practicable, entirely to the right of the center thereof, except as follows:

- (1) when overtaking and passing another vehicle proceeding in the same direction under the rules governing such movement;
- (2) when the right half of a roadway is closed to traffic while under construction or repair;
- (3) upon a roadway divided into three marked lanes for traffic under the rules applicable thereon; or
- (4) upon a roadway designated and signposted for one-way traffic.

B. Upon all roadways any vehicle proceeding at less than the normal speed of traffic at the time and place and under the conditions then existing shall be driven in the right-hand lane then available for traffic, or as close as practicable to the right-hand curb or edge of the roadway, except when overtaking and passing another car proceeding in the same direction or when preparing for a left turn at an intersection or into a private road or driveway.

66-7-309. Passing vehicles proceeding in opposite direction [directions].

Drivers of vehicles proceeding in opposite directions shall pass each other to the right, and upon roadways having width for not more than one line of traffic in each direction each driver shall give to the other at least one-half of the main-traveled portion of the roadway as nearly as possible.

66-7-310. Overtaking a vehicle on the left.

The following rules shall govern the overtaking and passing of vehicles proceeding in the same direction, subject to those limitations, exceptions and special rules hereinafter stated:

- A. the driver of a vehicle overtaking another vehicle proceeding in the same direction shall pass to the left thereof at a safe distance and shall not again drive to the right side of the roadway until safely clear of the overtaken vehicle; and
- B. except when overtaking and passing on the

right is permitted, the driver of an overtaken vehicle shall give way to the right in favor of the overtaking vehicle on audible signal and shall not increase the speed of his vehicle until completely passed by the overtaking vehicle.

66-7-311. When overtaking on the right is permitted.

A. The driver of a vehicle may overtake and pass upon the right of another vehicle only under the following conditions:

- (1) when the vehicle overtaken is making or about to make a left turn;
- (2) upon a street or highway with unobstructed pavement not occupied by parked vehicles of sufficient width for two or more lines of moving vehicles in each direction; or
- (3) upon a one-way street, or upon any roadway on which traffic is restricted to one direction of movement, where the roadway is free from obstructions and of sufficient width for two or more lines of moving vehicles.

B. The driver of a vehicle may overtake and pass another vehicle upon the right only under conditions permitting such movement in safety. In no event shall such movement be made by driving off the pavement or main-traveled portion of the roadway.

66-7-312. Limitations on overtaking on the left.

No vehicle shall be driven to the left side of the center of the roadway in overtaking and passing another vehicle proceeding in the same direction unless such left side is clearly visible and free of oncoming traffic for a sufficient distance ahead to permit such overtaking and passing to be completely made without interfering with the safe operation of any vehicle approaching from the opposite direction or any vehicle overtaken. In every event the overtaking vehicle must return to the right-hand side of the roadway before coming within one hundred feet of any vehicle approaching from the opposite direction.

66-7-313. Further limitations on driving to left of center of roadway.

A. No vehicle shall at any time be driven to the left side of the roadway under the following conditions:

- (1) when approaching the crest of a grade or upon a curve in the highway where the driver's view is obstructed within such distance as to create a hazard in the event another vehicle might approach from the opposite direction;
- (2) when approaching within one hundred feet of or traversing any intersection or railroad grade crossing; or
- (3) when the view is obstructed upon approaching within one hundred feet of any bridge, viaduct or tunnel.

B. The foregoing limitations shall not apply upon a one-way roadway.

66-7-314. Movement of hazardous vehicle; escort may be required.

When, in the judgment of the Isleta Police Department, the movement of any vehicle is deemed a hazard to traffic upon a highway over which the vehicle is to travel, the granting of permission for the movement of the vehicle may be conditioned upon a special escort accompanying the hazardous vehicle.

66-7-315. No-passing zones.

A. The Pueblo of Isleta may determine those portions of any highway under its jurisdiction where overtaking and passing or driving on the left of the roadway would be especially hazardous and may, by appropriate signs or markings on the roadway, indicate the beginning and end of such zones. When the signs or markings are in place and clearly visible to an ordinarily observant person, every driver of a vehicle shall obey the directions of the signs or markings.

B. Where signs or markings are in place to define a no-passing zone as set forth in Subsection A of this section, no driver shall at any time drive on the left side of the roadway within the no-passing zone or on the left side of any pavement striping designed to mark the no-passing zone throughout its length.

C. This section does not apply to the driver of a vehicle turning left into or from an alley, private road or driveway.

66-7-316. One-way roadways and rotary traffic islands.

A. The Pueblo of Isleta may designate any highway or any separate roadway under its jurisdiction for one-way traffic and shall erect appropriate signs giving notice of that designation.

B. Upon a roadway designated and signposted for one-way traffic, a vehicle shall be driven only in the direction designated.

C. A vehicle passing around a rotary traffic island shall be driven only to the right of the island.

66-7-317. Driving on roadways laned for traffic.

Whenever any roadway has been divided into two or more clearly marked lanes for traffic the following rules in addition to all others consistent herewith shall apply:

A. a vehicle shall be driven as nearly as practicable entirely within a single lane and shall not be moved from such lane until the driver has first ascertained that such movement can be made with safety;

B. upon a roadway which is divided into three lanes a vehicle shall not be driven in the center lane except when overtaking and passing another vehicle where the roadway is clearly visible and such center lane is clear of traffic within a safe distance, or in preparation for a left turn or where such center lane is at the time allocated exclusively to traffic moving in the direction the vehicle is proceeding and is signposted to give notice of such allocation; and

C. official signs may be erected directing slow-moving traffic to use a designated lane or designating those lanes to be used by traffic moving in a particular direction regardless of the center of the roadway and drivers of vehicles shall obey the directions of every such sign.

66-7-318. Following too closely.

A. The driver of a motor vehicle shall not follow another vehicle more closely than is reasonable and prudent, having due regard for the speed of such vehicles and the traffic upon and the condition of the highway.

B. The driver of any motor truck or motor vehicle drawing another vehicle when traveling upon a roadway outside of a business or

residence district shall not follow another motor truck or motor vehicle drawing another vehicle within three hundred feet, except that this shall not prevent a motor truck or motor vehicle drawing another vehicle from overtaking and passing by any like vehicle or other vehicle.

C. Motor vehicles being driven upon any roadway outside of a business or residence district in a caravan or motorcade whether or not towing other vehicles shall not follow the preceding vehicle closer than three hundred feet. This provision shall not apply to funeral processions, nor shall it apply within or outside of a business or residence district to motor vehicle escort vehicles of a motor vehicle escort service, which may, if necessary to maintain the continuity of the escorted unit or units, precede or follow at a distance closer than three hundred feet to the escorted unit or units.

66-7-319. Driving on divided highways.

Whenever any highway has been divided into two roadways by leaving an intervening space or by a physical barrier or clearly indicated dividing section so constructed as to impede vehicular traffic, every vehicle shall be driven only upon the right-hand roadway and no vehicle shall be driven over, across or within any such dividing space, barrier or section, except through an opening in such physical barrier or dividing section or space or at a crossover or intersection established by public authority.

66-7-320. Restricted access.

No person shall drive a vehicle onto or from any controlled-access roadway except at such entrances and exits as are established by public authority.

66-7-321. Restrictions on use of controlled-access roadway.

A. The Pueblo of Isleta may regulate or prohibit the use of any controlled-access roadway within their respective jurisdictions by any class or kind of traffic that is found to be incompatible with the normal and safe movement of traffic.

B. The Pueblo of Isleta adopting any such prohibition shall erect and maintain official traffic-control devices on the controlled-access roadway on which the prohibitions are applicable, and, when in place, no person shall disobey the restrictions stated on the devices.

66-7-322. Required position and method of turning at intersections.

The driver of a vehicle intending to turn at an intersection shall do so as follows:

A. both the approach for a right turn and a right turn shall be made as close as practicable to the right-hand curb or edge of the roadway;

B. at any intersection where traffic is permitted to move in both directions on each roadway entering the intersection, an approach for a left turn, except where left-turn provisions are made, shall be made in that portion of the right half of the roadway nearest the center line thereof and by passing to the right of such center line where it enters the intersection and after entering the intersection the left turn shall be made so as to leave the intersection to the right of the center line of the roadway being entered. Whenever practicable the left turn shall be made in that portion of the intersection to the left of the center of the intersection;

C. upon a roadway with two or more lanes for through traffic in each direction, where a center lane has been provided by distinctive pavement markings for the use of vehicles turning left from both directions, no vehicle shall turn left from any other lane. A vehicle shall not be driven in this center lane for the purpose of overtaking or passing another vehicle proceeding in the same direction. Any maneuver other than a left turn from this center lane will be deemed a violation of this section;

D. at any intersection where traffic is restricted to one direction on one or more of the roadways, the driver of a vehicle intending to turn left at any such intersection shall approach the intersection in the extreme left-hand lane lawfully available to traffic moving in the direction of travel of such vehicle and after entering the intersection the left turn shall be made so as to leave the intersection, as nearly as practicable, in the left-hand lane lawfully available to traffic moving in such direction upon the roadway being entered; and

E. the Pueblo of Isleta may cause markers, buttons or signs to be placed within or adjacent to intersections and thereby require and direct that a different course from that specified in this section be traveled by vehicles turning at an intersection, and when markers, buttons or signs are so placed no driver of a vehicle shall turn a vehicle at an intersection other than as directed and required by the markers, buttons or signs.

66-7-323. Turning on curve or crest or [of] grade prohibited.

No vehicle shall be turned so as to proceed in the opposite direction upon any curve, or upon the approach to, or near the crest of a grade, where such vehicle cannot be seen by the driver of any other vehicle approaching from either direction within one thousand feet.

66-7-324. Starting parked vehicle.

No person shall start a vehicle which is stopped, standing or parked unless and until such movement can be made with reasonable safety.

66-7-325. Turning movements and required signals.

A. No person shall turn a vehicle at an intersection unless the vehicle is in proper position upon the roadway, or turn a vehicle to enter a private road or driveway or otherwise turn a vehicle from a direct course or move right or left upon a roadway unless and until such movement can be made with reasonable safety. No person shall so turn any vehicle without giving an appropriate signal in the manner hereinafter provided in the event any other traffic may be affected by such movement.

B. A signal of intention to turn right or left when required shall be given continuously during not less than the last one hundred feet traveled by the vehicle before turning.

C. No person shall stop or suddenly decrease the speed of a vehicle without first giving an appropriate signal in the manner provided herein to the driver of any vehicle immediately to the rear when there is opportunity to give such signal.

66-7-326. Signals by hand and arm or signal device.

A. Any stop or turn signal when required herein shall be given either by means of the hand and arm or by a signal lamp or lamps or mechanical signal device except as otherwise provided in Subsection B.

B. Any motor vehicle in use on a highway shall be equipped with, and required signal shall be given by, a signal lamp or lamps or mechanical signal device when the distance from the center of the top of the steering post to the left outside limit of the body, cab or load of such motor vehicle exceeds twenty-four inches, or when the distance from the center of the top of the steering post to the rear limit of the body or load thereof exceeds fourteen feet. The latter measurement shall apply to any single vehicle, also to any combination of vehicles.

66-7-327. Method of giving hand and arm signals.

All signals herein required given by hand and arm shall be given from the left side of the vehicle in the following manner and such signal shall indicate as follows:

- A. left turn: hand and arm extended horizontally;
- B. right turn: hand and arm extended upward; and
- C. stop or decrease speed: hand and arm extended downward.

66-7-328. Vehicle approaching or entering intersection.

- A. The driver of a vehicle approaching an intersection shall yield the right-of-way to a vehicle which has entered the intersection from a different highway.
- B. When two vehicles enter an intersection from different highways at approximately the same time the driver of the vehicle on the left shall yield the right-of-way to the vehicle on the right.

66-7-329. Vehicles turning left at intersection.

The driver of a vehicle within an intersection intending to turn to the left shall yield the right-of-way to any vehicle approaching from the opposite direction which is within the intersection or so close thereto as to constitute an immediate hazard, but said driver, having so yielded and having given a signal, may make such left turn and the drivers of all other vehicles approaching the intersection from said opposite direction shall yield the right-of-way to the vehicle making the left turn.

66-7-330. Vehicles entering stop or yield intersection.

- A. Preferential right-of-way at an intersection may be indicated by stop signs or yield signs as authorized by the Pueblo of Isleta.
- B. Except when directed to proceed by a police officer or traffic-control signal, every driver of a vehicle approaching a stop intersection indicated by a stop sign shall stop as required by Pueblo of Isleta law and after having stopped shall yield the right-of-way to any vehicle which has entered the intersection from another highway or which is approaching so closely on the highway as to constitute an immediate hazard during the time when the driver is moving across or within the intersection.

C. The driver of a vehicle approaching a yield sign shall, in obedience to the sign, slow down to a speed reasonable for the existing conditions, and shall yield the right-of-way to any vehicle in the intersection or approaching on another highway so closely as to constitute an immediate hazard during the time the driver is moving across or within the intersection. If the driver is involved in a collision with a vehicle in the intersection, after driving past a yield sign without stopping, the collision shall be deemed prima facie evidence of his failure to yield right-of-way.

66-7-331. Vehicle entering highway from private road or driveway.

The driver of a vehicle about to enter or cross a highway from a private road or driveway shall yield the right-of-way to all vehicles approaching on said highway.

66-7-332. Operation of vehicles on approach of authorized emergency vehicles.

A. Upon the immediate approach of an authorized emergency vehicle displaying flashing emergency lights or when the driver is giving audible signal by siren, exhaust whistle or bell, the driver of every other vehicle shall yield the right of way and shall immediately drive to a position parallel to, and as close as possible to, the right-hand edge or curb of the roadway clear of any intersection and shall stop and remain in that position until the authorized emergency vehicle has passed except when otherwise directed by a police officer.

B. Upon approaching a stationary authorized emergency vehicle displaying flashing emergency lights, unless otherwise directed, the driver of a vehicle shall:

- (1) if reasonably safe to do so, drive in a lane not adjacent to where the authorized emergency vehicle is stopped, decrease the speed of the vehicle to a speed that is reasonable and prudent under the circumstances and proceed with caution; or
- (2) if it is not reasonably safe to drive in a lane not adjacent to where the authorized emergency vehicle is stopped, decrease the speed of the vehicle to a speed that is reasonable and prudent under the circumstances, proceed with caution and be prepared to stop.

C. This section shall not operate to relieve the driver of an authorized emergency vehicle from the duty to drive and park with due regard for the safety of all persons using the highway.

66-7-332.1. Approach of oncoming vehicle; yield right of way.

A. Notwithstanding any other provision of law, on all roadways, upon the immediate approach of an oncoming vehicle overtaking or attempting to overtake a vehicle proceeding in the same direction, the driver of that vehicle shall yield the right of way and shall drive to a position parallel to and as close as possible to the right hand edge or curb of the roadway and shall remain as close as possible to the right hand edge or curb of the roadway until the oncoming vehicle has passed.

B. This section shall not operate to relieve the driver of an oncoming vehicle from the duty to drive with due regard for the safety of all persons using the highway.

66-7-334. Pedestrians' right of way in crosswalks.

A. When traffic-control signals are not in place or not in operation, the driver of a vehicle shall yield the right of way, slowing down or stopping if need be to so yield, to a pedestrian crossing the roadway within a crosswalk when the pedestrian is in the crosswalk.

B. No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle that is so close that it is impossible for the driver to yield.

C. Subsection A of this section shall not apply under the conditions stated in Subsection B of Section 66-7-335.

D. Whenever a vehicle is stopped at a marked crosswalk or at an unmarked crosswalk at an intersection to permit a pedestrian to cross the roadway, the driver of another vehicle approaching from the rear shall not overtake and pass the stopped vehicle.

66-7-335. Crossing at other than crosswalks.

A. Every pedestrian crossing a roadway at any point other than within a marked crosswalk or within an unmarked crosswalk at an intersection shall yield the right-of-way to all vehicles upon the roadway.

B. Any pedestrian crossing a roadway at a point where a pedestrian tunnel or overhead pedestrian crossing has been provided shall yield the right-of-way to all vehicles upon the roadway.

C. Between adjacent intersections at which traffic-control signals are in operation pedestrians shall not cross at any place except in a marked crosswalk.

66-7-335. Crossing at other than crosswalks.

A. Every pedestrian crossing a roadway at any point other than within a marked crosswalk or within an unmarked crosswalk at an intersection shall yield the right-of-way to all vehicles upon the roadway.

B. Any pedestrian crossing a roadway at a point where a pedestrian tunnel or overhead pedestrian crossing has been provided shall yield the right-of-way to all vehicles upon the roadway.

C. Between adjacent intersections at which traffic-control signals are in operation pedestrians shall not cross at any place except in a marked crosswalk.

66-7-337. Drivers to exercise due care.

Every driver of a vehicle shall exercise due care to avoid colliding with any pedestrian upon any roadway and shall give warning by sounding the horn when necessary and shall exercise proper precaution upon observing any child or any confused or incapacitated person upon a roadway.

66-7-338. Pedestrians to use right half of crosswalk.

Pedestrians shall move, whenever practicable, upon the right half of crosswalks.

66-7-339. Pedestrians on roadways.

A. Where sidewalks are provided it shall be unlawful for any pedestrian to walk along and upon an adjacent roadway.

B. Where sidewalks are not provided any pedestrian walking along and upon a highway shall when practicable walk only on the left side of the roadway or its shoulder facing traffic which may approach from the opposite direction.

66-7-340. Pedestrians soliciting rides or business.

A. No person shall stand in a roadway for the purpose of soliciting a ride, employment or business from the occupant of any vehicle.

B. No person shall stand on or in proximity to a street or highway for the purpose of soliciting the watching or guarding of any vehicle while parked or about to be parked on a street or highway.

66-7-341. Railroad-highway grade crossing violations; all drivers.

A. A person driving a vehicle approaching a railroad-highway grade crossing shall:

(1) obey traffic control devices, crossing gates or barriers or the directions of an enforcement official at the crossing;

(2) stop not more than fifty feet and not less than fifteen feet from the nearest rail of a crossing if:

(a) a train is moving through or blocking the crossing;

(b) a train is plainly visible and approaching the crossing within hazardous proximity to the crossing;

(c) the sound of a train's warning signal can be heard; or

(d) a traffic control device, crossing gate, barrier or light or an enforcement official signals the driver to stop; and

(3) proceed through the railroad-highway grade crossing only if it is safe to completely pass through the entire railroad-highway grade crossing without stopping.

B. A person shall not:

(1) drive a vehicle through, around or under a crossing gate or barrier at a railroad-highway grade crossing while the gate or barrier is closed or being opened or closed;

(2) drive onto the railroad-highway grade crossing and stop; or

(3) enter a crossing if the vehicle being driven has insufficient undercarriage clearance to pass over the crossing.

66-7-342. All vehicles must stop at certain railroad grade crossings.

The Pueblo of Isleta is hereby authorized to designate particularly dangerous highway grade crossings of railroads and to erect stop signs at those crossings. When such stop signs are erected, the driver of any vehicle shall stop within fifty feet but not less than fifteen feet from the nearest rail of the railroad and shall proceed only upon exercising due care.

66-7-343. Railroad-highway grade crossing violations; certain vehicles required to always stop; exceptions.

A. Except as set forth in Subsection D of this section, a driver of a vehicle carrying passengers for hire, a school bus carrying school children or a vehicle carrying hazardous materials, radioactive or explosive substances or flammable liquids as cargo or as part of its cargo, before entering a railroad-highway grade crossing, is required to stop no more than fifty feet and no less than fifteen feet from the nearest rail of the railroad.

B. While stopped, the driver shall:

(1) look and listen in both directions along the track for an approaching train and for signals indicating that a train is approaching;

(2) determine it is safe to proceed completely through the railroad-highway grade crossing before entering it; and

(3) set the vehicle in a gear sufficiently low that gears will not need to be shifted before exiting the railroad-highway grade crossing.

C. A driver shall not shift gears while in a railroad-highway grade crossing.

D. A driver of a vehicle carrying passengers for hire, a school bus carrying school children or a vehicle carrying hazardous materials, radioactive or explosive substances or flammable liquids as cargo or as part of its cargo is not required to stop at:

(1) a railroad-highway grade crossing where a police officer directs traffic to proceed;

(2) a railroad-highway grade crossing where a stop-and-go traffic light controls movement of traffic;

(3) a railroad-highway grade crossing used exclusively for industrial switching purposes, within a business district as defined by the Pueblo of Isleta;

(4) a railroad-highway grade crossing where use of the railroad has been abandoned and there is a sign indicating that the railroad has been abandoned; or

(5) an industrial or spur line railroad-highway grade crossing marked with a sign reading "exempt crossing" that has been designated as exempt by appropriate state or local authorities.

66-7-344. Moving heavy equipment at railroad grade crossings.

A. No person shall operate or move any crawler-type tractor, steam shovel, derrick, roller or any equipment or structure having a normal operating speed of ten or less miles per hour or a vertical body or load clearance of less than one-half inch per foot of the distance between any two adjacent axles or in any event of less than nine inches, measured above the level surface of a roadway, upon or across any tracks at a railroad grade crossing without first complying with this section.

B. Notice of any such intended crossing shall be given to a station agent of such railroad and a reasonable time be given to such railroad to provide proper protection at such crossing.

C. Before making any such crossing the person operating or moving any such vehicle or equipment shall first stop the same not less than fifteen feet nor more than fifty feet from the nearest rail of such railroad and while so stopped shall listen and look in both directions along such track for any approaching train and for signals indicating the approach of a train, and shall not proceed until the crossing can be made safely.

D. No such crossing shall be made when warning is given by automatic signal or crossing gates or a flagman or otherwise of the immediate approach of a railroad train or car. If a flagman is provided by the railroad, movement over the crossing shall be under his direction.

E. This section shall not apply to the normal movement of farm equipment in the regular course of farm operation.

66-7-345. Authority to designate through highways and stop and yield intersections.

A. The Pueblo of Isleta may designate through highways and erect stop signs or yield signs at specified entrances thereto or may designate any intersection as a stop intersection or as a yield intersection and erect stop signs or yield signs at one or more entrances to the intersection.

B. Preferential right of way at an intersection may be indicated by stop signs or yield signs.

C. Except when directed to proceed by a police officer or traffic-control signal, every driver of a vehicle approaching a stop intersection indicated by a stop sign shall stop before entering the crosswalk on the near side of the intersection or, in the event there is no crosswalk, shall stop at a clearly marked stop line, but if none, then at the point nearest

the intersecting roadway before entering the intersection.

D. The driver of a vehicle approaching a yield sign, if required for safety to stop, shall stop before entering the crosswalk on the near side of the intersection or, in the event there is no crosswalk, at a clearly marked stop line, but if none, then at the point nearest the intersecting roadway where the driver has a view of approaching traffic on the intersecting roadway.

66-7-346. Stop before emerging from alley or private driveway.

The driver of a vehicle within a business or residence district emerging from an alley, driveway or building shall stop such vehicle immediately prior to driving onto a sidewalk or the sidewalk area extending across any alleyway or driveway, and shall yield the right-of-way to any pedestrian as may be necessary to avoid collision, and upon entering the roadway shall yield the right-of-way to all vehicles approaching on said roadway.

66-7-347. Overtaking and passing school bus.

A. The driver of a vehicle upon approaching or overtaking from either direction any school bus which has stopped on the roadway, with special school bus signals in operation, for the purpose of receiving or discharging any school children, shall stop the vehicle at least ten feet before reaching the school bus and shall not proceed until the special school bus signals are turned off, the school bus resumes motion or until signaled by the driver to proceed.

B. Every bus used for the transportation of school children shall bear upon the front and rear thereof a plainly visible sign containing the words "School Bus" in letters not less than eight inches in height.

C. The driver of a vehicle upon a highway with separate roadways need not stop upon meeting or passing a school bus which is on a different roadway or when upon a controlled-access highway and the school bus is stopped in a loading zone which is a part of or adjacent to such highway and where pedestrians are not permitted to cross the roadway.

66-7-348. Special lighting equipment on school buses.

It is unlawful to operate any flashing warning signal light on any school bus except when the school bus is stopped or is about to stop on a roadway for the purpose of permitting school children to board or alight from the school bus.

66-7-349. Stopping, standing or parking outside of business or residence districts.

A. Upon any highway outside of a business or residence district, no person shall stop, park or leave standing a vehicle, whether attended or unattended, upon the paved or main-traveled part of the highway when it is practicable to stop, park or leave the vehicle off such part of the highway, but in every event an unobstructed width of the highway opposite a standing vehicle shall be left for the free passage of other vehicles and a clear view of such stopped vehicles shall be available from a distance of two hundred feet in each direction upon the highway.

B. Subsection A of this section does not apply to the driver of a vehicle that is disabled while on the paved or main-traveled portion of a highway in such manner and to such extent that it is impossible to avoid stopping and temporarily leaving the disabled vehicle in that position.

C. The Pueblo of Isleta, unless otherwise directed by an investigating police officer, or a police officer may remove or cause to be removed a vehicle or other obstruction from the paved or main-traveled part of a highway to the nearest place of safety if the vehicle or other obstruction obstructs traffic or poses a traffic hazard.

66-7-350. Officers authorized to remove illegally stopped vehicles.

A. Whenever any police officer finds a vehicle standing upon a highway, such officer is hereby authorized to move such vehicle, or require the driver or other person in charge of the vehicle to move the same, to a position off the paved or main-traveled part of such highway.

B. Whenever any police officer finds a vehicle unattended upon any bridge or causeway or in any tunnel where such vehicle constitutes an obstruction to traffic, such officer is hereby authorized to provide for the removal of such vehicle to the nearest garage or other place of safety.

C. No driver of any vehicle shall permit said vehicle to remain unattended on or adjacent to any public road, highway or highway right-of-way of the state for a longer period than twenty-four hours without notifying the Isleta Police Department where said vehicle is parked or said vehicle shall be deemed abandoned. The police officer may cause all such abandoned vehicles to be removed and the owner of the vehicle shall be required to pay all costs incident to the removal of said vehicle, provided that wrecked vehicles may be removed at any time and without regard to the twenty-four hour period hereinbefore provided.

D. Whenever an officer shall order a dealer or wrecker to remove from a highway, or territory adjacent thereto, any damaged or abandoned vehicle the officer shall at the time issue signed and dated instructions in writing to the dealer or wrecker specifically stating if the vehicle is to be "held for investigation" or if it may be released to the owner.

66-7-351. Stopping, standing or parking prohibited in specified places.

A. No person shall stop, stand or park a vehicle, except when necessary to avoid conflict with other traffic or in compliance with law or the directions of a police officer or traffic-control device, in any of the following places:

- (1) on a sidewalk;
- (2) in front of a public or private driveway;
- (3) within an intersection;
- (4) within fifteen feet of a fire hydrant;
- (5) on a crosswalk;
- (6) within twenty feet of a crosswalk at an intersection;
- (7) within thirty feet upon the approach to any flashing beacon, stop sign or traffic-control signal located at the side of a roadway;
- (8) between a safety zone and the adjacent curb or within thirty feet of points on the curb immediately opposite the ends of a safety zone, unless the traffic authority indicates a different length by signs or markings;
- (9) within fifty feet of the nearest rail of a railroad crossing;
- (10) within twenty feet of the driveway entrance to any fire station and on the side of a street opposite the entrance to any fire station within seventy-five feet of said entrance, when properly signposted;
- (11) alongside or opposite any street excavation or obstruction when stopping,

standing or parking would obstruct traffic;

- (12) on the roadway side of any vehicle stopped or parked at the edge or curb of a street;
- (13) upon any bridge or other elevated structure upon a highway or within a highway tunnel; or
- (14) at any place where official signs prohibit stopping.

B. No person shall move a vehicle not lawfully under his control into any such prohibited area or away from a curb such distance as is unlawful.

66-7-352.4. Parking lots; standards.

A. Every parking lot shall have designated and maintained accessible parking spaces for persons with significant mobility limitation as provided in Subsection B of this section. No building permit shall be issued by any local government for the construction or substantial renovation of a commercial building inviting public access unless the parking lot has designated accessible parking spaces for persons with significant mobility limitation as delineated in Subsection B of this section.

B. The designated accessible parking spaces for persons with significant mobility limitation shall be located so as to provide the most convenient access to entranceways or to the nearest curb cut. Every parking lot shall have at least one designated accessible parking space for persons with significant mobility limitation designed to accommodate a motor vehicle passenger van, and there shall be a minimum of one such space for every eight designated accessible parking spaces for persons with significant mobility limitation.

C. A sign or other designation at an accessible parking space pursuant to this section shall include the language "Violators are subject to a fine and/or towing."

66-7-352.5. Unauthorized use; penalties.

A. It is unlawful for any person to park a motor vehicle not displaying a special registration plate or a parking placard in a designated accessible parking space for persons with significant mobility limitation.

B. It is unlawful for any person to park a motor vehicle in such a manner so as to block access to any part of a curb cut designed for access by persons with significant mobility limitation.

C. A vehicle parked in violation of Subsection A or B of this section is subject to being towed at the expense of the vehicle owner upon authorization by law enforcement personnel or by the property owner or manager of a parking lot.

D. A law enforcement officer may issue a citation or authorize towing of a vehicle for a violation of Subsection A or B of this section regardless of the presence of the driver.

66-7-354. Limitation on backing.

The driver of a vehicle shall not back it:

A. unless the movement can be made with reasonable safety and without interfering with other traffic; or

B. upon any shoulder or roadway of any controlled-access highway, or upon the exit or entry road of any controlled-access highway.

66-7-355. Riding on motorcycles.

A. A person operating a motorcycle shall ride only upon the permanent and regular seat attached thereto, shall have his feet upon

the footrests provided on the machine and shall not carry any other person nor shall any other person ride on the motorcycle unless it is designed to carry more than one person. If a motorcycle is designed to carry more than one person, the passenger may ride upon the permanent and regular seat if designed for two persons or upon another seat firmly attached to the rear or side of the motorcycle. The passenger shall have his feet upon the footrests attached for passenger use.

B. Any person operating a motorcycle not having a fixed windshield of a type approved by regulation of the secretary shall wear an eye protective device which may be a faceshield attached to a safety helmet, goggles or safety eyeglasses. All eye protective devices shall be of a type approved by regulations promulgated by the director.

66-7-356. Mandatory use of protective helmets.

A. No person under the age of eighteen shall operate a motorcycle unless he is wearing a safety helmet securely fastened on his head in a normal manner as headgear and meeting the standards specified by the director. The director shall adopt rules and regulations establishing standards covering the types of helmets and the specifications therefor and shall establish and maintain a list of approved helmets meeting the standards and specifications of the director. No dealer or person who leases or rents motorcycles shall lease or rent a motorcycle to a person under the age of eighteen unless the lessee or renter shows such person a valid driver's license or permit and possesses the safety equipment required of an operator who is under the age of eighteen. No person shall carry any passenger under the age of eighteen on any motorcycle unless the passenger is wearing a securely fastened safety helmet, as specified in this section, meeting the standards specified by the director.

B. Failure to wear a safety helmet as required in this section shall not constitute contributory negligence.

66-7-358. Restriction on use of television, cellular phones, pagers, and text messaging in motor vehicles.

A. It is unlawful to operate any motor vehicle equipped with a television screen upon which images may be projected or shown if the screen is within the normal view of the driver of the motor vehicle unless the television is used solely as an aid to the driver in the operation of the vehicle. As used in this section "television screen" does not include closed circuit monitors or computer terminal monitors used by law enforcement agencies in law enforcement motor vehicles.

B. It is unlawful to operate any motor vehicle while using a cellular phone, pager or text messaging without the aid of a hands-free device that allows the driver to have both hands on the wheel and his/her eyes on the road.

66-7-361. Following fire apparatus and driving through safety zone prohibited.

A. The driver of any vehicle other than one on official business shall not follow any fire apparatus traveling in response to a fire alarm closer than five hundred feet, or drive into or park such vehicle within the block where fire

apparatus has stopped in answer to a fire alarm.

B. No vehicle shall at any time be driven through or within a safety zone.

66-7-362. Crossing fire hose. No vehicle shall be driven over any unprotected hose of a fire department when laid down on any street or private driveway, to be used at any fire or alarm of fire, without the consent of the fire department official in command.

66-7-363. Animals on highway.

A. It is unlawful for any person intentionally or negligently hit an animal on the highway.

B. Owners of livestock ranging in pastures through which unfenced roads or highways pass shall not be liable for damages by reason of injury or damage to persons or property occasioned by collisions of vehicles using said roads and highways and livestock or animals ranging in said pastures unless such owner of livestock is guilty of specific negligence other than allowing his animals to range in said pasture.

66-7-364. Putting injurious material or trash on highway prohibited.

A. No person shall throw or deposit upon a highway any trash, glass bottles, glass, nails, tacks, wire or cans.

B. A person who drops or permits to be dropped or thrown upon any highway any destructive or injurious material or trash shall immediately remove the same or cause it to be removed.

C. A person removing a wrecked or damaged vehicle from a highway shall remove any glass or other injurious substance dropped upon the highway from the vehicle.

D. As used in this section, "trash" means any article or substance that when discarded creates or contributes to an unsanitary, offensive or unsightly condition. "Trash" includes waste food; paper products; cans, bottles and other containers; household furnishings and equipment; parts or bodies of vehicles and other metallic junk or scrap; and collections of ashes, dirt, yard trimmings and other rubbish.

66-7-366. Occupied moving house trailer. It is a misdemeanor for any person to:

A. occupy a house trailer while it is being towed upon a highway; or

B. tow a house trailer on any highway when the house trailer is occupied by any person.

66-7-367. Improper opening of doors. It is a misdemeanor for any person to:

A. open the door of a vehicle on the side near moving traffic unless:

(1) it is reasonably safe to do so; and

(2) the door can be opened without interfering with the movement of traffic; or

B. leave a door of a vehicle open on the side of the vehicle near moving traffic for a period of time longer than necessary to load or unload passengers.

66-7-369. Child passenger restraint; enforcement.

A. A person shall not operate a passenger

car, van or pickup truck in this state, except for an authorized emergency vehicle, public transportation or a school bus, unless all passengers less than eighteen years of age are properly restrained.

B. Each person less than eighteen years of age shall be properly secured in a child passenger restraint device or by a safety belt, unless all seating positions equipped with safety belts are occupied, as follows:

(1) children less than one year of age shall be properly secured in a rear-facing child passenger restraint device that meets federal standards, in the rear seat of a vehicle that is equipped with a rear seat. If the vehicle is not equipped with a rear seat, the child may ride in the front seat of the vehicle if the passenger-side air bag is deactivated or if the vehicle is not equipped with a deactivation switch for the passenger-side air bag;

(2) children one year of age through four years of age, regardless of weight, or children who weigh less than forty pounds, regardless of age, shall be properly secured in a child passenger restraint device that meets federal standards;

(3) children five years of age through six years of age, regardless of weight, or children who weigh less than sixty pounds, regardless of age, shall be properly secured in either a child booster seat or an appropriate child passenger restraint device that meets federal standards; and

(4) children seven years of age through twelve years of age shall be properly secured in a child passenger restraint device or by a seat belt.

C. A child is properly secured in an adult seat belt when the lap belt properly fits across the child's thighs and hips and not the abdomen. The shoulder strap shall cross the center of the child's chest and not the neck, allowing the child to sit all the way back against the vehicle seat with knees bent over the seat edge.

D. Failure to be secured by a child passenger restraint device, by a child booster seat or by a safety belt as required by this section shall not in any instance constitute fault or negligence and shall not limit or apportion damages.

66-7-372. Safety belt use required; exception.

A. Each occupant of a motor vehicle having a gross vehicle weight of ten thousand pounds or less manufactured with safety belts in compliance with federal motor vehicle safety standard number 208 shall have a safety belt properly fastened about his body at all times when the vehicle is in motion on any street or highway.

B. This section shall not apply to an occupant of a motor vehicle having a gross vehicle weight of ten thousand pounds or less who possesses a written statement from a licensed physician that he is unable for medical reasons to wear a safety belt or to a rural letter carrier of the United States postal service while performing the duties of a rural letter carrier.

66-7-373. Enforcement programs.

A. Failure to be secured by a child passenger restraint device or by a safety belt shall not in any instance constitute fault or negligence and shall not limit or apportion damages. *End*

**EXHIBIT B
PUEBLO OF ISLETA TRAFFIC ORDINANCE
LIST OF CIVIL PENALTIES**

Name of Offense:	Section Violated: (NMSA)	Civil Penalty:
Speeding	66-7-301.....	10.00
(1) up to and including ten miles an hour over the speed limit.....		15.00
(2) from eleven up to and including fifteen miles an hour over the speed limit.....		30.00
(3) from sixteen up to and including twenty miles an hour over the speed limit		65.00
(4) from twenty-one up to and including twenty-five miles an hour over the speed limit.....		100.00
(5) from twenty-six up to and including thirty miles an hour over the speed limit.....		125.00
(6) from thirty-one up to and including thirty-five miles an hour over the speed limit.....		150.00
(7) more than thirty-five miles an hour over the speed limit		200.00
(8) more than fifteen miles an hour at school zone.....	66-7-301A.....	double the speeding fine
Unfastened safety belt.....	66-7-372.....	25.00
Child not in restraint device or seat belt.....	66-7-369.....	25.00
Minimum speed.....	66-7-305.....	10.00
Speeding.....	66-7-306.....	15.00
Improper starting.....	66-7-324.....	10.00
Improper backing.....	66-7-354.....	10.00
Improper lane.....	66-7-308.....	10.00
Improper lane.....	66-7-313.....	10.00
Improper lane.....	66-7-316.....	10.00
Improper lane.....	66-7-317.....	10.00
Improper lane.....	66-7-319.....	10.00
Improper passing.....	66-7-309 through 66-7-312.....	10.00
Improper passing.....	66-7-315.....	10.00
Controlled access violation.....	66-7-320.....	10.00
Controlled access violation.....	66-7-321.....	10.00
Improper turning.....	66-7-322.....	10.00
Improper turning.....	66-7-323.....	10.00
Improper turning.....	66-7-325.....	10.00
Following too closely.....	66-7-318.....	10.00
Failure to yield.....	66-7-328 through 66-7-331.....	10.00
Failure to yield.....	66-7-332.....	50.00
Failure to yield.....	66-7-332.1.....	25.00
Pedestrian violation.....	66-7-333.....	10.00
Pedestrian violation.....	66-7-340.....	10.00
Failure to stop.....	66-7-342 and 66-7-344 through 66-7-346.....	10.00
Railroad-highway grade crossing violation.....	66-7-341 and 66-7-343.....	150.00
Passing school bus.....	66-7-347.....	100.00
Failure to signal.....	66-7-325 through 66-7-327.....	10.00
Failure to secure load.....	66-7-407.....	100.00
Operation without oversize-overweight permit.....	66-7-413.....	50.00
Improper equipment.....	66-3-801.....	10.00
Improper equipment.....	66-3-901.....	20.00
Improper emergency signal.....	66-3-853 through 66-3-857.....	10.00
Operation interference.....	66-7-357.....	5.00
Littering.....	66-7-364.....	300.00
Improper parking.....	66-7-349 through 66-7-352 and 66-7-353.....	5.00
Improper parking.....	66-3-852.....	5.00
Failure to dim lights.....	66-3-831.....	10.00
Riding in or towing occupied house trailer.....	66-7-366.....	5.00
Improper opening of doors.....	66-7-367.....	5.00
No slow-moving vehicle emblem or flashing amber light.....	66-3-887.....	5.00
Open container - first violation.....	66-8-138.....	25.00

**EXHIBIT C
PUEBLO OF ISLETA TRAFFIC ORDINANCE
LIST OF OFFENSES**

1. Homicide by vehicle; great bodily harm by vehicle

A. Homicide by vehicle is the killing of a human being in the unlawful operation of a motor vehicle.

B. Great bodily harm by vehicle is the injuring of a human being, to the extent defined as “an injury to the person which creates a high probability of death; or which causes serious disfigurement; or which results in permanent or protracted loss or impairment of the function of any member or organ of the body” in the unlawful operation of a motor vehicle.

C. Any person found guilty of homicide or great bodily harm by vehicle is guilty of a Class A Misdemeanor. [N. M. S. A. 1978, §66-8-101]

2. Driving under the influence of intoxicating liquor or drugs; aggravated driving under

the influence of intoxicating liquor or drugs; penalties

A. It is unlawful for a person who is under the influence of intoxicating liquor to drive vehicle within the Pueblo of Isleta.

B. It is unlawful for a person who is under the influence of any drug to a degree that renders the person incapable of safely driving a vehicle to drive a vehicle within the Pueblo of Isleta.

C. It is unlawful for:

- (1) a person to drive a vehicle in the Pueblo of Isleta if the person has an alcohol concentration of eight one hundredths or more in the person’s blood or breath within three hours of driving the vehicle and the alcohol concentration results from alcohol consumed before or while driving the vehicle;
- or

(2) a person to drive a commercial motor vehicle in the Pueblo of Isleta if the person has an alcohol concentration of four one hundredths or more in the person’s blood or breath within three hours of driving the commercial motor vehicle and the alcohol concentration results from alcohol consumed before or while driving the vehicle.

D. Aggravated driving under the influence of intoxicating liquor or drugs consists of:
(1) driving a vehicle in the Pueblo of Isleta with an alcohol concentration of sixteen one hundredths or more in the driver’s blood or breath within three hours of driving the vehicle and the alcohol concentration results from alcohol consumed before or while driving the vehicle;

(2) causing bodily injury to a human being as a result of the unlawful operation of a motor vehicle while driving under the influence of intoxicating liquor or drugs; or
 (3) refusing to submit to chemical testing, and in the judgment of the court, based upon evidence of intoxication presented to the court, the driver was under the influence of intoxicating liquor or drugs.

E. Any person found guilty of driving under the influence shall be found guilty of a Class A Misdemeanor.

[N. M. S. A. 1978, § 66-8-102]

3. Duty in case of injury or death of a person or damage to an attended vehicle

A. A driver of any vehicle involved in an accident resulting in the injury to or death of any person or involving striking the body of a deceased person shall immediately stop such vehicle at the scene of such accident or as close thereto as possible but shall then forthwith return to, and in every event remain at, the scene of such accident until he or she has fulfilled the requirements of subsection (C) of this section; every such stop shall be made without obstructing traffic more than is necessary.

B. Movement from Roadway:

(1) The driver of any vehicle involved in an accident resulting only in damage to a vehicle which is driven or attended by any person or damage to other property must move the vehicle as soon as possible off the roadway or freeway main lanes, shoulders, medians, and adjacent areas to a location on an exit ramp shoulder, the frontage road, the nearest suitable cross street, or other suitable location. The driver shall remain at the suitable location until he or she has fulfilled the requirements of subsection (C) of this section. Moving the vehicle in no way affects fault for an accident.

(2) A law enforcement officer or representative of the department of transportation may cause a motor vehicle, cargo, or debris to be moved from the roadway nor anyone acting under the direction of the officer of the Isleta police department is liable for damage to the motor vehicle, cargo, or debris caused by reasonable efforts of removal.

C. The driver of any vehicle involved in an accident resulting in injury to or death of any person, or involving striking the body of a deceased person, or resulting in damage to any vehicle which is driven or attended by any person or damage to other property shall give his or her name, address, insurance company, insurance policy number, and vehicle license number and shall exhibit his or her vehicle driver's license to any person struck or injured or the driver or any occupant of, or any person attending, any such vehicle collided with and shall render to any person injured in such accident reasonable assistance, including the carrying or the making of arrangements for the carrying of such person to a physician or hospital for medical treatment if it is apparent that such treatment is necessary or if such carrying is requested by the injured person or on his or her behalf. Under no circumstances shall the rendering of assistance or other compliance with the provisions of this subsection be evidence of the liability of any driver for such accident.

D. Any person found guilty of violating the duty in case of injury or death of a person shall be found guilty of a Class A Misdemeanor.

[West's RCWA 46.52.020]

4. Resisting, evading or obstructing an officer

A. Resisting, evading or obstructing an officer consists of:

- (1) Knowingly obstructing, resisting or opposing any officer of the Pueblo of Isleta or any other duly authorized person serving or attempting to serve or execute any process or any rule or order of any of the courts of the Pueblo of Isleta or any other judicial writ or process;
- (2) Intentionally fleeing, attempting to evade or evading an officer of the Pueblo of Isleta when the person committing the act of fleeing, attempting to evade or evasion has knowledge that the officer is attempting to apprehend or arrest him;
- (3) Willfully refusing to bring a vehicle to a stop when given a visual or audible signal to stop, whether by hand, voice, emergency light, flashing light, siren or other signal, by a uniformed officer in an appropriately marked police vehicle; or
- (4) Resisting or abusing any judge, magistrate or officer in the lawful discharge of his duties.

B. Any person found guilty of resisting, evading, or obstructing an officer shall be found guilty of a Class B Misdemeanor.

[N. M. S. A. 1978, § 30-22-1]

5. Vehicular Assault

A. A person is guilty of vehicular assault if he or she operates or drives any vehicle:

- (1) In a reckless manner and causes substantial bodily harm to another; Or
- (2) While under the influence of intoxicating liquor or any drug, and causes substantial bodily harm to another; or
- (3) With disregard for the safety of others and causes substantial bodily harm to another.

B. Any person found guilty of vehicular assault shall be found guilty of a Class B Misdemeanor.

[West's RCWA 46.61.522]

6. Reckless Driving

A. Any person who drives any vehicle carelessly and heedlessly in willful or wanton disregard of the rights or safety of others and without due caution and circumspection and at a speed or in a manner so as to endanger or be likely to endanger any person or property is guilty of reckless driving.

B. Any person found guilty of reckless driving shall be found guilty of a Class B misdemeanor

[N. M. S. A. 1978, § 66-8-113]

7. Leaving Children unattended in standing vehicle with motor running

A. It is unlawful for any person, while operating or in charge of a vehicle, to park or willfully allow such vehicle to stand upon a highway or in a public place with its motor running, leaving a minor child or children under the age of sixteen years unattended in the vehicle.

B. Any person found guilty of leaving children unattended in standing vehicle shall be found guilty of a Class B Misdemeanor.

[West's RCWA 46.61.685]

8. Duty upon striking unattended vehicle

A. The driver of any vehicle which collides with any vehicle which is unattended shall immediately stop and shall then and there either locate and notify the operator or owner of such vehicle of the name and address of the driver and owner of the vehicle striking the unattended vehicle or shall leave in a conspicuous place in the vehicle struck a written notice giving the name and address of the driver and of the owner of the vehicle doing the striking and a statement of the circumstances thereof.

B. Any person found guilty of violating duty

upon striking unattended vehicle shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-7-204]

9. Negligent Driving- First Degree

A. A person is guilty of negligent driving in the first degree if he or she operates a motor vehicle in a manner that is both negligent and endangers or is likely to endanger any person or property, and exhibits the effects of having consumed liquor or an illegal drug.

(1) It is an affirmative defense to negligent driving in the first degree by means of exhibiting the effects of having consumed an illegal drug that must be proved by the defendant by a preponderance of the evidence, that the driver has a valid prescription for the drug consumed, and has been consuming it according to the prescription directions and warnings.

B. Any person found of negligent driving in the first degree shall be found guilty of a Class C Misdemeanor.

[West's RCWA 46.61.5249]

10. Negligent Driving — Second Degree

A. A person is guilty of negligent driving in the second degree if, under circumstances not constituting negligent driving in the first degree, he or she operates a motor vehicle in a manner that is both negligent and endangers or is likely to endanger any person or property.

(1) It is an affirmative defense to negligent driving in the second degree that must be proved by the defendant by a preponderance of the evidence, that the driver was operating the motor vehicle on private property with the consent of the owner in a manner consistent with the owner's consent.

B. Any person found guilty of negligent driving in the second degree shall be found guilty of a Class C Misdemeanor.

[West's RCWA 46.61.525]

11. Racing on highways

A. Unless written permission setting out pertinent conditions is obtained from the chief of the Pueblo of Isleta police, and then only in accordance with such conditions, no person shall drive a vehicle on a highway in any race, speed competition or contest, drag race or acceleration contest, test of physical endurance, exhibition of speed or acceleration or for the purpose of making a speed record, whether or not the speed is in excess of the maximum speed prescribed by law, and no person shall in any manner participate in any such race, drag race, competition, contest, test or exhibition.

B. As used in this section:

(1) "drag race" means the operation of two or more vehicles from a point side by side at accelerating speeds in a competitive attempt to outdistance each other, or the operation of one or more vehicles over a common selected course from the same point to the same point for the purpose of comparing the relative speeds or power of acceleration of the vehicle or vehicles within a certain distance or time limit; and

(2) "race" means the use of one or more vehicles in a manner to outgain or outdistance another vehicle, prevent another vehicle from passing, arrive at a given destination ahead of another vehicle or test the physical stamina or endurance of drivers over long-distance routes.

C. Any person found guilty of racing on a highway without prior authorization shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-8-115]

12. Permitting unauthorized person to drive

A. No person shall authorize or knowingly permit a motor vehicle owned by him or under his control to be driven upon any highway by any person who is not authorized hereunder or is in violation of any of the provisions of this article.

B. Any person found guilty of permitting an unauthorized person to drive is guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-5-41]

13. License to be carried and exhibited on demand

A. Every licensee shall have his driver's license in his immediate possession at all times when operating a motor vehicle and shall display the license upon demand of a magistrate, a peace officer or a field deputy or inspector of the division. However, no person charged with violating this section shall be convicted if he produces in court a driver's license theretofore issued to him and valid at the time of his arrest.

B. Any person found guilty of not having a valid license in immediate possession when operating a motor vehicle shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-5-16]

14. Drivers must be licensed

A. No person shall drive any motor vehicle, neighborhood electric car or moped upon a highway in the Pueblo of Isleta unless the person:

- (1) holds a valid license; and
- (2) has surrendered to the division any other license previously issued to the person by New Mexico or by another state or country or has filed an affidavit with the division that the person does not possess such other license.

B. Any person found guilty of driving a motor vehicle without a valid license shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-5-2]

15. Unlawful use of license

A. Unlawful uses of licenses are:

- (1) display or cause or permit to be displayed

or have in his possession any canceled, revoked or suspended driver's license or permit or commercial driver's license or permit;

(2) lend his driver's license or permit or commercial driver's license or permit to any other person or knowingly permit the use of his license or permit by another;

(3) display or represent as one's own any driver's license or permit or commercial driver's license or permit not issued to him;

(4) fail or refuse to surrender to the division upon its lawful demand any driver's license or permit or commercial driver's license or permit which has been suspended, revoked or canceled;

(5) use a false or fictitious name in any application for a driver's license or permit or commercial driver's license or permit or knowingly make a false statement or knowingly conceal a material fact or otherwise commit a fraud in any such application;

(6) permit any unlawful use of the driver's license or permit or commercial driver's license or permit issued to him;

B. Any person found guilty of unlawful use of a license shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-5-37]

16. Driving while license suspended or revoked

A. Any person who drives a motor vehicle on any public highway of the Pueblo of Isleta at a time when his privilege to do so is suspended or revoked and who knows or should have known that his license was suspended or revoked.

B. Any person found guilty of driving which license is suspending or revoked shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-5-39]

17. Obedience to Police Officers

A. No person shall willfully fail or refuse to comply with any lawful order or direction of any police officer invested by law with authority to direct, control or regulate traffic.

B. Any person found willfully failing or refusing to comply shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 66-7-4]

18. Refusal to give information or cooperate officer

A. It is unlawful for any person while operating or in charge of any vehicle to refuse when requested by a police officer to give his or her name and address and the name and address of the owner of such vehicle, or for such person to give a false name and address, and it is likewise unlawful for any such person to refuse or neglect to stop when signaled to stop by any police officer or to refuse upon demand of such police officer to produce his or her certificate of license registration of such vehicle, his or her insurance identification card, or his or her vehicle driver's license or to refuse to permit such officer to take any such license, card, or certificate for the purpose of examination thereof or to refuse to permit the examination of any equipment of such vehicle or the weighing of such vehicle or to refuse or neglect to produce the certificate of license registration of such vehicle, insurance card, or his or her vehicle driver's license when requested by any court. Any police officer shall on request produce evidence of his or her authorization as such.

B. Any person found guilty of refusing to give information of cooperate with an officer shall be found guilty of a Class C Misdemeanor.

[West's RCWA 46.61.020]

19. Concealing Identity

A. Concealing identity consists of concealing one's true name or identity, or disguising oneself with intent to obstruct the due execution of the law or with intent to intimidate, hinder or interrupt any public officer or any other person in a legal performance of his duty or the exercise of his rights under the laws of the United States or of the Pueblo of Isleta

B. Any person found guilty of concealing identity shall be found guilty of a Class C Misdemeanor.

[N. M. S. A. 1978, § 30-22-3]



20% OFF YOUR PURCHASE AT THE VAULT

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Management reserves all rights. Discounts cannot be combined with any other offers. Discount not valid on consignment, tobacco, beverages and sundries. Must present Tribal ID at time of purchase to receive discount.

Isleta Pueblo Housing Authority

The Isleta Pueblo Housing Authority is accepting applications for the Home Improvement Program (HIP) for safety or sanitation repairs, renovations, and replacement of a home for substandard dwellings. Applications are available at the Isleta Pueblo Housing Authority Office. After submission of the application with all required documentations it will be determined if you meet the "eligible" criteria for the HIP Program.

Documentation required with the application:

1. Copy of C.I.B. (Certificate of Indian Blood)
2. Proof of Income (Last year's Tax Return, SSI Award Letter, etc.)
3. Most Important: Proof of ownership to either the existing home and/or land.
4. Provide documentation if the applicant is stating family member has disability or is handicap (Letter from a "Doctor", Veterans' Administration, or Social Security, etc.) Deadline for submitting applications will be November 30, 2012.

If you have any questions or need assistance,
please contact Bernadette Lente,
Program Manager at (505) 869-4153 Ext. 9345.

Elder Center - Activities Calendar August 2012

- August 2: Catholic Mass — 11:30 am
- August 6: Enhance Fitness — 10:15 — 11:15 am
- August 6: Shopping Assistance — Lunch/Wal-Mart — 11:30 am
- August 7: Commodities
- August 8: Enhance Fitness — 10:15 — 11:15 am
- August 10: Enhance Fitness — 10:15 — 11:15 am
- August 13: Enhance Fitness — 10:15 — 11:15 am
- August 14: Elder Field Day — Shuffleboard @ Manzano Mesa
- August 15: Enhance Fitness — 10:15 — 11:15 am
- August 16: Friendship Coffee/Breakfast — 9 am — 9:30 am
- August 16: General Meeting —
 - NCA Architect — Assisted Living and Elder Center Project Update
 - UNM Hospital — Native American Health Services/Community Liaison
- August 17: Enhance Fitness — 10:15 — 11:15 am
- August 17: Planning Meeting and Payment Deadline — Laughlin, Nevada Trip
- August 20: Enhance Fitness — 10:15 — 11:15 am
- August 21-22: New Mexico Conference on Aging — Hard Rock Casino & Resort
- August 22: Enhance Fitness — 10:15 — 11:15 am
- August 24: Commodities
- August 24: Enhance Fitness — 10:15 — 11:15 am
- August 27: Enhance Fitness — 10:15 — 11:15 am
- August 28: CENTER CLOSED — Pueblo of Isleta — San Augustine Feast
- August 29: Enhance Fitness — 10:15 — 11:15 am
- August 30: Elder Field Day — ABQ Uptown — 10 am — 2 pm

Other Dates/Events:

- August 2: Jemez Feast
- August 4: Santo Domingo Feast
- August 10: Acomita Feast

Introducing: Enhance Fitness

Monday, Wednesday, & Friday: 10:15 am — 11:15 am

This fitness class is different from the start because it is based on scientific research and input from older adults. The result is one of the most effective fitness classes ever offered. Enhance Fitness combines the three key components of fitness: strength training, flexibility, and cardiovascular conditioning. Elders work at their own pace and the instructor provides individual attention and demonstrates variations and modifications to the program so you can find a level that is perfect for YOU!

NATIVE AMERICANS FOR OBAMA - EST 2007 -

President Obama's Accomplishments

When President Obama took office, the United States was losing more than 750,000 jobs per month and the economic security of millions of middle-class Americans was vanishing.

The deep recession we faced didn't happen overnight, and its damage won't be fixed overnight. But the President took swift action to address the immediate jobs crisis while laying the foundation for an economy built to last, so that hard work and responsibility pay.

The President rescued the auto industry, saving over a million jobs, and sent aid to the states to prevent massive layoffs. Though much remains to be done, we've now experienced 28 consecutive months of private-sector job growth, creating 4.4 million private sector jobs, including 500,000 new manufacturing jobs.

BREAKING NEWS: HEARTH Act

President Obama has just signed the HEARTH Act. On July 30th, along with Tribal Leaders and Congressman Heinrich, the President signed into law the HEARTH Act, which: *...promotes greater tribal self-determination and will help create jobs in Indian Country. Under the Act, federally recognized tribes can develop and implement their own regulations governing certain leasing on Indian lands. Upon Secretarial approval of these tribal regulations, tribes will have the authority to process land leases without Bureau of Indian Affairs approval. This new authority has the potential to significantly reduce the time it takes to approve leases for homes and small businesses in Indian Country. By allowing tribes to more quickly and easily lease their lands, the bill promotes investment in tribal communities and more broadly facilitates economic development.*

(<http://www.whitehouse.gov/blog/2012/07/30/strengthening-tribal-communities-through-hearth-act>)

Make Sure You Are Registered to Vote

If you have access to a computer and Internet service, you can make sure you are registered to vote and that your address is up to date here: <https://voterview.state.nm.us/>

Important Dates

October 9	Last Day to Register to Vote for the Primary
October 9	Absentee and absentee-in-person voting opens.
October 20	Early voting opens
November 2	Last day for County Clerks to mail out absentee ballots
November 3	Early and absentee voting ends
November 6	ELECTION DAY

More Information

If you'd like information about the campaign and volunteer activities please call Native American Vote Director, Debra Haaland: 505-358-1008. Debra will be in Isleta from time to time registering people to vote and offering information on the President. She will be in Isleta on Tuesday, August 7th registering voters.

Parks & Recreation

By the time everyone receives this newsletter our 2012 Summer Program will have been completed and but a memory and by all indications a great memory for many of those children involved in the program. This summer program has by far been the best to date with having the most children consistently coming to the program on a daily basis. It is not to say that we didn't have our problems, but overall the children were pretty well behaved and the staff did a better job in dealing with individuals and group issues as they happened. Some of the activities that took place in the month of July involved a first time Dog Show. Several dogs were featured in the workshop and the children were taught on how and when to approach the different type of dogs that they may encounter at any given time. Also another first, was a Disco Dance held in the gym and a Movie Night held at our Soccer Park just north of the New Rec. Center. Along with these first time events, our Friday Special Events continue to be the big draw for our children, which I believe has to this point made this the biggest and best summer program since I have been your Director, now well over 11 years of service. The Friday special events once again took us to Santa Ana for Cosmic Bowling and pizza party, Roller King for roller-skating and everyone's favorite, Cliff's Amusement Park for the last major field trip of the summer program. Last but not least we were also involved with the University Of New Mexico School Of Medicine Health Equity Program. This is where about 8-10 first year students who are studying to become doctors came to our program and engaged in activities and talked to the children about the importance of staying busy and active, setting goals, and curbing the number of hours they should be watching television. The children really enjoyed the insight they shared with them and vowed to minimize the amount of time they watch television in the future. Pictured are several of the UNM students talking to our children and sharing ideas about staying active both physically and mentally.



Movie Night

On Friday, July 27th we had another first time ever event, Movie Night in the Park held in the Soccer Park just north of the New Rec. Center. The whole intent of this evening was to bring the old drive-in theatre set up to our beautiful park where a 10 foot screen, 2 smaller 50 inch screens and four big speakers were set up for everyone to enjoy. The night began with the showing of some old time cartoons that featured Betty Boop and the 3 Stooges. Then it was followed by the Pueblo of Isleta Library Programs rendition of some videos made and scripted by children in their summer program. What a great job the children did in performing in front of the cameras and eventually in front of the big screen which we all got to witness. With the work they did, who knows, we may have a big time movie star come out of the Pueblo of Isleta. The night ended with the showing of Kung Fu Panda 2 which was a really big hit for both parents and children alike. To finish off the evening feel of being at the old drive-in theatre, concessions sales were made available of hotdogs, nachos, ice-crème, pickles and the like. The Library program also gave away popcorn, snow-cones, and pickles. The beautiful evening ended at about 11:00 pm with many parents and children thanking us for such a great experience and event. This event was made possible through the collaboration of The Rec. Program, along with the Library, Tiwa Language and Behavior Health Programs. This was such a big hit with several hundred of our Pueblo residents enjoying the evening that we are entertaining the idea of trying to have one more before the cold weather sets in. Pictured are several pictures depicting the movie night event.



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Major Field Trips

As in years past, our Friday major field trips continue to be the major attraction for all children to attend the program at least 3 times per week to qualify for these special events. Although this rule is waived if the children were attending summer school or the Language program, for the most part attendance stayed pretty consistent which I believe says a lot for how the program was handled and carried out throughout the summer. This year's biggest age group was once again the 12 year olds and up which had over 65 children ages 12 to about 16 years of age registered in the program. Pictured is Tata Mel Lucero who this summer has become a volunteer and mentor (now that he is retired) helping with the 6 & 7 year olds prior to going to Cliff's Amusement Park.



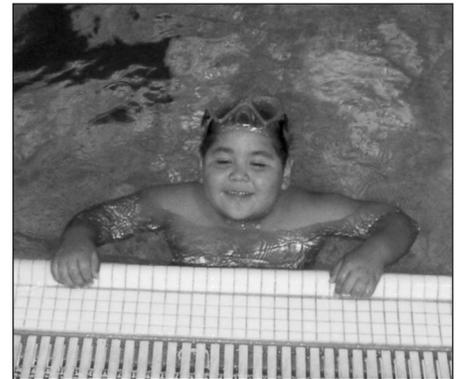
Special Event

The "Build a Bear" field trip has of late become one of the most popular field trips next to Cliff's Amusement Park. When the children went to this event they all had the opportunity to pick the bear of their choice. Next, they stuffed it to give it substance and bring it to life, dressed it and eventually named it as if their own child. And when all was said and done, it was totally their own creation which they got to take home. Many of the children immediately got attached to them because they developed it from the ground up. Pictured above are two of our different age groups upon completion of their new family additions)



Aquatic News

The main pool has for a time needed resurfacing and thanks to our Tribal Council we have now received the monies to do the much needed work. The renovations will include resurfacing the big pool with new plaster and the replacement of all the under water lights and housing units. Draining the pool will begin on August 2nd and because this is such a major project the pool may be closed up to about 2-3 weeks. Because of this project all August lessons will be postponed to a future date that will be announced once work has been completed. We apologize for the inconvenience, but this resurfacing was necessary and long overdue. This will help protect your investment in this building and program which you have entrusted to me as your Director to do.



Do you know why? Children six years old and younger but taller than the wading pool fence are not allowed in the Wading Pool? These taller children enjoy the water as much as other children, but the water is too shallow for them to safely play. They are prone to hitting their heads on the bottom of the pool because of the shallow water. Simply moving fast through the water can easily cause a smaller child to lose footing and go under water. Smaller children often cannot balance themselves and stand up. Thank you for your understanding and we appreciate your cooperation in this safety matter. Pictured are several of our younger children possibly 6 years old but taller than the wading pool fence really enjoying the big pool.

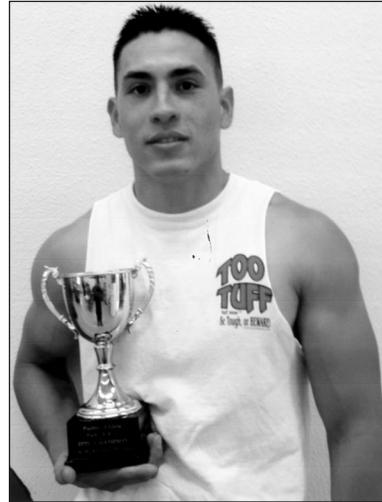


Did you know?

Juan Jojola who has been working for us here at the New Rec. Center for the last 10 years has recently graduated from the University of New Mexico with a Bachelor's Degree in Exercise Science. Juan is the son of Jennifer Jojola and Gilbert Sanchez. His grandparents are Odelia and John Hagen Jojola. He has 2 sons (Juan Jr. and Luterio) with his fiancée and fellow tribal member Lorraine Lucero. When asked about his life ambitions he replied: "I am applying to graduate school at UNM and I plan on using my areas of study and expertise in helping provide a first class service to the Pueblo of Isleta in the recreation and fitness field. I have a wealth of knowledge and ideas that I am hoping to share with my community now and in the future". Incidentally, the IPPC, Isleta Pueblo Power Lifting Club, mentioned next was his brain child. This first meet was one that really got a lot of folks excited about working out in the weight-room, competing and setting goals. **Congratulations Juan for already sharing and Keep up the Good Work.** Pictured is Juan Jojola mentoring his age group of responsibility, (12 year olds and up) prior to leaving for a special event.



Isleta Pueblo Power Lifting Club (IPPC)



Because of last month's time constraints I did promise all that I would report back to you the results of the first ever power lifting competition.

They are as follows:

Men's Divisions

216 pounds & up — 1st place: David Balenquah with a total of 1275 lbs. (Squat-495 lbs, Bench 305 lbs, Deadlift-355 lbs.

181 lbs-215 lbs- 1st place: Juan Jojola with a total of 1010 lbs. (Squat-375 lbs, Bench-280 lbs, Deadlift-355 lbs.

180 lbs & under - 1st place: Derek Jaramillo with a total of 875 lbs. (Squat-265 lbs, bench-235 lbs, Deadlift-375 lbs.

Women's Division

1st place: Christine Abeita with a total of 480 lbs. (Squat 165 lbs, Bench-100 lbs, Deadlift-215 lbs.

Pictured above are all 4 1st place winners in their respective categories.

Dog Show

As mentioned earlier this was a first time ever Dog Show that our very own Rueben Lucero from the Pueblo of Isleta Animal Control Division made available to our participants. The over-all intent of the presentation was to show our children how and when and if ever to approach a dog, especially if they weren't familiar with them. This really turned out to be a great addition to the program with the children learning a lot about and the dogs brought in to showcase. As one 10 year old put it "these dogs are so beautiful I hope they can have them and others back next year. Pictured are several dogs and their owners presenting them to the children.



WANTED...
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Junk Cars...
also batteries,
scrap metal

Call Pat Jojola
@ 449-8245

SOLID WASTE CHANGES



Beginning January 2, 2013 Solid Waste will begin picking up regularly scheduled routes on holidays.

With the exception of:
Thanksgiving, Day after Thanksgiving
Christmas, New Year's

**PLEASE BE SURE YOUR CANS ARE OUT BY 7:00 A.M
ON YOUR REGULAR SCHEDULED DAYS!**

HEALTH BEAT

Health Educator:
Stephanie Barela @ 869-4479

2012 Community Health Fair Report

Wow! This year we hit a record high in both community turnout, with 400 people in attendance, and the number of booth participants growing to 70! Undoubtedly, we can say that the 9th Annual Community Health Fair was a huge success. All of us on the fair organizing committee extend a sincere thank you to all Isleta community members who came out, as well as to all the vendors who provided our community with a wealth of health information, health screenings, activities, and fun!

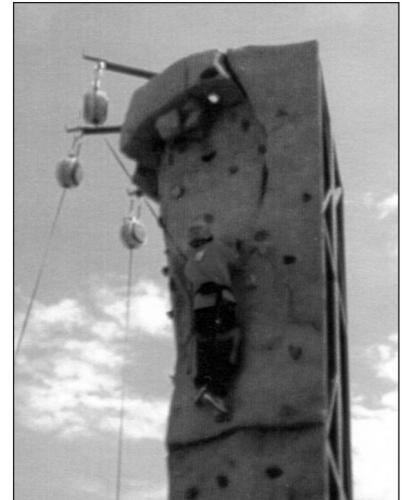
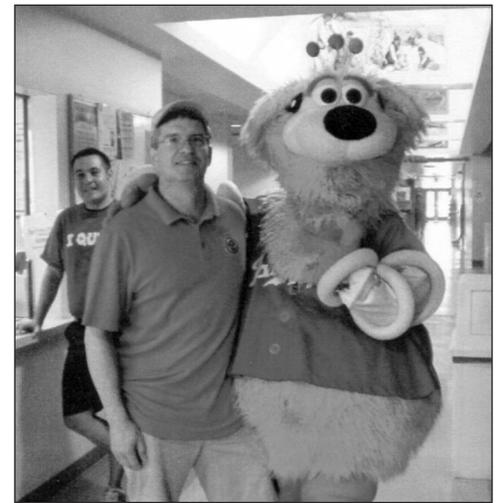
We also have a lot of others to thank, including:

- Co-sponsors POI Head Start & Child Care program (provided the day's lunch)
- Ron Jojola (MC duties)
- Valencia High School Color Guard
- Val Baca (singing of the National Anthem)
- Tata Larry Lucero (invocation)
- Hard Rock Hotel & Casino (health fair posters)
- Officer Sharon Mitamura (Karaoke)
- Isleta Health Center Departments (providing baskets for Basket Walk)
- EMS Staff for conducting the Basket Walk
- POI Recreation Center
- Whole Foods (fruit); Starbucks (coffee); Einstein's Bagels (bagels); Crystal Springs Water (bottled water)
- Crystal Springs School of Therapeutic Massage (free chair massages)
- **All volunteers who pitched-in in one way or another, we are grateful for all your help - we would not have been this successful without each and every one of you!**

Finally, as last year, we had many great raffle prizes that were given out to those lucky enough to have their numbers drawn, so we thank the following for providing raffle prizes:

- Abuelita's New Mexican Kitchen
- AmberCare
- Amerigroup
- Benny's Mexican Kitchen
- Breast Cancer Resource Center
- Burritos Alinstante
- CareNet Pregnancy Center
- Chili's Restaurant
- Commission for the Deaf & Hard of Hearing
- DentalSource
- Dion's Pizza
- Hard Rock Hotel & Casino
- IHS Head Start Unit
- Isleta Behavioral Health Services
- Isleta Freedom From Smoking
- Jiffy Lube
- Leslie Herman
- Lovelace Healthplan
- Molina Healthplan
- Native American Professional Parent Resources
- Natural Life Acupuncture
- NM Aging & Long-Term Services
- Project Hope
- Roberta Zuni
- Sopa's Restaurant
- Think First NM
- VSP
- X-Ray Associates

SEE YOU AT THE NEXT HEALTH FAIR!





Pueblo of Isleta Public Library

Summer time is slowly winding down and the Summer Reading program was awesome. Hope everyone is enjoying the last few months of these sunny hot days.

News

The library will be closed on Monday, August 20th due to the Annual Tribal Libraries Golf Tournament Fundraiser. All the proceeds help us purchase materials for the libraries and also help fund great programs. The Golf Tournament Fundraiser will take place at Tanoan Country Club in Albuquerque.

The Library and Department of Education will officially have an open house August 24th from 3-6:30pm (time may change). If you have not yet seen your new library, now is the time to come check out everything we have to offer. Check out movies/books, access the internet from our brand new computers, free WIFI (come in and we will give you a password) and much more. Plus ask about our awesome incentive programs for kids and afterschool homework program.

The Summer Lunch Program was a success and we were excited to be one of the many locations to provide to our community. Bernalillo County Lunch Program held a raffle for the kids from all over Bernalillo County that regularly came to get a lunch and to our surprise one of our Summer Reading Program kids got picked. We surprised our lucky winner during lunch. Congratulations to Darren Martin who won a Razor Scooter! A big thank you to the Bernalillo County Lunch Program.

Good news! We will be opening on Saturdays starting on September 8th. We will be open from 9am to 1pm. If you are busy during the week, here is your chance to come in on a Saturday and use the computers or hang out and read a book.

Upcoming

Expo New Mexico State Fair is just around the corner. The library will be participating in the State Fair Parade on a float with Isleta Recreation Center, Isleta Behavioral Health, and Isleta Language Program. We



Lucky winner of the Bernalillo County Summer Lunch Program Raffle.

will keep everyone updated. So keep a look out for a flyer, we want this to be a community event. We will also be having fun State Fair activities here at the library. Keep up-to-date and check out our Facebook page.

The library incentive program will not start until September. In the past we have held fun and exciting incentive programs to go on field trips to Hinkle family fun center, ITZ, Movies, and the Charlie and the Chocolate Factory program where kids earned their reading points to go to Terry's Sweet Garden in Los Lunas and make their own chocolate. Our first incentive program will be to the Balloon Fiesta.

Recap

A very special Thank You to the Isleta Pueblo Veterans Association for their

donation of the flag pole and generously putting the flag pole up for us, we greatly appreciate it.

A shout out to everyone who joined us for Movie night! This is the first and hopefully not the last of a movie on the grass event. The Recreation along with the Library, Behavioral Health, and the Isleta language program collaborated on getting this event rolling. Kung Fu Panda 2 was showing on three tv screens while everyone enjoyed free snow cones, popcorn and pickles. The weather was nice and it was fulfilling to see the community come out and spend time with their families. Hopefully we can do this again sometime.

The summer reading program is over and the kids had fun branching out to new heights and expressing themselves with this year's theme of theater and drama. The first few weeks we did icebreakers to get the kids comfortable. It didn't take them long to break out of their shell. The next weeks they worked on making and directing their own commercials. From candy bars, Anti-gravity shoes, makeup, soda, and toys, we all had a blast filming them. The kids got to do their own editing and spiced up their commercials to give it that extra spunk. Soon after the commercials were done they got started on making music videos to their favorite song. The kids got to develop their own concept of what they wanted to do, which involved making their own dance routines, deciding on the background scenes and costumes. We have very talented kids from Isleta and we were happy to be able to showcase all the kids and make the community smile. All the music videos and



Tah-tah Larry Lucero sharing the story of Chapa-Thloo-Thlee

(Continued next page)

(Library, continued)



Summer Reading Program youth reading a book to the toddlers.

commercials are on the library's YouTube channel www.youtube.com/user/poilibrary. For the last weeks of the summer program the kids worked on two plays. They made all their own costumes and scripts. The first play called "Why the moon has one eye" tells the story of the moon and the sun. The second story was about Chapatlloo-thlee. We ended the program with a barbeque and the kids did their plays. It was fun to have the kids around and keep us busy. Until next year, we wish the kids good luck in the upcoming school year and keep your head in them books.

**Pueblo of Isleta Public Library
Hours of Operation**

Monday-Thursday: 8:00am-6:30pm
 Friday: 8:00am-4:30pm
 Mailing and Physical Address:
 950 Moonlight Drive
 Albuquerque, NM 87105
 Phone: (505)-924-3192
 Email: poi02002@isletapueblo.com
 Web Address:
www.isletapueblo.com/library2.html
 Facebook:
www.facebook.com/IsletaPuebloLibrary

**Pueblo of Isleta
Diabetes
Prevention Program.**

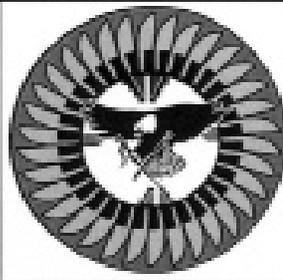
Men & Women Diabetes
 Support Group Meets
 Every Second Tuesday
 of the Month
 From 6:00 pm — 8:00 pm at
 the Isleta Health Center Kitchen

A new beginning...
 Diabetes Support Group for
 men, women, and
 their loved ones.

For more information:
 869-4595



CRAFT CIRCLES



- **Who:** Anyone who has frequent contact with a loved one who has an addiction.
- **What:** CRAFT Circles have four goals:
 - Support and be supported by other family's dealing with addiction.
 - Help your loved one to reduce his/her use.
 - Get your loved one to voluntarily get professional help.
 - Learn tools to take better care of yourself.
- **When:** Thursday afternoons from 1:30-3:00, beginning on July 12th, 2012.
- **Where:** IBHS conference room, entrance is in the back of the Isleta Health Center.
- **CALL:** Brian to let him know you are coming, 889-5477

CRAFT (Community Reinforcement and Family Training) is a program designed to help families coping with addictions.



Where Dreams Take Flight!
 In Honor of Angela McKissic-Samuels, MSLS



2ND ANNUAL NM TRIBAL LIBRARIES FOUNDATION golf tournament 2012

Monday, August 20, 2012

Tanoan Country Club Golf Course 10801 Academy Road NE Albuquerque, NM

\$3,000 SUN SPONSOR LEVEL
 2 Teams (8 Players)
 Hole Sponsorship
 Sign on Putting Green
 Name announced at Banquet

\$2,000 EAGLE SPONSOR LEVEL
 1 Team (4 Players)
 Hole Sponsorship
 Sign on Putting Green
 Name announced at Banquet

\$1,500 PARROT SPONSOR LEVEL
 1 Team (4 Players)
 Hole Sponsorship

\$1,000.00 PER TEAM

Proceeds will benefit the following NM Tribal Libraries in continuing to provide library service, materials, and programs to their tribal communities; Acoma Learning Center, Pueblo of Isleta Public Library, Jemez Pueblo Community Library, Laguna Public Library, and San Ildefonso Pueblo Community Library.

REGISTRATION DEADLINE: AUGUST 17th | Sponsorship Deadline: AUGUST 10th

- Registration begins at 7:00am
- Shotgun starts at 8:00am
- Registration includes: green fee, golf cart, ditty bag, range balls, t-shirt, & lunch.

4 PERSON SCRAMBLE

Registration fee \$1,000 per team (4 players)

NAME: _____ Email: _____ T-Shirt Size: _____
 NAME: _____ Email: _____ T-Shirt Size: _____
 NAME: _____ Email: _____ T-Shirt Size: _____
 NAME: _____ Email: _____ T-Shirt Size: _____

Total due: \$ _____
 I am not able to participate but here is my contribution: \$ _____

Make checks payable to
 New Mexico Library Foundation
 P.O. Box 650
 Jemez Pueblo, NM 87024

Contact: Janice Kowemy at (505) 552-6280, jkowemy@lagunatribe.org
 or Maureen Wacondo at (505) 362-6463, mwacondo@yahoo.com.

Isleta Tobacco Survey Results 2010, 2011 and 2012

Isleta Health Center Health Educator: Stephanie Barela, 869-4479

For the past three years the Isleta Commercial Tobacco Use Prevention and Cessation Program has conducted a Tobacco Survey during the Isleta Community Health Fair. Below is a comparison between the three different survey results. In comparing the three surveys, the average age of the health fair attendee that filled out the survey ranged from 39 to 44 years of age. Over the three years of the survey, this year had the widest gap in gender, with only 19% of the survey takers being males and 81% being female. From this survey, we are also able to see that more people have never smoked even one puff of commercial cigarettes in their lifetime. In 2010, 44% of the survey responders said they have never smoked at least one puff of commercial cigarettes, 59% in 2011 have never smoked and this year, an amazing 66% of the survey takers have never smoked, which shows that the community is making healthier choices. Along with this healthy increase, there was also an increase in the number of people that have not smoked at least 100 cigarettes in their lifetime, indicating they have never been a "smoker". In 2010, 54% said they had not smoked at least 100 cigarettes in their life, versus an amazing 76% in 2011 and this year 64% said they have not smoked more than 100 cigarettes. The next question determines the average length of time people were smokers and this number has also gone down. In 2010, the survey results showed that the average smoker had smoked for 13 years, where as, in 2011 the average smoker only smoked 8 years, but

this year the number rose to 10 years. All three years, the survey results show that the majority of Isleta survey takers that smoked quit smoking by using the cold turkey method (69% in 2010, 80% in 2011 and 69% in 2012). When asked if someone else in their house besides them smoke, 82% of people in 2010 said no, while 73% said no in 2011 and 81% said no this year. The next question helps determine how educated people are on the effects of 2nd hand smoke from commercial tobacco, with asking if they think that smoke from other people's cigarettes is harmful to them. Each year the community becomes more aware of the harmful effects of commercial tobacco, with more and more community members answering the question correctly, stating that 2nd hand smoke is definitely harmful (82% in 2012, 78% in 2011 and 74% in 2010).

One additional question was added this year, "Before today, were you aware of the Isleta Health Center's Freedom From Smoking Program." This question was added to determine if the program is known in the community, or if it needs to be promoted more. 61% said they knew about the program, while 30% did not and 9% left the question blank. As you can see, we can learn a lot from the 11-question survey we had at the Isleta Health Center and Head Start Community Health Fair. It is great to see that results from the survey show that LESS people in Isleta smoke and education has increased, with more people knowing that other people's smoke is harmful to them.

Let's keep up the good work at decreasing the number of harmful activities and increasing the number of good ones! CALL 869-4479 TO:

**Sign up for Freedom From Smoking and Quit Smoking
Sign up for ICES (Isleta Cancer Education and Support) and support the health of your family
by learning more about cancer!**

Isleta Commercial Tobacco Survey Results 2010, 2011 and 2012				
		2010	2011	2012
1	How old are you?	Average age 42	Average age 39	Average age 44
2	What is your gender?	30% Male 70% Female	36% Male 64% Female	19% Male 81% Female
3	Have you ever smoked, even 1 puff of commercial cigarettes?	56% Yes 44% No	32% Yes 59% No	32% Yes 66% No, 2% blank
4	Have you ever smoked at least 100 commercial cigarettes in your life?	54% have not and 46% have	76% have not and 24% have	64% have not, 30% have, 5% blank and 1% said maybe
5	Do you currently smoke daily, occasionally or not at all?	21% Smoke Daily 19% Smoke Occasionally 60% Don't Smoke at all	2% Smoke Daily 15% Smoke Occasionally 84% Don't smoke at all	2% Smoke Daily 15%-Occasionally 77% Don't smoke at all 6% no answer
6	How many years have you smoked daily?	Average length of time smoked: 13years	Average length of time smoked: 8 years	Average length of time smoked: 10 years
7	If you have quit smoking, how did you quit?	69% Cold Turkey 11% Freedom From Smoking 8% Medication 15% other-self control, scent of a dead smoker, realized it was not good for health, kids, no interest, family	80% Cold Turkey 4% FFS 8% people (kid/GF) 4% Nicoderm	70% left blank 29% who took survey were once smokers who quit 69% quit cold turkey 10% quit with the Isleta Health Center's Freedom From Smoking Program 3% quit with medications 3% quit due to pregnancy 5% quit with other
8	Does anyone, besides you, smoke in your house?	18% Yes and 82% No	27% Yes and 73% No	19% Yes and 81% No
9	Do you think the smoke from other people's cigarettes is harmful?	definitely yes 74%	definitely yes 78%	definitely Yes 82%
9	Do you think the smoke from other people's cigarettes is harmful?	probably yes 15%	probably yes 11%	probably Yes 15%
9	Do you think the smoke from other people's cigarettes is harmful?	definitely not 6%	definitely not 7%	definitely not 1%
9	Do you think the smoke from other people's cigarettes is harmful?	probably not 5%	probably not 4%	Probably not 2% 6% didn't answer
10	Before today, were you aware of the Isleta Health Center's Freedom From Smoking program?			61% yes 39% no 9% blank

Isleta Behavioral Health:

What to do when they are out of control?

Dealing with a family member with an addiction is exhausting, confusing and frustrating. Sometimes it is hard to know how to help. It is often unclear if you are actually helping or hurting (enabling) your loved one. Is it better to just cut off the family for good? Don't they need to hit bottom before they get help. Navigating these decisions is so difficult that family members will often suffer from depression, high blood pressure and other stress related issues. However, there is help out there.

CRAFT is a relatively new approach to helping families intervene in the lives of a loved one with an addiction. Unlike the Interventions seen on TV, CRAFT is non-confrontational, positive, supportive and gradual. On the TV show Intervention a family is trained in how to effectively confront their loved one during a "surprise party". CRAFT takes a much more gradual approach in that the idea to enter treatment will usually come from the addict, rather than the family. This can greatly improve the addict's follow through rate with treatment and keeps the addict and the family on the same team. Perhaps the most dramatic difference between an Intervention and CRAFT is the success rate. In scientific studies the Intervention method had a 30% rate of getting addicts into treatment, while CRAFT had a 70% success rate.

In Isleta CRAFT has been used for the past three years with excellent results. So far, it has been done in private, individual counseling sessions at Isleta Behavioral Health. However, starting in July of this year, confidential CRAFT groups have been offered. These groups combine instruction in communication skills, positive reinforcement and self care in a supportive atmosphere.

If you would like more information on CRAFT please call or email Brian Serna at IBHS. He can be reached at 505-869-5477 or briserna@yahoo.com

CHECK YOUR SKIN ONCE A MONTH FOR:

- A sore that doesn't heal
- A growth you haven't noticed before
- Change in the border of a spot: spread of color, redness or swelling into surrounding skin
- Itchiness, tenderness or pain from a mole
- Change in sensation (painful, tender)
- A brown or black colored spot with uneven margins or a new mole
- A small, smooth, shiny, pale or waxy lump that may bleed
- Large areas with oozing or crust
- A flat red spot or a lump that is scaly or crusty

When looking at a mole, remember the ABCDE Rule:

Asymmetry

Border irregularity

Color that is not uniform

Diameter greater than 6mm

(about the size of a pencil eraser)

Evolving size, shape or color



REDUCE YOUR RISK

Get Smart. Get Fit. Get Checked.

Isleta Health Center, Health Educator:

Stephanie Barela 869-4479

(Information from the "Guide to Preventable Cancers")

The key to leading a long healthy life is to get smart, get fit and get checked! We can all play a part in reducing our risk for cancer by choosing a healthy lifestyle that avoids commercial tobacco and includes healthy food choices, exercise, and protection against too much sun, moderate alcohol consumption and regular cancer screenings. Learn about ways to PREVENT OR REDUCE YOUR RISK FOR CANCER in this section in the Newsletter and come to the Isleta Cancer Education and Support Meeting, which are the 2nd Tuesday of the Month from 10:30-noon at the Isleta Health Center.

SKIN CANCER

Skin Cancer is the most common and most preventable of cancers. Most skin cancers are caused from exposure to the sun's ultraviolet (UV) radiation. Too much sun can lead to dangers, such as this. Anyone can develop skin cancer, so it is important for us all to prevent it. Even though it is less likely for a Native American to develop skin cancer, there is still a risk and because of that, it is important to do what you can to prevent it. Although too much sun can be dangerous, not enough sun can also be unhealthy. Vitamin D is made in the skin from sunlight and is helpful in dramatically reducing chances of cancer, reducing chances of heart disease, fighting against osteoporosis, increasing the immune system, reducing depression and acne, as well as reducing chances of getting Alzheimer's, increasing weight loss, preventing pathological muscle weakness and combatting type II diabetes. Just 15 minutes a day, 3 times a week of sun exposure will help receive this benefit.

RISK FACTORS

- People who have excessive exposure to ultraviolet light (usually from the sun, but also tanning lamps/booths)
- People who smoke (to quit smoking sign up for Isleta Freedom From Smoking, starting 9/10/12 at 5:30 at the Rec)
- People who have blond, red or light brown hair and blue, gray or green eyes
- People with fair skin or freckles, or whose skin burns easily
- People with a personal or family history of skin cancer
- People with weakened immune systems, had organ transplants or who take immunosuppressive drugs
- People who are exposed to radiation
- People who have several moles on their bodies, especially since birth, or who have unusual moles
- People who have one or more large pigmented spots
- People whose drinking water contains arsenic

RISK REDUCUTION AND EARLY DETECTION

- Avoid sun exposure between 10am and 4pm.
- Always wear sun screen with UVB and UVA exposure protective chemicals and with SPF 15 or higher, even on cloudy days.
- Apply sun screen at least 20 minutes before going outside and reapply every 2 hrs.
- Wear sunglasses treated to absorb ultraviolet (UV) radiation, use a lip balm with SPF 15 or higher, and wear tight weaved clothing with long sleeves and a wide-brimmed hat.
- Have a routine whole-body skin check by a health care provider once a year.

TREATMENT

Treatment options vary, depending on the stage of the cancer and the type of skin cancer.

- Surgery, radiation or various chemotherapies, immunotherapy (for melanoma skin cancer) and Photodynamic therapy (for non-melanoma skin cancer)

**SUPPORT THE HEALTH OF YOUR FAMILY.
EDUCATE YOURSELF ON CANCER
AND REDUCE YOUR RISK.**

Notice to Contract Health Services patients! We need your help!

The Isleta CHS office has been recently advised by several of our outside medical providers of the following change:

- √ They will be sending medical bills directly to our patients.
- √ They will not be sending claims to CHS for payment processing, regardless of whether you have presented an approved referral at the time of appointment.
- √ This involves all patients with an approved referral which states that the Isleta CHS is your primary or secondary payor.

What this means to you:

- o If you receive an approved referral for medical services outside of our clinic, you may receive a medical bill for the services.
- o You are responsible for bringing the bill for the services to Contract Health Service as soon as you receive them.
- o We do not want the providers to send overdue medical bills to collections, as this will affect your credit rating.

If you do not promptly bring the medical bills to our office for payment processing:

Payment will not be made or maybe delayed and it may negatively affect your credit rating!

Please, do not delay in bringing these medical bills to our office. We want to process the appropriate payments to the medical providers quickly and efficiently, but we need your help in order to accomplish this!

**For more information,
please call Contract Health Services at:
Richard Lucero 869-4397
Jenny Davis 869-4488**

WIC NOTES

World Breastfeeding Week

Along with the rest of the world, Isleta WIC celebrates World Breastfeeding Week every August. This year our focus is to bring attention to Isleta's **Workplace Breastfeeding Policy #703**. The policy states: *The Pueblo of Isleta recognizes the importance of breastfeeding and supports accommodation of mothers who choose to continue breastfeeding, nursing or expressing milk after their return to work.*

The policy goes on to state: *The department will make reasonable effort to provide a clean lockable private room. If no space is available the Department Head will contact the Human Resources Director to discuss an alternative place to accommodate their breastfeeding employee. The WIC office is one of the alternative locations where breastfeeding mothers, working at the Pueblo, may come to nurse their baby or express their breast milk.*

Mark your calendars for Wednesday August 29th. In recognition of World Breastfeeding Week, WIC will be sending out an invitation to Department Heads and their employees to join us at the WIC office for food and conversation. So stay tuned.

What's New in Breastfeeding?

Results of a recent study show a strong correlation between the length of time a woman breastfeeds and how much body fat she will have later in life. The researchers concluded that, on average, for every 6 months a woman breastfeeds she will have a 1-2% decrease in body fat even extending into her 50's and 60's. Even more reason for mothers to make the natural choice to breastfeed.

Heidi Lanes
WIC Nutrition Coordinator

FRUITS AND VEGGIES

There's a huge variety of fresh produce available during the summer and it's not too late to get started! Aside from being delicious, low calorie and full of vitamins, minerals and fiber, eating 5 or more servings a day may help protect you from chronic diseases, including stroke, heart disease and certain cancers.

SAVE TIME & MONEY!

► Pick ones that require little peeling or chopping-- ready to grab when tempted to snack on something less healthy.

► Buy "in season" when less expensive, store properly & freeze or can excess.

► Make vegetable based one-pot meals using beans or smaller amounts of meat.

► Grab & go! Make a fruit roll-up with whole wheat tortilla, thin spread of peanut butter & add your favorite fruit.

TRY THESE SUPER SNACKS WITH A TWIST:

1 MINUTE BANANA SPLIT

Cut a banana lengthwise & place in a dish. Top with 1 or 2 scoops of vanilla or lemon frozen yogurt, strawberries, crushed pineapple & non-dairy whipped cream

TORTILLA TREATS

Bake tortillas until lightly browned, about 5 minutes. Top with a mixture of low-fat cream cheese, honey or sweetener, raisins and chopped apples; sprinkle with cinnamon sugar (sweetener)

CRAZY CURRY VEGETABLE DIP

Mix in a bowl, plain low-fat yogurt, a little low-fat ranch dressing, some shredded carrots, minced green onions, pinch of sugar, and dash of curry powder. Taste & chill. Thread a colorful variety of veggies on skewers & serve with dip.

THE 45-SECOND FRUIT SALAD SNACK

Stir together mandarin oranges, a sliced banana, cut-up apple & a few frozen blueberries for a colorful, refreshing, fast salad or snack!

Diabetes Prevention Programs
Pueblo of Isleta



E-WASTE COLLECTION

You can drop off your Electronic Wastes at
Isleta Health Center Parking Lot
Saturday, August 25, 2012 9:00 AM - 2:00 PM



What you can bring:
You are able to recycle almost anything with a plug or batteries. Computers Monitors, Printers, Scanners, Copiers, Televisions, VCRs/DVD players, Stereos, Medical Equipment, Testing equipment, Telecommunications Equipment, Cell Phones and Pagers Batteries Handhelds (including PDAs and iPods) Cables and Wires Fluorescent Lighting



Loose electronics parts will be accepted. If your equipment is not on this list, please call to see if we can recycle it!

For more info please contact Jennie Olguin at (505) 766-6658
Or Sage Deon at (505) 692-8181

Hosted by Pueblo of Isleta Public Works
& Eight Northern Indian Pueblos Council Office of Environmental Technical Assistance



WIC NOTES

WIC will roll out its new food package and its new electronic card benefits card this fall.

Here is an overview of some of the foods WIC participants will receive: Whole Grains, Fruit and Vegetables and Infant food.

Fresh, Frozen and Canned Fruits and Vegetables.

Most fruits and Vegetables are allowed. Here is a list of fruits and vegetables that are not allowed:

- White potatoes (baking, Russet, Red-skinned, Yukon Gold)
- Fresh herbs and spices
- Purchases on salad bars
- Fruits and vegetable baskets,
- Party fruit/vegetable trays
- Peanuts and other nuts
- Bulk dried beans
- Vegetables used as decorations like gourds, baby pumpkins, garlic on a string.

Fruit and Vegetable dollar amounts per month:

Children: \$6.00/month
Pregnant, Partially Breastfeeding, and Postpartum Women: \$8.00/month
Fully Breastfeeding women: \$10.00/month

What if my fruit and vegetable (fresh, frozen or canned) go over the dollar amount allowed on my WIC card?

The checker will let you know if you have gone over the dollar amount allowed. You will have to remove an item(s) to lower the total dollar amount to the amount allowed on your WIC card.

After your WIC purchase is finished, you may purchase the item that was removed with cash, food stamps, or credit card.

If I have more than one family member on WIC will I get a separate card for everyone? No. There will only be one card for all family members.

Whole Grain foods. Many whole grain foods will be allowed:

- Whole Grain Bread- Earth Grains, Mrs. Baird's, Nature's Own, Roman Meal, Oroweat, Pepperidge Farm, Sara Lee
- Corn Tortillas-Any Brand
- Whole Wheat Tortillas-Any Brand
- 100% Brown Rice-Any Brand
- 100% Barley -Any Brand
- 100% Oatmeal-Any Brand (plain, instant or quick)
- Hamburger Buns —Oroweat, Sara Lee, Mrs. Baird's
- No hotdog buns

Foster Families Needed

Be inspired to make a difference in your community!

Isleta Social Services is looking for foster families to provide love and support to Isleta Children

Please call Social Services at 869-2772 for more information.

Isleta Pueblo News



Editor: Ulysses Abeita
Asst. Editor: Beverly Piro
Published By: Valencia Express



Isleta Health Center Calendar

Questions? Call 869-3200

August 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PARENTS: Do you need your child's car seat checked to make sure it is appropriate for your child? How about your child's bike helmet? Call 869-4482 to sign up for the Car Seat Clinic / Bike Helmet Safety event on September 8th from 8:30-10:30am at the Isleta Health Center (parking lot).			1	2 1:30-3pm CRAFT @ Isleta Behavioral Health Call 869-5477	3	4
5	6 Isleta Elementary 1st day of school!	7	8	9	10	11
12	13	14 ICES (Isleta Cancer Education & Support), 10:30am-noon @ Health Center, small conference room.	15	16	17	18
19	20	21	22	23 MEGA DAY Mega Day is for clinic staff and is mandatory training for all Clinic Staff; therefore, the Health Center will be closed until 12pm today.	24	25
26	27	28	29	30	31	Want to QUIT SMOKING? Sign up for <i>Freedom From Smoking!</i> New class starts Sept. 10th, 5:30pm at the Recreation Center! Call 869-4479 or more info.

Don't forget! The POI Head Start program begins on September 5th. Don't wait until the last minute for immunizations, physicals, or medical records requests; see us as soon as possible. The Dental clinic has scheduled fluoride treatments for head start students as well, so look out for the notice from school with the dates of treatment. Thank you!

Freedom From Smoking

Take Back Control of Your Life!

Want to Stop Smoking?

SIGN UP FOR FREEDOM FROM SMOKING STARTS SEPTEMBER 10TH @ 5:30 AT THE ISLETA REC CENTER

Contact Stephanie Barela, Isleta Health Center at 505-869-4479

weekly prizes!

Help from others that are going through the same thing!

Nicotine Replacement Therapy for those clinic patients that attend the weekly sessions!

Sponsored by the Isleta Health Center

WHEN: August 14, 2012
TIME: 10:30am to Noon
PLACE: ISLETA HEALTH CENTER (SMALL CONFERENCE ROOM)
TOPIC: GROUP SUPPORT/COMMUNITY ASSESSMENT

Please contact Stephanie Barela @ 869-4479 if you have questions.

Please join us! Everyone welcome! Please Join Us!

Support the Health of Your Family
Get Educated on Cancer and Reduce Your Risk!