



Isleta Pueblo News

Volume 10 Issue 3

Pueblo of Isleta website: www.isletapueblo.com

March 2015

FROM THE OFFICE OF THE GOVERNOR

MA GU WAM

2015 AMERICAN INDIAN DAY RECEPTION

February 5, 2015 the State of New Mexico Indian Affairs Department hosted the 2015 American Indian Day Reception at the State Convention Center, Santa Fe, NM. The theme for the reception was *“STRENGTHENING OUR YOUTH THE CULTURAL RESILIENCE OF OUR ELDERS TO IMPACT BOTH WORLDS”*.

The reception was attended by approximately 500 New Mexico tribal representatives along with tribal representatives from Ysleta Del Sur (El Paso, Texas) and the Apache Tribe (Fort Sill, Oklahoma). Welcoming remarks were provided by the Honorable Cabinet Secretary–Designate Kelly K. Zunie, NM Indian Affairs Department. Cabinet Secretary Kelly K. Zunie introduced the 2015 American Indian Day Honorees, Dr. Fred Begay, a Navajo Physicist who received many awards for his work in science, science education and public service. Dr. Dave Warren, a Santa Clara Pueblo Scholar and Historian. Dr. Warren continues to leave an imprint on society by actively advocating for the preservation of tribal languages and cultures both nationally and internationally. The Pueblo of Isleta was represented by Governor Eddie P. Torres, 1st Lt. Antonio Chewiwi and 2nd Lt. Isidor Abeita.

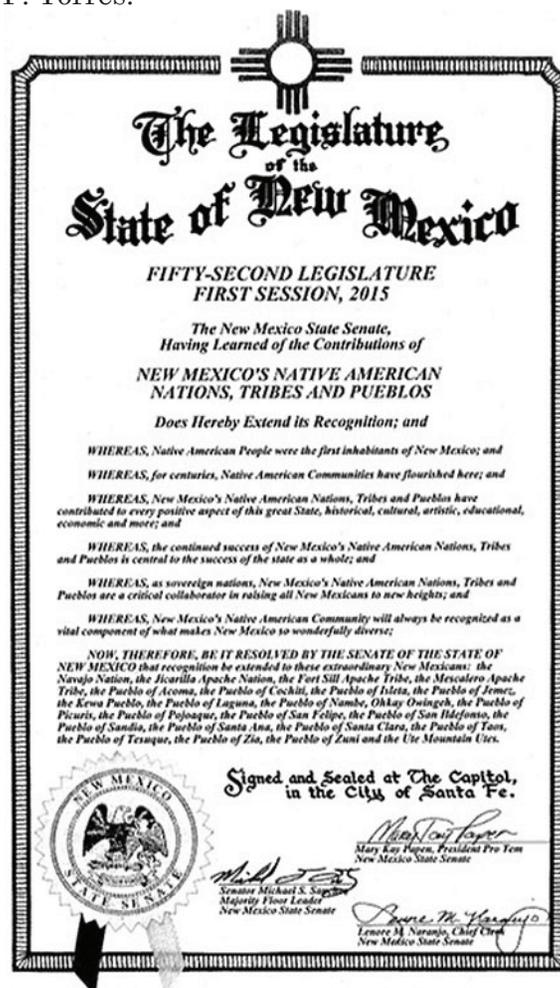
INDIAN DAY AT THE NEW MEXICO STATE LEGISLATURE

February 6, 2015, the 2015 American Indian Day at the New Mexico State Legislature was held in the rotunda at the State Capital. Honorable Cabinet Secretary – Designate Kelly K. Zunie, Indian Affairs Department provided the welcome address and the reading of the American Indian Day Proclamation. Honorable Governor E. Paul Torres, Isleta Pueblo addressed the attendees on the importance of supporting our youth in their pursuit of their education and preservation of our culture and traditions. Indian Day at the New Mexico State Legislature was attended Governor Eddie P. Torres, 1st Lt. Antonio Chewiwi, 2nd. Lt Isidor Abeita, Elders from the Elderly Center and members of the Tribal Council.

THE LEGISLATURE OF THE STATE OF NEW MEXICO 52nd Legislature First Session 2015

February 11, 2015, Governor Eddie P. Torres made a special presentation before the New Mexico State Senate to bring the concerns of the Pueblos to the attention of the members of the Legislature. Michael S. Sanchez, senate Majority Floor Leader emphasized the importance of maintaining open and direct communication so that the needs of

Indian communities are given the proper respect and consideration. Senator Sanchez applauded Governor Torres on his input on issues affecting both governments which is invaluable to the legislature’s decision-making. Attached is the proclamation acknowledging the contributions of New Mexico’s Native American Nations, Tribes and Pueblos presented to Governor Eddie P. Torres.



HOUSE BILL UPDATES

The New Mexico Legislature is currently in a sixty (60) day session beginning on January 20th. Below are some bills that may be of interest to the community. Governor Eddie P. Torres is working closely with our lobbyist and House and Senate representatives to ensure that the Pueblo’s interests and concerns are being expressed to the New Mexico Legislature throughout this session.

House Bill 150 (HB 150) creates a new section of the New Mexico Election Code that allows a qualified elector who is not registered to vote or needs to update the qualified elector’s existing certificate of registration to register and cast a ballot at an early voting site for a primary or general election in the county in which the qualified elector resides. The qualified elector must present a physical form of identification to the county clerk or the clerk’s authorized representative, complete a certificate of registration form that is entered into the statewide electronic voter file, and sign an application to vote. If there is no real-time access to enter the registration form into

the statewide electronic system, the county clerk or the clerk’s authorized representative will issue to the otherwise qualified elector a provisional ballot. This bill relates to the State of New Mexico elections and does not relate to general and special elections of tribal officials on the Pueblo.

House Bill 280 (HB 280) relates to higher education and Native American Social Work Studies and creates the “Native American Social Work Studies Institute” at New Mexico Highlands University, Albuquerque campus. The institute will develop a Native American core sequence of social work courses.

House Bill 576 (HB 576) makes an appropriation of \$900,000 from the New Mexico General Fund to the Indian affairs department for expenditure in fiscal year 2016 to support the establishment of asset development opportunities for the state’s Native American population.

Senate Bill 2 (SB02) makes an appropriation to the Tribal College Dual Credit Program Fund as compensation for participation in the program, due to waiver of tuition and fees by the tribal colleges. SB02 appropriates \$500,000 from the New Mexico General Fund to the tribal colleges of New Mexico for expenditure in Fiscal Year 2016 as compensation for forgone revenue due to program participation.

Senate Bill 17 (SB 17) allows for the State of New Mexico to enter into contracts with the Fort Sill Apache Tribe. SB 17 allows the Secretary of the Taxation and Revenue Department to enter into contracts with the Fort Sill Apache Tribe for the exchange of information and the reciprocal, joint or common enforcement administration, collection, remittance and audit of tax revenues of the party jurisdictions. It gives the Secretary authority to establish rules and procedures around the collection and distribution of funds owed to and from the Tribe. The bill was tabled in the Senate Indian Affairs Committee.

Senate Bill 287 (SB 287) makes an appropriation for expenditure in Fiscal Year 2016 of \$500,000 from the New Mexico General Fund to the Indian Affairs Department to create a Native American self-help home construction pilot project.

Senate Bill 483 (SB 483) creates the “NM Federal Land Management Study Commission”. The Commission will conduct a study and report its final findings and recommendations to the Legislative Finance Committee and the appropriate Legislative Interim Committees by December 31, 2016.

(Continued on next page)

The Commission is to meet regularly to study options for the transfer of federal lands to the state; options for the transfer of state and federal lands to the Indian Nations, tribes and pueblos of the state; options for the transfer of state and federal lands to the state's land grants; and possible land exchanges between the state and the federal government. SB 483 states that the Commission is called to take testimony from representatives from diverse groups, which includes environmental organizations, farmers, hunting and fishing organizations, ranchers and outdoor sporting organizations. The Secretary of Indian Affairs is requested to consult with representatives of the Indian Nations, tribes and pueblos to determine if any state and federal lands should be included in the NM Federal Land Management Study Commission's discussions.

NEW ELDERLY & ASSISTED LIVING FACILITY

We are getting closer to the completion of the new Elder Center & Assisted Living Facility and have anxiously started planning for the Grand Opening/Ribbon Cutting scheduled for Saturday, May 23, 2015. On that date both buildings will be open to the public to take tours of this great investment the community has made for our Elders. There will be various speakers, food, and entertainment. Invitations will be extended out to our tribal community members and to other tribal and political leaders. We are very proud of this achievement and welcome all our community members to come together to celebrate and honor our Elders.

A tentative date of July 1, 2015 has been set for the admission of our first residents on our temporary state license. For more information in regards to the admission or licensing process, please attend the next Assisted Living Meeting to be held on Wednesday, March 25, 2015 @ 6pm in the Governor's Office (village) Conference Room or you may contact: Natalie A. Abeita, Administrator (505) 869-5560.

"Honor Our Elders for they have the Wisdom to teach what we have not yet learned..."

PUEBLO OF ISLETA / VALENCIA CO. BOUNDARY ISSUE

On January 14, 2015, after 60 years of tension and negotiation, the Valencia County Board of Commissioners unanimously voted in favor of an agreement between our two governments related to the Pueblo of Isleta's efforts to consolidate its southern boundary in the Meadow Lake area. The passage of the agreement brings nearly 60 years of negotiating to an amicable end that ensures both governments are working in the best interests of the public.

Many of you have read articles in the paper or heard your friends and neighbors discuss this issue. With this letter, I hope to explain the Pueblo of Isleta's position on the matter. The area in question is an approximate four mile section of Meadow Lake Road (also known as Fence Line Road) which begins at La Ladera Road in Peralta and ends near

Christina Road in Meadow Lake.

U.S. government records indicate that Pueblo officials first began asking for this issue to be resolved nearly 60 years ago.

A) After a site visit in 1957 a government realty officer sent a memo with the following statement, "It appears that the Isleta Pueblo has title to the 25 feet south of the present government fence."

B) In 1962 there was another site visit, this time Pueblo of Isleta officials and a local rancher accompanied government officials. Afterwards, it was determined that:

- "The rancher got permission to use the land about 1935 and that permission was granted by the pueblo out of "neighborliness."

- "Approximately two miles of new road is now in place that has been being used for 2 years. Pueblo officials never granted permission for the development or construction of this road."

- "It is the desire of the Pueblo to construct a fence on the true boundary line that would eliminate the road"

C) A 1979 letter to the BIA's Southern Pueblos Agency acknowledges that a possible "trespass" situation exists.

D) Two years later, a memo from the Bureau of Indian Affairs to the state director at the Bureau of Land Management states that the "1977-'78 independent resurvey was not established on the true south boundary of the Grant but along an existing fence on the north side of a road which places it at a distance of 25 feet north of the true boundary." The memo goes on to request a review and resurvey which further states that "the Pueblo of Isleta has title to the 25 feet lying south of the government fence."

E) Between 1994 and 2007, at least four letters were sent from the Pueblo of Isleta to the federal government alerting authorities that the boundary issue is still not resolved.

F) In December 2009, Valencia County officially acknowledged that "there is an issue with the alignment on the fence that marks the Pueblo of Isleta's southern boundary." A letter from County Manager Eric Zamora to the Isleta Pueblo Governor informs him that the county, as well as nearby residents, "have been reviewing the possibility of closing Mesa Estates Road and have determined that there is an issue with the alignment of the fence that marks the tribe's southern boundary." Zamora also asks for the Pueblo of Isleta's position and offered to make himself available to speak to Tribal Council if needed.

G) The Governor responded a few months later in 2010 stating that the tribe "wishes to wait for the results of a new boundary survey. Once this is completed, the tribe will advise the county of its position."

There have been no less than 5 site visits by U.S. government officials to inspect the boundary and each time the visits confirmed that the existing fence is 25-foot inside boundary. What that means is that

the true reservation boundary should be 25-foot further south. No government entity – federal, state or local – disputes this. The Pueblo of Isleta has simply been asking that an error was made when workers first constructed the reservation fence to be corrected and this agreement does that.

It is our belief that moving the existing boundary is also intended to address a myriad of problems – illegal dumping of everything from household waste to hazardous materials to methamphetamine production; abandoned stolen vehicles; fence destruction; graffiti; vandalism and killing of cattle in the area owned by Pueblo of Isleta ranchers.

Now that Valencia County Commissioners have passed the agreement, it is now time to implement the agreement. Within a few months, once BIA has secured adequate funding, a crew will begin tearing down the existing fence and moving it to the true boundary, 25 feet south. Seven homes have been identified whose access will be blocked once the new fence is built. Recognizing that this would create hardships for those residents, and in an effort to be good neighbors, the Pueblo of Isleta first informed the county of its intentions to construct the fence back in 2013, to give the County enough time to take adequate measures to prevent these residents from being landlocked.

The Governor's Office wishes to thank the many Pueblo of Isleta staff members that have dedicated time and effort to achieve this long-anticipated settlement.

(Continued on next page)

IMPORTANT NOTICE PUBLIC MEETING

Wednesday, March 4, 2015 @ 5:00 pm
@ Isleta Golf Course –
Eagle I Meeting Room

RE: NM 314 /NM 45 & NM 317
Location Study

FOR QUESTIONS PLEASE CALL Kathy
Trujillo @ 505-869-9683

Note: 3 FINAL ROADWAY ALIGNMENT
ALTERNATIVES
WILL BE DISCUSSED

Isleta Pueblo News



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Published By:

Valencia Express

**PUBLIC SERVICES DEPARTMENT
PROJECT UPDATES**

**ST. AUGUSTINE PARISH OFFICES
AND CLASSROOMS**

- ATKIN, OLSHIN, SCHADE ARCHITECTS, INC.
- > ARCHITECT OF RECORD
- > CURRENTLY IN THE DESIGN DEVELOPMENT PHASE
- PARISH OFFICE BUILDING
- > ASBESTOS ON ROOF HAS BEEN REMOVED BY A LICENSED CONTRACTOR
- > BUILDING HAS BEEN DEMOLISHED
- > WINE CELLAR IN THE PROCESS OF BEING FILLED
- COMPACTION TESTING, 95% @ 6" LIFTS
- DEMOLISH PARISH OFFICE BUILDING (NORTH), CARPORT & PORTIONS OF THE CLASSROOMS
- SOUTHERN SCHOOL BUILDING TO BE DEMOLISHED DURING CONSTRUCTION
- ARCHITECT'S CONSTRUCTION ESTIMATE BASED ON SCHEMATIC DESIGN ONLY:

ONCE WE RECEIVE A CONSTRUCTION ESTIMATE WE CAN SEE WHERE WE ARE IN TERMS OF THE BUDGET



OLD HEADSTART RENOVATION PROJECT

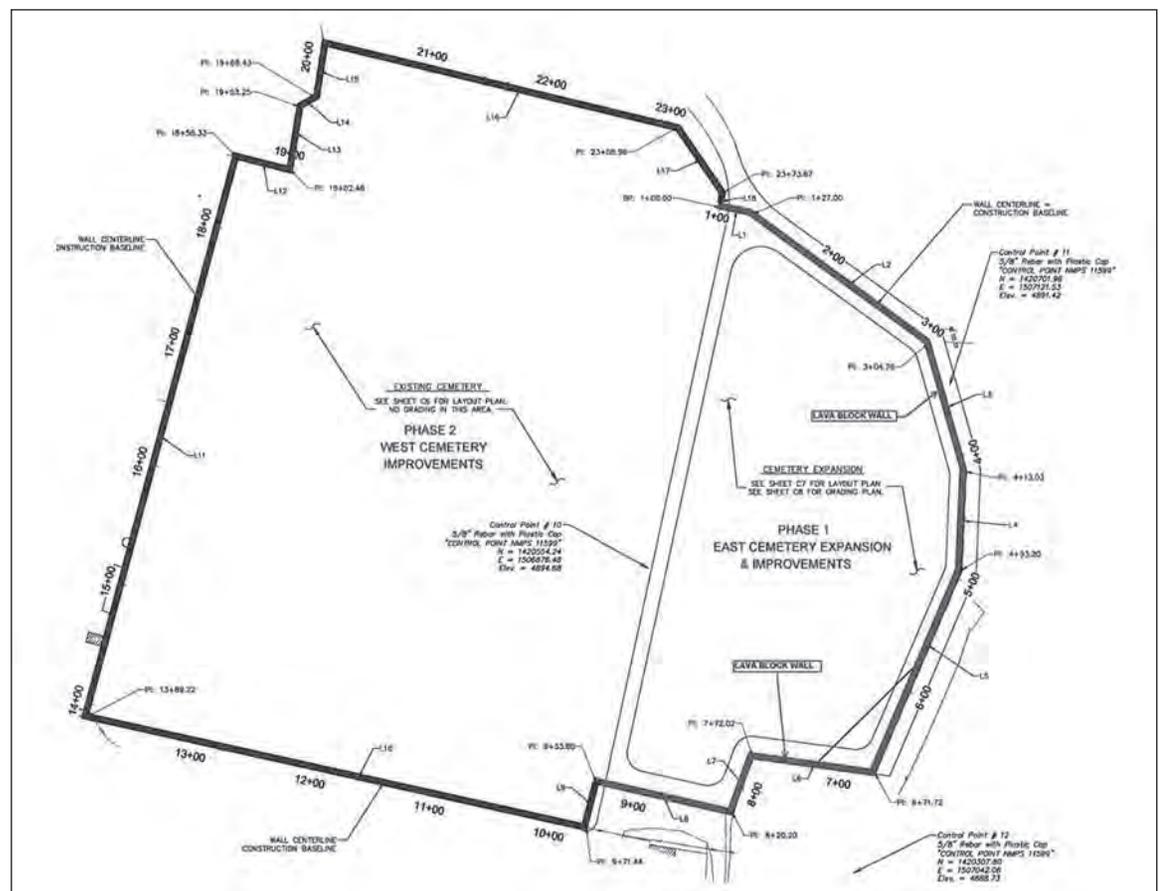
- INTENDED USE: RECEPTION HALL
- DEMO ADDITIONS TO THE ORIGINAL BUILDING
- CONSTRUCT ADDITION WITH ADA COMPLIANT BATHROOMS, KITCHEN, AND STORAGE ROOM

CEMETERY EXPANSION PROJECT

- 2 PHASES
- CONSTRUCT LAVA BLOCK WALL AROUND ENTIRE PROPERTY
- PHASE 1 IS CURRENTLY UNDER CONSTRUCTION (AREA IN RED)

**Message from Governor
Eddie Paul Torres**

First and foremost, let us give Thanks to our Creator, Mother Earth for guiding our daily life's to live in peace and harmony with one another and be thankful for blessing us with rain to help all living things flourish. Let us remember our dearly departed brothers and sisters in our prayers and hold in our hearts their fond memories. May the Great Spirit always guide you and look over each one of you.



PROBATE NEWS

SECOND NOTICE – A petition to Probate the Estate of John Paul Abeita, deceased March 18, 2011, Case No. CV-PR-0265-2011, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted. A hearing in the matter has been scheduled for **Tuesday, March 17, 2015.**

Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A. Albuquerque, NM. If you have any questions, please call the Isleta Tribal Courts Clerk at (505) 869-9699.

SECOND NOTICE – A petition to Probate the Estate of Ronnie Lente, Case No. CV-PR-0112-2014, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate is hereby requested to notify the Pueblo of Isleta Tribal Court Clerk within thirty (30) days of this notice being posted. A hearing in the matter has been scheduled for **Tuesday, November 18, 2014.**

Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A. Albuquerque, NM. If you have any questions, please call the Isleta Tribal Courts Clerk at (505) 869-9699.



L to R: Ray Jojola - Sheriff, Antonio Chewiwí - Lt. Governor, Edward Paul Torres - Governor, Isidor Abeita - Lt. Governor, Benedict Piro - Sheriff



Back Row (L to R) Benedict Piro - Sheriff, Nathan Carpio - Twei Wihlawe, Ray Jojola - Sheriff, Isidor Abeita - 2nd Lt. Governor, Joe Lucero - Twei Wihlawe, Antonio Chewiwí - Lt. Governor, Randy Jiron - Shifun Wihlawe, Eddie Paul Torres - Governor, Mickey Keryte, Pat Olguin, & Ray Jojola - Bir Wihlawen

Front Row (L to R) Faron Chewiwí, Ruben Lucero & Norman Jojola - Twei Wihlawen

Thank you letter to the Isleta Police Department and the Bureau of Indian Affairs

Many officers were involved apprehending the people that broke into our home on the afternoon of January 28, 2015. We don't know the names of the officers that were involved; therefore, this letter will serve as the official THANK YOU. Most importantly, we wish to thank our neighbor whom did not turn his back and chose to help by providing the officers with all the necessary information which lead to apprehension of the people. Great work protecting and serving the Isleta community. God's blessings are with all of you, may St. Michael, patron saint of police officers, be with you each and every day to keep you out of harm's way. Once again, Thank you.

The Abeita Family

Isleta Tribal Court's NEW Webpage

Isleta Tribal Court is happy to announce that we now have a webpage with information that will answer most if not all of your court questions. There are also many forms to download for filing petitions, motions and other documents.

Save yourself a call or a trip to the Court by viewing our webpage at <http://www.isletapueblo.com/tribal-court.html>. As always you may call the Court with any questions at (505) 869-9699.

LETTER FROM THE EDITOR

Deadline for April Newsletter articles is set for Thursday, March 26th at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

Newsletters may be found at the sixteen distribution locations mentioned below. Remember, Digital copies of the Newsletters may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Receptionist Desk
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreational Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch window
- 10) Tribal Service Complex: Tribal Courts window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 and Tribal Road 84: Blue Box (see picture for example)



Newsletter Blue Boxes mentioned in above paragraph

Probate News: Since Probates are a court and legal matter where spelling and information is highly critical, it is best that the family members submitting the Probate notice take the time to write the notice. Remember, it is the petitioner's responsibility to provide all information to the Isleta Newsletter. The Newsletter staff and Valencia Press should not be expected to write your article as we know nothing of the Probate Case. For questions regarding Probates, please call the Tribal Courts at 505.869.9699. Thank you for understanding.

For more information about restocking newsletters and newsletter articles, please call the Pueblo of Isleta Public Library at 505.869.9808.

Update on the Pueblo of Isleta Elementary School

“Remember when the school was the center of our community? Everyone would meet there, talk about school and about what was going on in the village.” [Paraphrased from one of our Religious Leaders at the First Parent/Community Meeting, November 24, 2014]. We can make this happen again! But, we can't do it alone ... we need your help and input.

The Isleta Elementary School Transition Team (IESTT) is moving forward and continuing to work hard at making your Pueblo of Isleta (POI) Elementary School a place where our children can learn—not just Reading and Math—but also our language and culture! Please see our web page on the Pueblo of Isleta web site (<http://www.isletapueblo.com/poi-elementaryschool.html>).

The Educational Program Administrator (EPA), Principal and Governing Board positions have been advertised and we are getting some highly qualified applicants! Our plan is to have the EPA on board and working by the end of March. Then soon after, the Principal, the Governing Board and then the Teachers and school staff! What an exciting time for the Pueblo of Isleta!

So, what exactly does it mean that our school is now a “Trially Controlled Grant School?” Who will make all the decisions for the school? How will the school be different than it is now? Will the BIE still have control of how things are done at the school?

The answers to these questions and more will all be answered at our next community meeting. We will be having another community meeting in March—so please look for the flyers and announcements. Everyone is welcome to come and ask your questions, share your thoughts and ideas. But most of all, come and help make this the center of our community again!

Herkem and Ha-wu!

Register Now!

FREE NM VETERANS' BUSINESS CONFERENCE



Sheraton Albuquerque Uptown
2600 Louisiana Blvd. NE
Albuquerque, New Mexico
Military Hotel Rates for Attendees

March 20, 2015
7:30am – 6:30pm




For... **VETERAN BUSINESS OWNERS AND SPOUSES**
VETERANS STARTING-UP A NEW BUSINESS
VETERANS EXPLORING BUSINESS OWNERSHIP

- Business Opportunities in New Mexico
- Doing Business with the Government
- Where's the Money? How Does a Vet Qualify?
- Going International
- Doing Business with National Labs
- All About Franchising
- Using Social Media: Marketing for Success

...and Much More

For more information and **To Register** go to www.nmvboc.org



Sponsors:



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Native American Literature Symposium

Isleta Resort & Casino Conference Center
March 12-14, 2015

Isleta Community Members are welcome to drop in for Panel Discussions, Readings & Sessions and visit Vendor Tables Featuring Art & Books By Native Artists, Writers And Scholars.

The Native American Literature Symposium is organized by an independent group of Indigenous scholars committed to making a place where Native voices can be heard. Since 2001, we have brought together some of the most influential voices in Native America to share our stories—in art, prose, poetry, religion, history, politics, music, philosophy, and science—from our worldview.

Many Voices, One Center
www.mnsu.edu/nativelit

Parks & Recreation

As we approach March 2015 it's hard to believe that our Winter Sports Program, Youth Basketball and Adult Volleyball are now coming to an end. It is important to note that the Elders have been busy utilizing the gymnasium in preparation for the up-coming Senior Olympics. Many of the Elders have been busy taking advantage of the Line Dancing Classes held in the gymnasium and Aqua-Zumba Classes which are held every Tuesday and Thursday at 1:00 p.m. As an added incentive to getting in shape, Patricia Lucero our volunteer Aqua Zumba instructor has started in recent days a Zumba Chair class for those whose mobility is somewhat restricted. The Native American Community Academy High School has played several basketball games here in our gymnasium with the last home game against Estancia High School held on February 17th. It was billed as Senior Night for those who will be graduating this May 2015. Two of our very own Tribal members Rhiannon Jojola and Leandra Abeita were honored on this particular night.

Youth Basketball

As we approach March Madness our youth basketball program is starting to wind down. Our youth will be involved in a couple of tournaments that will be hosted by Jemez Pueblo. Because of the number of activities taking place (Volleyball, NACA basketball) our youth have been limited on practice time, but Girls Coach Jonathan Lente has improvised and taken them outdoors and also some weekends as well. Although our teams have lost



several games, I being a former Basketball player and coach can honestly say our teams' skill level are more fundamentally sound then the teams we have played. Bottom line is our coaches have been teaching our children the basics like: passing, pivoting, shooting proper lay-ups etc which in the future will pay dividends for those who take up to the next level in mid-school and or high school level of play. The three (3) pictures are of 1.The 5 & 6th grade girls teams coached by Jonathan Lente and assisted by James Chavarillo. The 2nd is of the 5th and 6th grade boys with Coach John Matt Jojola giving instruction to his players and the 3rd is of an action shot against To'hajillee.

Elder's Program

Since the hiring of former Parks & Recreation employee via Diabetes Program Eugene (Shoobie) Jojola to the Elder's program, activity for those seniors have really taken a new meaning. Shoobie is really pushing those Elders to get more involved and active and has arranged to use the gym more for preparation for the up-coming Senior Olympics. He has also started a Line-Dancing Class in the gym and, of course our Aqua Zumba and Zumba Chair classes are continuing with our volunteer instructor Patricia Lucero, who is doing an outstanding job. It's really been great to see our Elders more involved and enjoying the Recreation facilities. Don't forget, the Senior Olympics will be hosted by the New Rec. Center on the weeks of March 16th through March 27th, 2015. It is your chance to qualify for the up-coming State Senior Olympics this coming summer. Pictured are 3 of the Zumba Chair class taking place, and the other 3 are of the Line Dancing being held in the gymnasium.



Native American Community Academy Basketball

For the month of February we have been the host site for the NACA Basketball program utilizing our Pueblo of Isleta as their home gym. They have played both Jr. Varsity and Varsity Boys & Girls games here against Laguna/Acoma, Cuba, and on their final night February 17th against Estancia High Bears. On this final night it was billed as "Senior Night" as those athletes in Volleyball and Basketball were honored along with their parents. Two of our very own Pueblo of Isleta Tribal members were honored. The first was Rhiannon Jojola, the lone Senior on her Volleyball team who her coach Brittany Tabor said; "not only was she an inspiration to those younger players but a true leader who set the bar so high that those players really have something to strive for in future years". Rhiannon has been accepted and will be attending John Cabot University in Rome, Italy. The 2nd picture is of Leandra Jojola who was one of several seniors on her team, but whose coach Zane Rosette said "she was such a pleasure to coach and is a true leader serving as the captain of her team". Leandra just recently got accepted and will be attending New Mexico State University in Las Cruces, New Mexico. **Congratulations to both of you. You are truly an inspiration for those to follow in the future.**



Arts/Crafts Program

In honor of our recent Valentine's Day, Saturday, February 14th our three Nanas (Abenita, Gloria, and Marie) who head up our Arts/Crafts program made over 30 special Valentines bouquets that had a beautiful balloon, candy and cookies in a beautiful vase delivered to many of our home-bound elders through-out our Pueblo of Isleta. Many of those who received them were so excited and as the three Nanas said: "that surprised look on their faces when we delivered to them, made it all the more worth. Even one of our elders cried with joy". And of course they also made some of them for the children and staff. **Thanks Nanas for going over and beyond the call of duty. Pictured are the 3 Nana's with those beautiful bouquets.**



2015 4 Corners Weightlifting Challenge



This past month our very own Pueblo of Isleta Tribal Member Amy Jiron competed on the 2015 4 Corners Weightlifting Challenge in Shiprock, New Mexico. Amy was successful in bringing home top honors (1st place) in the Dead-lift and Squats for those contestants in the 140 lbs and below category. In the squats, she lifted 230 lbs. and in the dead-lift she lifted 275 lbs. Prior to departing for this challenge she called and asked for a Parks & Recreation shirt from the Pueblo of Isleta so she could really stand out as she proudly represented

her Pueblo. **Congratulations Amy,** you have really taken the sport to new heights. Pictured is Amy Jiron as she proudly displays her awards of a plaque, two certificates and medals. Incidentally, she has donated her awards to be displayed in our trophy case at the New Rec. Center.

Summer Hires

Those young adults who are 16 years and older who are interested in working for the Parks and Recreation Department the job postings should be out in early March, 2015. Please make sure you make contact with our Human Resources Department and put your application in. These jobs will be for the summer working with the children in our community.

April is Pueblo of Isleta's 17th Annual Child Abuse Prevention & Awareness Month!

Please join the community in celebrating the Pueblo of Isleta's 17th Annual Child Abuse Prevention & Awareness Month! Throughout the entire month of April there will be various recreational and educational events for the whole family and children of all ages to enjoy. Events will be focused on raising awareness and working together to prevent child abuse. Live music, free prizes, delicious food, and fun activities are just some highlights to look forward to! Come show your support!

Upcoming Events

- April 9, 2015 Family Night at Isleta Head Start, 5:30-7:30pm, Movie and Dinner
- April 11, 2015 Isleta Recreation Center, 8am-2pm, Parade/Camp Triumph/BBQ/Health Fair
- April 16, 2015 Isleta Social Services Building, 5pm, Balloon Release/5K Walk-Run
- April 23, 2015 Isleta Recreation Center, 5-7pm, Grocery Bingo/Snacks and Drinks

Look for event flyers distributed throughout the community!

Contact Isleta Social Services for any additional information!
505-869-5283



Pueblo of Isleta Public Library

Do you smell that? It is the smell of SPRING, and allergy season. It also means it is that time of the year for spring cleaning! Get together with family and host a yard or garage sale. Save up some money to take a mini vacation! This year is already flying by and Easter is around the corner.

News

The Library will be closed March 4 from 8:00am-12:00pm for our monthly staff meeting. We are always open to suggestions on programs to better serve the community. Last month we had a few suggestions from library patrons, Thank you!

The deadline for April Newsletter articles is set for March 26 at 4:30pm. Any questions or concerns please contact the library 505-869-9808.

The Library staff will be participating in the Isleta Recreation Dodge Ball League. The League starts March 10th. If you are participating, this is your chance to challenge us and hit us with the dodge ball. Or you can come cheer on the Library Staff.

Upcoming

Come to the Library and get your picture taken with the Easter Bunny on Wednesday, March 25 from 2:00pm-6:00pm. Pictures will be emailed out and family pictures will be printed and available for pick up after 2:00pm Monday, March 30. You will be contacted to pick up pictures as soon as we get them printed. If you have any questions please call the Library at 505-869-9808.

Why do we wear green on St. Patrick's Day?

According to Google, "St. Patrick's revelers thought wearing green made one invisible to leprechauns, fairy creatures who would pinch anyone they could see (anyone not wearing green). People began pinching those who didn't wear green as a reminder that leprechauns would sneak up and pinch green-abstainers." (<http://www.csmonitor.com/USA/Society/2010/0317/St.-Patrick-s-Day-Why-do-we-wear-green>)

You better be wearing green, of course Leprechauns will be on the loose. We will be celebrating St. Patrick's Day with a story on St. Patrick's Day and a Pot of Gold Craft for all ages including adults! March 17th from 4:30pm-5:30pm. Supplies will be provided for the first 20 participants. If you have any questions please call Christino at the Library 505-869-9808.

This month's Girl Scouts Meeting will be March 20th from 1:00pm-5:00pm. During this meeting guest speakers will be present and open to everyone, not just girl scouts. If you have any questions please call the Library 505-869-9808.

Our 2nd Annual Library Comic Con will be on Saturday March 21 from 11:00am-3:00pm. This event is FREE and open to the public. What is a comic con? Comic Con is a celebration of comics and the culture

built around it such as super heroes, video games, trading cards, card games and art. If you have ever seen the Big Bang Theory on TV then you will get the gist of what the culture is about. Our day starts with a Drawing workshop "How to draw your own Superhero character or Villain" hosted by 7000bc- Independent writers of NM at 11:15am-1:15pm. Computer game tournament will start at 11:30am. The game is to be announced, please check back with us! Manga fans join us for a DOMO food craft starting at 12:00pm-12:30pm. Wolverine Claw craft starts at 12:45pm-1:15pm. The Harlem Shake video shoot will start at 1:30pm on the dot, come show off your costume. Lastly our Costume Contest will begin at 2:00pm-2:45pm. Throughout the day we will have raffles for prizes donated to use by the comic vendors. You must be present to win. Our special guests of the day will be the Justice League of New Mexico and 501st Star Wars Group who will be present and will be available for pictures. Of course comic book store booths will be here selling comics, graphic novels, toys, trading cards and much more. And if you get hungry, a food concession will be available. If you have any questions or concerns please call Tara at the Library 505-869-9808 or by email poi02005@isletapueblo.com.

st Patrick's Day

Hey everyone come by the library on St Patrick's day and listen to a story followed by St Patrick's pot of gold craft!!! All supplies the will be provided and it is open to the first 20 participants first come first serve basis All ages are welcomed including adults. Don't forget to wear green.



For information Please call
Christino at the library!!
Phone: (505) 869-9808







Recap

Valeri hosted a craft held on February 4th and open to children who wanted to work on their Valentine's Day box for school Valentine's Day card exchanges. Boxes were not provided so children bought boxes from home or made hanging valentines pouches made out of paper and ribbon. They utilized craft supplies from our Library Art Room such as hearts, glitter, poms poms, googly eyes, pipe cleaners and buttons to make their box sparkle and stand out from the rest.



Another Valentine's Day box participant covering his box with blue paper and getting ready to decorate it and to take it to school for their Valentine's Day card exchange.



A young participant showing off his monster Valentine's Day box he made during our Valentine's Day box craft night.

Cheyenne hosted a Valentine's Day craft: Robot Valentine held on February 10th. This was a cute and creative craft, plus it was super easy to make. The Robot was made out of a juice box, chocolate candies, and googly eyes, which they assembled

with a hot glue gun. Children were proud of the result, playing with their robots shortly after making them and sharing with each other who they were giving their robot to as a gift.

Our last Valentine's event was "thee" event. The event everyone was inquiring about so they can find their bingo dabbers. We hosted a grocery bingo with 7 themed baskets to raise funds for the maintenance of our Library van, which was donated to us by the Isleta Recreation Center. The van will be used for field trips for students and adults who participate in our Library programs. Thank you to everyone who showed up and supported our bingo and enjoyed a night out with the family.

We celebrated Chinese New Year with a Chinese Lantern Craft hosted by Cheyenne. This is the Year of the Goat 2015! Children made a paper lantern from construction paper and were given an LED light to take home. They also made sure to make a handle for their lantern so they can hang it up at home in their room.



A participant cutting her Chinese New Year lantern putting the finishing touches on it before she takes it home.



Another Chinese New Year Lantern participant finishing up his lantern with his favorite colors!

The Library's Fancy shawl dance group has begun with practice every Tuesday and Thursday. The girls are learning the history behind the dance and will begin to learn the basic steps of dancing. They will also have

the chance to design their outfit and slowly start putting it together. This program will end April 18th at the Honoring the Seniors Powwow, which will be held at the Isleta Recreation Center, with a small performance and participation from the fancy shawl group. We will keep you updated on the progress the girls are making so you can go to the powwow to encourage them and cheer them on as they show off their new dance moves.

**Pueblo of Isleta Public Library
Hours of Operation:**

Library Hours

Mon-Thurs -8:00 a.m. - 6:30p.m.

Friday- 8:00a.m. - 4:30p.m.

Saturday- 9:00a.m. - 1:00p.m.

Closed on Sundays, all federally recognized holidays and also Isleta traditional Holidays.

Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive

Albuquerque, NM 87105

Phone: (505)-869-9808

Fax: 505-869-8119

Email: poi02002@isletapueblo.com

Facebook Page:

www.facebook.com/IsletaPuebloLibrary

Web Address:

www.isletapueblo.com/library2.html

YouTube:

www.youtube.com/user/poilibrary



I can't wait to.....

- make new friends, explore new interests, be creative, earn awards, go camping,**
- travel the world, manage money, become a leader**
- be a Girl Scout!**

Parents and Girls (ages 5-15) welcome! Girl Scouts will be at the **Isleta Pueblo Public Library!**

March 6th 3-5pm – international visitor (families welcome!)

March 20th 1-5pm– **Science, Technology Engineering and Math activities**

April 17th and 18th–Spend the night at the Albuquerque Natural History Museum

May – field trip, day to be announced

June – field trip, day to be announced

***Join us for fun, snacks, and Girl Scout**

Registration, all at **NO COST!***

For more Information, please contact

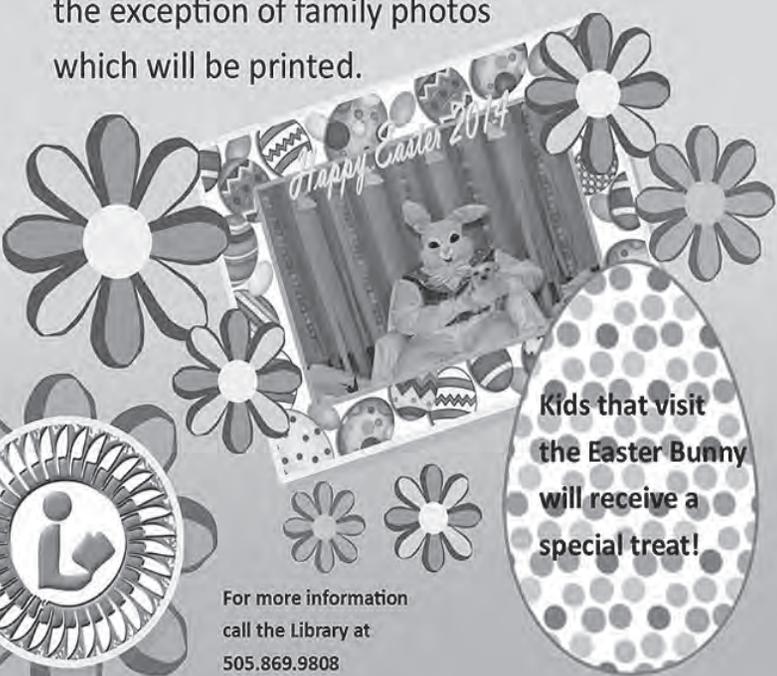
Sarah Downing 505-923-2526 or sdowning@gs-nmtrails.org

**Isleta Pueblo Public Library
Easter Bunny Pictures**

*Come meet and take pictures with the
Easter Bunny!*

Wednesday March 25th from 2 to 6pm.

All pictures will be sent out via email with
the exception of family photos
which will be printed.



Kids that visit
the Easter Bunny
will receive a
special treat!

For more information
call the Library at
505.869.9808

ISLETA RECREATION CENTER PRESENTS

DODGEBALL LEAGUE

BEGINNING MARCH 9TH

FREE TO PLAY!

READY...SET...
DODGEBALL!

HOW TO PLAY: 6-8 PEOPLE PER CO-ED TEAM
REGISTRATION: ON OR BEFORE MARCH 6TH
WHERE: ISLETA RECREATION CENTER
QUESTIONS: CALL VANESSA AT 869-9777

Comic Con



Library

**PUEBLO OF ISLETA
PUBLIC LIBRARY**

950 MOONLIGHT DR. SW
ALBUQUERQUE, NM 87105

**SATURDAY
MARCH 21
11:00AM-3:00PM**

**Free
Admission
for the whole
family!**

SHOW OFF YOUR COSTUME
& JOIN US FOR A VIDEO
SHOOT OF THE HARLEM
SHAKE @ 1:30PM

**Wolverine
Claw craft**



For schedule of events &
updates check out:
www.facebook.com/IsletaPuebloLibrary

**SPECIAL GUESTS:
JUSTICE LEAGUE OF AMERICA:
NEW MEXICO & 501ST (STAR WARS GROUP)**

**COSTUME CONTEST FOR
ADULTS & CHILDREN**

**DRAW YOUR OWN COMIC
BOOK HERO/VILLAIN
WORKSHOP WITH 7000BC**

**TRADING CARDS
COMIC/TOY VENDORS:
COMIC WAREHOUSE
LOBO ANIME & COMICS
AGE OF COMICS
AND MANY MORE!**

**Domo Food
Craft**



**FREE RAFFLES
FOOD CONCESSION**

**ART CONTEST
FOR CHILDREN
& ADULTS**

**TO BE ANNOUNCED:
COMPUTER
GAME TOURNAMENT**

**For more information please call Tara
at the Pueblo of Isleta Public Library
505-869-9808 or email at
poi02005@isletapueblo.com**

Join the Pueblo of Isleta Workforce!



The Pueblo of Isleta offers a wide range of career opportunities with competitive salaries and excellent benefits. Search the current career opportunities and apply today!

(505) 869-7584 Office
(505) 869-7579 Fax
poiemployment@isletapueblo.com

Pueblo of Isleta
Human Resources
P.O. Box 1270
Isleta, NM 87022

Career Opportunities

Location	Position Posting	Closing Date
Elder Center	Personal Care Service Aide (4 Positions) - NEW	Open Until Filled
Elder Center	Regulatory Monitor - NEW	Open Until Filled
Elder Center	Veteran Support Service Program Member	Open Until Filled
Headstart	Child Care Provider - NEW	Open Until Filled
Health Center	Child/Adolescent Therapist - RE-ADVERTISED	Open Until Filled
Health Center	CHR Van Driver (Occasional) - RE-ADVERTISED	Open Until Filled
Health Center	EMT - Paramedic (3 Positions) - RE-ADVERTISED	Open Until Filled
Health Center	Medical Records Manager - NEW	Open Until Filled
Health Center	PRN EMT-Basic (Occasional) - NEW	Open Until Filled
Health Center	PRN EMT-Intermediate (Occasional) - NEW	Open Until Filled
Health Center	PRN EMT Paramedic (Occasional) - NEW	Open Until Filled
Health Center	Special Events Communication Assistant - NEW	Open Until Filled
Housing Authority	HVAC Technician - NEW	Open Until Filled
Isleta Business Corporation	Alcohol Beverage Sales Rep - RE-ADVERTISEMENT	Open Until Filled
Isleta Business Corporation	Food Server - NEW	Open Until Filled
Isleta Business Corporation	Licensed Agent	Open Until Filled
Isleta Business Corporation	Line Cook - NEW	Open Until Filled
Isleta Business Corporation	Sales Associate - NEW	Open Until Filled
MIS	Network Administrator - NEW	02/20/2015
MIS	PC Technician I - NEW	02/20/2015
Police Department	Police Officer	Continuously Accepting Applications
Police Department	Police Sergeant - NEW	Open Until Filled
Public Services	GIS Specialist - NEW	Open Until Filled
POI Elementary School	Educational Program Administrator - NEW	Open Until Filled
POI Elementary School	IES Governing Board Member (7-Seven) - NEW	Open Until Filled
POI Elementary School	Principal - NEW	Open Until Filled
Recreation Center	Lifeguard (Regular Part-Time)	Continuously Accepting Applications
WIC	Nutritionist/Breastfeeding Coordinator - RE-ADVERTISEMENT	Open Until Filled

The PUEBLO OF ISLETA is a Drug Free Employer.
Successful completion of pre-employment drug screen and background investigation is a condition of employment.

Pueblo of Isleta Application Process

Interested persons who meet the minimum qualifications must submit a completed, signed Pueblo of Isleta Employment Application. A resume may be submitted with the application but not in lieu of.



Carol Jiron
(505) 869-7587
poi70103@isletapueblo.com

Contact A POI Recruiter Today!

Myra Garro
(505) 869-9792
poi07001@isletapueblo.com

Richard Garcia
(505) 869-7585
poi70106@isletapueblo.com

Up to the minute Position Postings and Employment Applications may be obtained from the Career Opportunity Webpage at: <http://www.isletapueblo.com/careers.html>

Internal Career Opportunities



****PLEASE NOTE: POSITIONS ARE OPENED UNTIL FILLED** PLEASE SUBMIT TRANSFER REQUESTS TO HUMAN RESOURCES**

For additional information please contact
Staffing Specialist: **Laura Hidalgo 244-8206 OR Mari Valenzuela 724-3907**

Updated: February 17, 2015

Auto Req	Title	Department	Division	Date Opened
318BR	ATTENDANT CONTROL COUNTER-FC	FUN CONNECTION	AMENITIES	04-Dec-2014
163BR	PORTER-CUSTODIAL	CUSTODIAL	FACILITIES	20-May-2014
344BR	BARTENDER-BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE	03-Feb-2015
345BR	SERVER - BANQUET	F&B CATERING BANQUETS	FOOD & BEVERAGE	03-Feb-2015
168BR	ATTENDANT CONCESSIONS - CHILI RISTA	F&B DELI	FOOD & BEVERAGE	02-Jun-2014
282BR	Tiwa Cook	F&B TIWA	FOOD & BEVERAGE	31-Oct-2014
330BR	MANAGER BINGO	BINGO	GAMING	07-Jan-2015
355BR	Cash Operation Manager	CAGE	GAMING	12-Feb-2015
356BR	SUPERVISOR FLOOR - POKER	POKER	GAMING	17-Feb-2015
346BR	SECURITY OFFICER LEAD	SECURITY	GAMING	11-Feb-2015
352BR	AGENT-CALL CENTER	HOTEL CALL CENTER	HOTEL	11-Feb-2015

**Isleta Health Center
Optometry Clinic
Phone: 869-4080**



Instilling Your Eye Drops Properly

Many patients use eye drops for various eye conditions. The drops may be used to treat dry eyes, an eye infection/inflammation, or for chronic conditions such eye allergies or glaucoma. The following tips may be helpful to you if you have a condition requiring the use of eye drops.

- Wash your hands before putting in your eye drops. This will help reduce the chance that you will get an infection or that your eye drops will become contaminated.
- You may find it easier to tell that the eye drop has gone in your eye if you keep your eye drops in the refrigerator because the eye drop will feel cold when it goes in your eye.
- If you have to put in more than 1 kind of eye drop at a time, it usually does not matter which eye drop goes in first. However, allow 3-5 minutes between putting in different eye drops so that the first eye drop can "soak in" and is not "washed out" by the second eye drop.
- Start by tilting your head back.
- With the index finger of one hand, gently pull down on your lower eyelid to form a small pocket just inside the eyelid.
- With the other hand, hold the eye drop bottle between your thumb and index finger. Rest that hand on the hand that is gently pulling down on your lower eyelid.
- Try not to allow the tip of the bottle to come into contact with your hands or your eye because this may contaminate the eye drop and raise your risk of infection.
- Gently squeeze the bottle so that 1 eye drop falls into the small pocket created just inside your lower eyelid. If the eye drop lands here, it is usually more comfortable than if it lands directly on your eye. Usually, 1 eye drop is sufficient.
- Slowly release your lower eyelid.
- Allow your eyes to close gently for a few minutes. Blinking many times or squeezing your eyelids shut may force the eye drop off your eye so that it does not take effect.
- You may wish to press gently against the inner corner of your eyelids right by your nose to block off the tear drainage system so that the medicine does not drain away from the eye. This will maximize the amount of medicine absorbed into the eye and will help minimize the amount of medicine absorbed into the bloodstream.



INDIAN PUEBLO CULTURAL CENTER
2401 12TH ST NW ALBUQUERQUE NEW MEXICO 87104
TOLL FREE 1-866-855-7902 | INDIANPUEBLO.ORG |   



Call for Dance Groups

The Indian Pueblo Cultural Center invites Native American dance groups to be a part of the 2015 cultural education weekly dance performance program.

Please contact Eva Gardipe, Public Programs Coordinator for more information: egardipe@indianpueblo.org 505|724|3561

Southwestern Indian Polytechnic Institute

College & Career Fair Wednesday, March 18, 2015

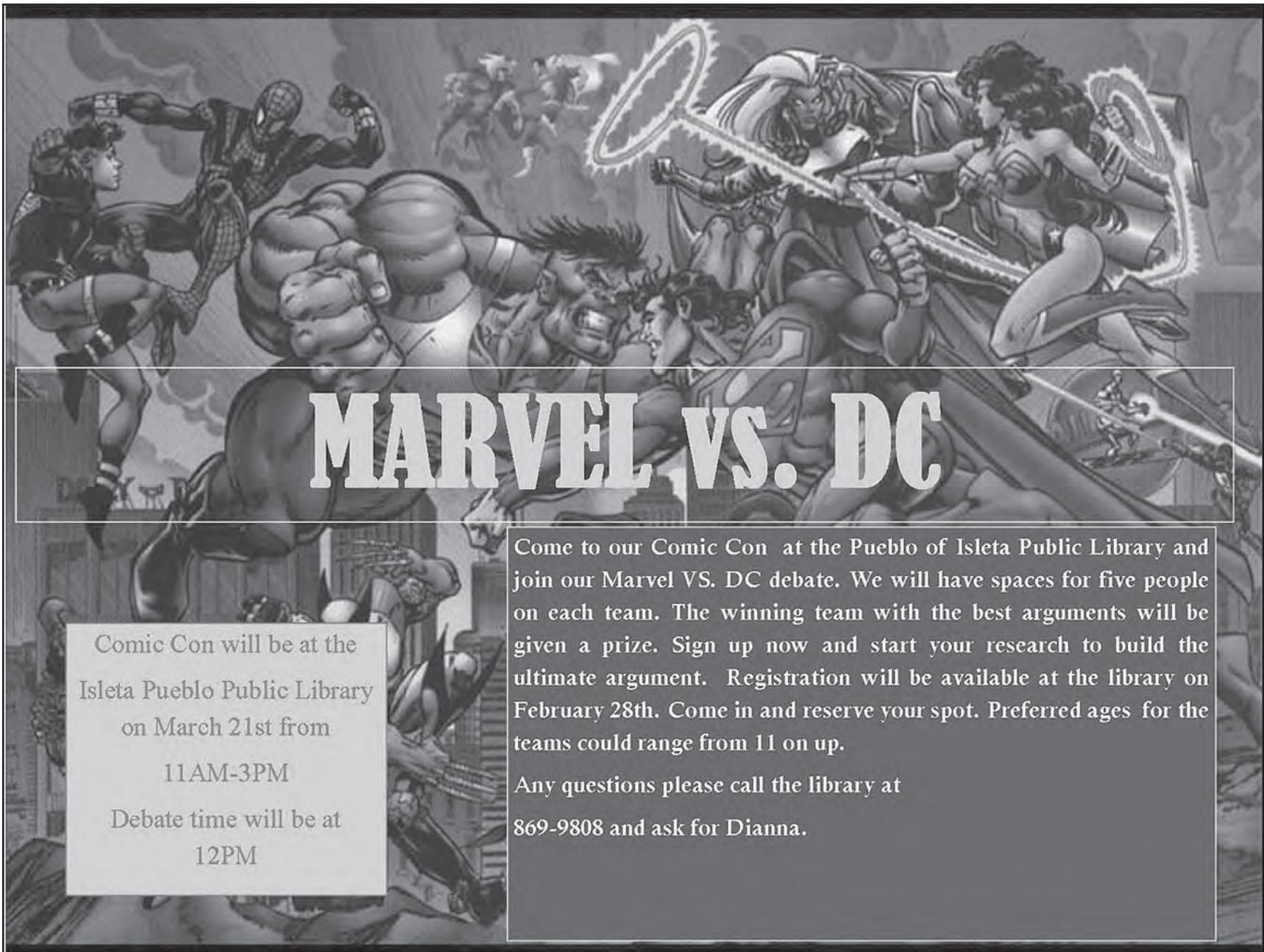
1:00-3:00pm (SIPI GYM)

Opportunities for you to meet with Higher Education recruiters, employers, tribal organizations, and more...



For more information contact: Lamarita Vicenti 505-922-6516, Lamarita.Vicenti@bie.edu

Sponsored by: SIPI Student Services-Academic Support Programs



MARVEL vs. DC

Comic Con will be at the Isleta Pueblo Public Library on March 21st from 11AM-3PM
Debate time will be at 12PM

Come to our Comic Con at the Pueblo of Isleta Public Library and join our Marvel VS. DC debate. We will have spaces for five people on each team. The winning team with the best arguments will be given a prize. Sign up now and start your research to build the ultimate argument. Registration will be available at the library on February 28th. Come in and reserve your spot. Preferred ages for the teams could range from 11 on up.

Any questions please call the library at 869-9808 and ask for Dianna.



Santa Fe Indian School
OFFICE OF ADMISSIONS

APPLICATIONS ARE NOW BEING ACCEPTED

Applications are now being accepted for 7th thru 12th grade students, who wish to attend Santa Fe Indian School for school year 2015/2016.

Students must have a **COMPLETE** application on file by February 23, 2015 to take the second entrance exam.

All required documents must be attached. Applications can be downloaded from the Santa Fe Indian School website under Admissions.

Visit: www.sfindianschool.org

Second Entrance Exam

March 7, 2015

8:30 AM

Pueblo Pavilion Wellness Center

Call the Office of Admissions for information at (505) 989-6370
Fax your documents to (505) 989-6338

Home of the Braves & Lady Braves

WIC NOTES

After 20+ years working for the Pueblo of Isleta WIC program I have decided to retire. I am looking forward to the next chapter of my life and will always remember my years here at the pueblo with great fondness.

Working for the Isleta community has been an honor. I have learned much from the mothers, fathers, and children whom I have had the good fortune to serve. I have had the unique opportunity to experience generations of families. Some of the first pregnant women I met, over 20 years ago, now have their grandchildren enrolled in the program. I am grateful to the current and preceding Governors, Lt Governors, and Council members for their support of the WIC program.

I will miss my beloved friends, your WIC staff, with all my heart. They are a remarkable group of women who strive on a daily basis to provide WIC participants with the highest level of care. It has been so much fun being a part of this team. I especially want to thank my dear friend and boss, Mary Dominguez. Mary has been my confidant and mentor. She always set the bar high as an unfailing advocate for the people we serve. It has been an honor to work for her.

With great fondness,

Heidi Lanes, WIC Nutrition Coordinator

Animal Control

Greetings from the department of Natural Resources Isleta Animal Control officers to the residents of Isleta Pueblo. We hope everyone has a safe and enjoyable year. From the beginning of the New Year, animal control has investigated a total of 4 cases in which people that have been bitten by animals and 3 cases where animals have attacked livestock. Please, we urge everyone to restrain their animals at all times this includes evenings and weekends.

Pet owners can be responsible for restitution for damages that their animal inflicts to a person or another animal. Therefore we strongly encourage you to get your pets vaccinated for rabies. Unvaccinated animals that are found to have bitten a person or attack livestock will be quarantined for 10 days at a veterinary practice or the Valencia County Animal Shelter. The Valencia County Shelter charges the owner \$15.00 per day for a total of \$150 dollars to reclaim an animal from quarantine. This causes undue hardship to some owners having to pay the fee. Unfortunately some of these animals are then euthanized because owners cannot afford to reclaim their animal.

Once again let us confine our pets and vaccinate against rabies. We are currently looking at dates for future rabies clinics which are free to the residents of the pueblo. Please take advantage of these free clinics.

On April 1, 2015 the new Pueblo of Isleta Animal Ordinance will go into effect. Copies of the ordinance will be available after this date. Contact Isleta Animal Control for a copy.

We are proud to announce the release of our newly designed webpage. It has been crafted to reflect what our services are all about. Immediately you will notice easy access to the information you need, any time of day. The POI Animal Control webpage was designed as a resource hub for the tribal community. It has expanded capabilities for sharing information and the ability to interact with the tribal community regarding domestic animals.

The webpage features missing and found animals, information about claiming an animal, and the ability to immediately report animal activity, or if someone has a question or a comment. Take a look at the new webpage at: <http://www.isletapueblo.com/animal-control.html>

Los Lunas & Valencia High Schools

PRESENTS

**14TH ANNUAL HONORING
THE SENIORS CLASS OF
2015 POWWOW**



**FREE
ADMISSION**

**SATURDAY, APRIL 18TH
ISLETA PUEBLO RECREATION CENTER
ISLETA PUEBLO, NEW MEXICO**

Grand Entry: 6:00pm

Honoring the Seniors class of 2015 at 6:30pm

Closing at 10:00pm

Head Staff

Master of Ceremonies: Matthew Shoulders, Oglala Lakota/Thankowan Dakota

Arena Director: Leonard Atcitty, Dine'

Host Northern: Swift Eagle, Santo Domingo Pueblo Head Singer: Larry J. Tortalita

Host Southern: Southern Mix, Old Laguna Pueblo, Head Singer: Bernard Duran

Head Man Dancer: John Henry Cummins, Crow/Dine'

Head Lady Dancer: Julie Rae Schonchin, Isleta Pueblo/Seminole/Muskogee Creek/Klamath

**Concession provided by
LLHS & VHS Native
American Clubs**

**EVERYONE
INVITED!!**

**Raffles
SPECIALS & DANCE
SPECIALS: TBA**

For more powwow information please call Mike Abeita at 505-553-8421.
For Arts and Crafts Vendor information please call Ben Analla at 505-865-4646 EXT. 6145

The Pueblo of Isleta and Los Lunas Public Schools are not responsible for any theft or accidents before or after the powwow.



HELP REWARD OUR VETERANS FOR THEIR SACRIFICE - HIRE A VET!

OPERATION HIRING HEROES JOB FAIR

NM Workforce Connection is now recruiting participating employers for this event.
REGISTRATION DEADLINE: FEBRUARY 9, 2015

When: Thursday, March 19, 2015
10:00 AM - 2:00 PM

Where: American Legion Post 13
1201 Legion Road NE
Albuquerque, NM 87102

Only 40 tables available. To reserve your table contact:

Margaret Sachs
Business Outreach Lead
505.843.1903
Margaret.Sachs@state.nm.us

Karen Huladek
Business Outreach Specialist
505.843.1928
Karen.Huladek@state.nm.us

Must have 10+ openings to participate. No fee to participate, but if you make a donation to American Legion Post 13 to aide veterans, your company will be listed as a sponsor.



St. Mary's Catholic School



- Pre-K through 8th Grade
- Dedicated, Highly Qualified Teachers
- Small Class Sizes
- Spanish Taught in Elementary
- Competitive Sports from 5th grade
- New Gym and Cafeteria
- All kids read in first grade
- Service Projects
- Affordable Monthly Payments
- High National Test Scores
- Ride the Railrunner from Los Lunas or Isleta

Register Now!

For more information:

101 No. 10th Street
Belen, NM 87002

www.stmarysbelen.com

505.864.0484

Based on Catholic traditions and values, the mission of Saint Mary's School is to prepare our students for tomorrow and eternity.



Wildland Fire is an exciting career!




Women in Wildland Fire Boot Camp - 2015

The Women in Wildland Fire Boot Camp is a two weekend training session to help you expand your skill set and increase your marketability in the field of wildland firefighting. Although the training focuses on women in wildland fire, all interested persons are encouraged and invited to attend. No previous experience is required.

WHEN: March 6-8 and 13-15, 2015
WHERE: Phoenix-Mesa Gateway Mobilization Center, Mesa AZ (A New Mexico session will be held simultaneously. Contact us for information)
APPLICATION DEADLINE: February 13, 2015

Overview: The first weekend will offer a comprehensive introduction to wildland firefighting including required training to meet the Firefighter Type 2 (FFT2) qualifications and candid discussion with current fire leaders.

Weekend two will complete the required training and field work and provide enhancement sessions to help you seek job opportunities in wildland firefighting. Attendance at both weekends is required.

Course Offerings:

- I-100 Introduction to Incident Command System
- S-130 Basic Wildland Fire Fighting
- S-190 Introduction to Wildland fire Behavior
- L-180 Basic Fire Leadership
- IS-700 FEMA Emergency Support

Special Enhancement Sessions:

- What is wildland firefighting?
- "Are You FireFit?" - Fitness and Wellness
- Completing the USAJobs application process
- Networking and Panel Discussion w/experts

For additional information, please contact:
Brienne Magee
(928) 527-8290, bmagee@fs.fed.us

Download application from www.fs.usda.gov/main/r3/fire-aviation

From Solid Waste:

Effective immediately, Solid Waste will be implementing fees for dead animal removal and debris removal. Also, each household is entitled to 1 trash cart and if the homeowner wishes to purchase an additional cart, they may do so for \$50.00.

On our trash routes, we have seen a lot of trash carts over filled. Please DO NOT over fill your trash cart. When you set your trash cart out, please make sure the lid closes. By doing so, it will prevent dogs from pulling trash bags out of the cart. Our drivers will stop servicing cans if they are over filled or if they have debris around the cart.



This illegal dump was found outside the gates.

We have found a number of illegal dump sites. Please do not dump after hours outside the gate. This is considered littering and we are working with the Wildland Officers to identify the responsible parties. A friendly reminder to everyone, if you need to make a trip to the Transfer Station, we are open 7 days a week from 8 am to 4:30 pm. We are closed on all federal holidays and by order of the Governor.

Thank You,
The Solid Waste Crew

Health Beat
 Stephanie Barela, Health Educator, 868-4479
 Isleta Health Center

Smoking Myths and Facts

<http://www.health.umd.edu/smokingmythsfacts>

Myths

I've smoked for years, won't help to stop now.

Smoking can cut about 14 years off of the life span of both men and women. According to NIH, if you quit smoking at age 35 you will live about five to ten years longer and decrease the risk of developing cancer and heart disease.

Smoking is cool and sexy.

Smoking stains your teeth, causes facial wrinkles, depletes energy, burns holes in clothes, causes bad breath and a general bad aroma. Men who smoke and have high blood pressure are more likely to become impotent than non-smokers.

If I stop smoking, I will gain weight.

If you substitute eating for the oral gratification that smoking gives you, you will gain weight. If you eat healthy and exercise you will not gain weight. Education and counseling can establish a program for you that may help you lose 5 to 10 pounds and increase your stamina, lung capacity and stabilize your weight.

Smoking only a few cigarettes a day is okay.

Smoking is never a safe thing to do. Every cigarette contains 1 to 2 milligrams of nicotine and it reaches your brain in 8 to 10 seconds. There are many other damaging chemicals taken in with each inhale of a cigarette. Cigarette smoke contains 4,000 chemicals and poisons, 50 of which cause cancer. Each time you inhale you take in nicotine, tar, carbon monoxide, cyanide, arsenic, formaldehyde, ammonia and benzene, just to name a few. NIDA says that those who start smoking before age 21 have hardest time quitting and that less than 1 in 10 who try to quit succeed.

It's safer to smoke filtered menthol or low-tar cigarettes.

Smokers who use these types of cigarettes tend to smoke more trying to get the nicotine fix. The National Cancer Institute says that you tend to inhale deeper and thereby take in more of the damaging substances like tar and carbon monoxide that replaces the oxygen in your blood.

Smoking doesn't hurt anybody but me.

The dangers of second hand smoke are well documented. Second hand smoke according to the National Cancer Institute makes nonsmokers more susceptible to asthma attacks, ear infections, and other respiratory problems. Second hand smoke kills an estimated 35,000 to 65,000 nonsmokers each year. Up to 62,000 will die from heart disease and 3,000 will die from lung cancer.

Cigar smoking & chewing tobacco are safe because you don't inhale.

Cigar smokers have higher death rates from chronic obstructive pulmonary disease and are 4 to 10 times more likely to die from cancers of the throat, mouth, lips, larynx and esophagus than nonsmokers. People who chew tobacco are more likely to develop oral cancers which affect the tongue, lips, cheeks and gums.

PUEBLO OF ISLETA
 DEPARTMENT OF EDUCATION
 TIWA LANGUAGE PROGRAM



Adult Language Classes

Classes by: Tata Larry

Mondays: 6:pm-8:pm Thursdays: 6:pm-8:pm
 Tuesdays: 6:pm-8:pm Saturdays: 9:am-11:am

Classes by: Carol Lucero

Tuesday: 6:pm-8:pm Wednesday: 6:pm-8:pm
 Thursday: 6:pm-8:pm

Classes by: Bernadette Cotton

Tuesday: 6:pm-8:pm Wednesday: 6:pm-8:pm

Please take advantage of these opportunities.
 -> Classes for all levels
 -> Offered to all those of Isleta lineage

For more information please contact the Department of Education

Listen - Learn & Pass it on

DEPARTMENT OF EDUCATION
 TIWA LANGUAGE PROGRAM

P.O. Box 1270
 Isleta, New Mexico 87022

Phone: 505-869-0796
 Fax: 505-869-7573
 E-mail: pol0200@isletapueblo.com

Preserving Language for
 culture and tradition

PUEBLO OF ISLETA
 DEPARTMENT OF EDUCATION
 TIWA LANGUAGE PROGRAM



After School Program



Course Objective: Provides an immersion in the Isleta Tiwa language.

When: Starting September 15, 2014
 Monday, Wednesday, and Thursday.

Time: 3:30pm - 5:30pm

Friday

Time: 1:30pm - 3:30pm

Ages: 6 to 10

Registration forms available at the Department of Education Language Program

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Invitation Announcement Pueblo of Isleta Head Start & Child Care Center

The Isleta Head Start & Early Head Start programs invite you to join our family by completing an application for the upcoming 2015-2016 program year. Applications will be accepted beginning March 4, 2015

Mission: To develop the whole child in all comprehensive areas reflecting the traditional Isleta culture and language. A safe, positive, healthy, and family-centered environment is supported with: a highly competent staff; parental enrichment and enhancement of their child's education; a structured developmentally appropriate learning environment; strengthened community collaboration; & sustained stakeholder communications.

Options for you and your child:

Head Start - 3 to 5 years old

A 6-hour, 5 day-a-week program. Classrooms are equipped with hands-on, age appropriate materials and qualified teachers. Transportation services are available for this option.

Early Head Start- Prenatal to 3 years (3 options to choose from)

1. Home Based for Pregnant Mothers: Home visits from a Home Visitor who brings information and materials about pregnancy & child development.
2. Home Based for Parent & Child Birth to 3 years: Weekly 90-minute home visits from a Home Visitor who provides information and materials about parenting and child development. Bi-weekly Socialization activities in a group setting (i.e. fun walks, field trips, child development, & more).
3. Classrooms ages 3 months to 3 years: A 6-hour, 5 day-a-week program. Classrooms are equipped with hands on, age appropriate materials and qualified teachers. There are no transportation services available for this option.

We invite you to come in and fill out an application:

**Call to schedule an appointment to apply.
You need to bring ALL of the following:**

- ✓ **Tribal Identification w/CIB #** (required if residence is outside of the Isleta Reservation)
- ✓ **Proof of Residency** to ensure your physical residence is within the Program's service area (New Mexico Driver's License, Utility Bill, Government/Tribal ID)
- ✓ **Proof of income for previous 12 months** (Such as: Public Assistance Award Letter, 2014 tax forms, W-2, 26 paystubs, etc.)
- ✓ **Proof of Child's Birth** (State issued birth certificate, CIB Letter, Baptismal Certificate)
- ✓ **A copy of your child's IFSP/IEP** (if applicable)
- ✓ **For Prenatal option, Pregnant Mothers need to provide proof of pregnancy**

If you have any questions, please don't hesitate to call us at **869-9796**.

We look forward to working together with you and your family to make your child's learning fun and successful!



ISLETA HEALTH CENTER

"Did you know?"

Did you know about the 24-hour Nurse Advice Line?

- Have you ever wondered what to do when the Health Center is closed and you aren't feeling well?
- Have you ever wondered if you were in an emergency situation and should call 911?
- Have you been unsure if you needed to visit the walk-in clinic or make an appointment?

If you need answers to health related concerns and aren't sure if you need to visit the walk-in clinic or call 911, use the toll-free **NURSE ADVICE LINE***. When you speak with a Registered Nurse, please follow the nurse recommendations for home care or the need for health facility care.

NURSE ADVICE LINE
1-877-752-2552

This line is available 24 Hours A Day, 7 Days A Week, 365 Days A Year and is available for FREE to ALL Isleta Health Center patients!

*** CALL 911 FOR LIFE THREATENING EMERGENCIES**

This includes, but is not limited to: chest pains, severe injury and/or bleeding, and severe breathing problems.

NOTE: You must notify Purchased/Referred Care staff (formerly CHS) within 72 hours if you are seen at any facility other than the Isleta Health Center.



- **PURCHASED/REFERRED CARE** is the payer of last resort, which means Isleta PRC will require you to apply for any alternate resources for which you may qualify.
- All referrals provided by PRC must be presented at the time you receive your medical services.
- Patients are responsible for notifying PRC of any follow up appointments, continued care or additional procedures. Please give PRC as much advance notice as possible to allow us time to enter your information and mail the referral directly to you.
- PRC will assist with payment for medical services only. PRC does not have funding for short/long-term rehabilitative or nursing home care, pharmacy, laboratory, or durable medical equipment like wheelchairs, crutches, braces, etc.
- We require notification within 72 hours of Urgent Care and Emergency Room visits.
- PRC phone line 869-4488 is on 24/7. Please leave a message with name, phone number, date of birth and where patient received services.
- Bring any medical bill(s) you receive to PRC as soon as possible. If not, you may be sent to collections and this will affect your credit. If you are receiving a bill this is your red flag that they are not billing PRC for your medical services.
- PRC eligible, fulltime College Students that reside outside the PRC service delivery (outside of Bernalillo, Valencia and Tarrant counties) area must provide PRC with their student forms every semester.
- If you have obtained a Radiology referral from PRC, it is your responsibility to obtain a disk copy of your radiology procedure before you leave the facility performing the CT Scan/MRI.
- PRC is not allowed to discuss your medical information with anyone but you! (Unless, you have a Personal Representative Form completed and submitted to the Medical Records department.)

Isleta Elder Center Activities Calendar March 2015

Important Dates: Elder Center

- March 5, 2015: Monthly Mass
- March 11, 2015: Monthly Staff Meeting
- March 18, 2015: General Meeting
- March 23, 2015: Advisory Committee Meeting
- March 31, 2015: Birthday Cake/Celebration

Senior Olympics Local Games

March 14, 2015 – March 27, 2015

- March 14th: Senior Olympics Golf Qualifier @ Isleta Golf Course
Starting – 12:00pm (18 hole Scratch)
- March 16th: Senior Olympics 8-ball Pool Qualifier @ Isleta
Fun Connection – 11:00am
- March 16th: Senior Olympics Bowling Qualifier @ Isleta Fun
Connection – 11:00am (Singles)
- March 23rd: Senior Olympics Bowling Qualifier @ Isleta Fun
Connection – 11:00am (Doubles)
- March 16th – 27th, 2015 all other events will be held @ New
Recreation Center

Weekly Activities/Senior Olympic Practice Schedule: Recreation Center

- Mondays: Bowling
- Mondays & Fridays: Line Dancing
- Tuesdays & Thursdays: Aqua Zumba
- Tuesdays & Thursdays: Group Exercise
- Wednesdays & Fridays: Shuffle Board
- Wednesdays & Fridays: Archery & Airgun
- Every Friday: 400m & 800m walk/run

Special Events: Dates Tentative

- March 11th, 2015: Tax Preparation: Senior Assistance Program - AARP
- March 25th, 2015: Bingo – Isleta Casino & Resort
- Other Activities TBA

For all times not listed please call the Isleta
Elder Center: (505) 869-9770
Ask for Eugene Jojola

Native American Day – Round House, Santa Fe, NM: Isleta Elder Program

On February 6th, 2015, our elder from the Isleta Pueblo community were fortunate to attend Native American Day and visit the Round House in Santa Fe, NM. Alongside the Isleta Elder Program staff, each of our attending elders were able to visit with various representatives as well as present a small token of appreciation (Sweet Bread) to various representatives they met with. This historic event is a time when various tribal leaders from New Mexico are invited to Santa Fe to speak about tribal and cultural issues. This event is time when tribal & pueblo leaders can speak about collaboratively working the New Mexico's legislature to fulfill gaming/tribal infrastructure needs, keeping vital programs for Native Americans alive, and the importance of maintaining Native American culture in the state, just to name a few of the issues. "It was exciting to see our respective tribal and pueblo leaders from New Mexico on the Senate floor today. It's important for these government-to-government conversations to take place and I was honored to be a part of that, both as a pueblo member and a Senate member," stated Sen. Shendo (Jemez Pueblo). Our elders played an important role in attending the event as being positive advocates for our Isleta Pueblo community.

Isleta Senior Olympics: Local Games

March is an exciting time of the year when various sports such as baseball & basketball are either starting their spring training or ending their year with playoffs and championship games. For Isleta, it's that time of the year for our community members ages 50+ to compete in **OUR COMMUNITY'S VERY OWN SENIOR OLYMPIC LOCAL GAMES!!!** The Isleta 50+ Games will be held from March 14th to March 27th, 2015, utilizing various venues around community such as the Isleta Golf Course, Isleta Fun Connection, & Isleta Recreation Center (New Rec). The Isleta 50+ Senior Games is your opportunity to qualify for the 2015 New Mexico Senior Olympic Games held in Roswell, NM.

What's offered?

The Isleta 50+ Games will offer both recreational events and competitive sports.

Recreational Events include:

- Basketball Shoot Outs**
- Frisbee Throw Events**
- Soccer Kick Events**
- Horseshoes**
- Softball Throw**
- Dance**
- And More**

Competitive Sports include:

- Track Events**
- Bowling**
- Golf**
- Swimming Events**
- Airgun Shooting**
- Archery Events**
- Shuffleboard**

Who can participate?

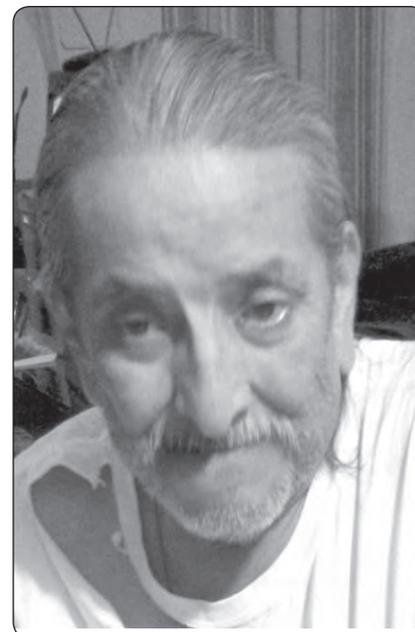
The Isleta 50+ Games is for everyone. So if you are a seasoned athlete or beginning athlete, there is something for you!

So whether you're interested in participating, volunteering, or would like to see what the games are about, contact Eugene Jojola – Activities Coordinator at the Isleta Elder Center (505) 869-9770 for more information.

Marvin L. Olguin -

June 1, 1954 - January 25, 2015

On behalf of our family, we would like to thank our relatives, our friends and all Community members for their condolences and assistance extended to us during our recent loss of Marvin L. Olguin. He will now be joining our parents, Jose "Bob" Olguin, Marie E. Olguin and his grandson, Ricardo A. Olguin eternal peace. Rest in peace mybrother.



Respectfully yours, Richard D. Olguin and all family members.

**ADULT
DAY CARE
ONLY**

March 2015

**ADULT
DAY CARE
ONLY**

Mon	Tue	Wed	Thu	Fri
2) 10-12 Leprechaun Hat Table Decoration 1-2 Walking Club 2-3 Finish w/ Hats	3) 10-12 Plastic Canvas Activity 1-3 Continue w/ Canvas	4) 10-11 Walking Club 11-12 Beading 1-3 Continue w/ beading/ Open Activity	5) 10-11:30 Card Games 11:30-12 Catholic Mass 1-3 Traditional Activities w/ Na-Na's From Rec	6) 10-12 St. Patrick's Day Wreaths 1-2 Walking Club 2-3 Continue w/ Wreaths
9) 10-2 Field Trip Breakfast & Wal-Mart	10) 10-11 Chair Exercises/ Walk in Daycare 11-12 St. Patty's Centerpieces 1-3 Continue w/ Centerpieces	11) 10-11 Foot Care w/ Diabetes Program 11-12 ADC Choice 1-3 Open Activity	12) 10-12 Board Games 1-3 Traditional Activities w/ Na-Na's From Rec	13) 10-12 St. Patrick's Day Crafts 1-3 Nickel Bingo
16) 10-12 Make Healthy St. Patrick's day Snacks 1-2 Walking Club 2-3 March Trivia	17) 10-2 Field Trip Belen Senior Center St. Patrick's Day Dance & Lunch	18) 9-10 Friendship Breakfast 10-12 General Meeting 1-2 Walking Club 2-3 Wii Games	19) 10-11 Chair Exercises 11-12 Spring Activity 1-3 Traditional Activities w/ Na-Na/s From Rec	20) 10:30-11:30 Open Pool @ new recreation center 1-3 Spring Crafts
23) 10-11 Elder Safety w/ Social Services 11-12 Sewing/Woodwork 1-2 Walking Club	24) 10-12 Spring Crafts 1-3 Continue/Open	25) 10-3 Field Trip Bingo Matinee @ Isleta Casino & Resort	26) 10-11 Chair Exercises 11-12 Painting 1-3 Traditional Activities w/ Na-Na's From Rec	27) 10:30-11:30 Open Pool @ new recreation center 1-3 Make Lentil Food
30) 10-2 Field Trip Visit Jemez Senior Center	31) 10-12 Sewing/woodwork 1-3 Open Activity			

TEST YOUR KNOWLEDGE
March is NATIONAL KIDNEY DISEASE AWARENESS MONTH
How Much Do You Already Know About Kidney Disease?

1. True or False: The only purpose of the kidneys is to filter blood.
2. True or False: Urine is made in the kidneys.
3. Medically speaking, which term refers to the kidney function?
 - a. Hepatic
 - b. Renal
 - c. Dialysis
 - d. Urinary
4. Common non-specific symptoms of chronic kidney disease include:
 - a. Increased urination at night
 - b. Loss of appetite
 - c. Swelling of hands and feet
 - d. All of the above
5. True or False, A person can have chronic kidney disease without symptoms.
6. Which kidney disease is known to be inherited:
 - a. End-stage renal disease
 - b. Protein disease
 - c. Autoimmune kidney disease
 - d. Polycystic kidney disease
7. True or False, Hemodialysis is the only treatment for kidney failure.
8. A doctor who specializes in kidney diseases is called a _____.
 - a. Urologist
 - b. Endocrinologist
 - c. Nephrologist
 - d. Immunologist
9. How many stages of Kidney Disease are there?
 - a. 3
 - b. 5
 - c. 6
 - d. 7
10. Patients with kidney diseases must manage fluid intake because fluid...
 - a. Retention can cause swelling and weight gain
 - b. Affects blood pressure
 - c. Overload can result in heart trouble

Test your knowledge and check the answers in next month's Pueblo of Isleta Newsletter!
Isleta Health Center Health Educator, Stephanie Barela, 869-4479
http://www.medicinenet.com/kidney_disease_quiz/quiz.htm



Thinking About Quitting?



NOT READY TO COMMIT TO AN 8 WEEK PROGRAM?

Take this *1 time, 1 on 1, 90 minute session* to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to sign Up
Isleta Health Center



5 Gallon HE formulated Liquid Laundry Detergent

\$45 Pump Included 



Tide

Original w/Febreeze
w/Downy
Free and Clear

FABRIC SOFTENERS
Downy April Fresh
Gain Island Fresh
Downy Lavender

DAWN

Dish Liquid

GAIN

Original
Apple Mango Tango

5 Gallons of Concentrated Laundry Detergent = to 640 Ounces
1 pump of liquid detergent = 1 ounce required for 1 regular wash cycle

CONTACT: Mona 505-506-0953 Mon-Fri after 6pm / weekend aft 9am

TEST YOUR KNOWLEDGE – ANSWERS!

How Much Do You Already Know About Child Dental Health?

- 1) **Teething can cause?** **Answer B (Irritability)** — although many symptoms are blamed on teething, it usually doesn't cause any problems or it may just cause your child to be a little more fussy than usual.
- 2) **Which of the following is best for a child that is not spitting out toothpaste?** **Answer D (both B and C)** — too much fluoride can stain your child's teeth if it is swallowed, so either avoid using a fluoride toothpaste or use a very small amount until he is spitting the toothpaste out.
- 3) **When do permanent teeth begin coming in?** **Answer C (at age 6-7 years)** — the first permanent teeth (usually the central incisors and 1st molars) usually come in when kids are around 6-7 years old.
- 4) **Your child should visit a dentist?** **Answer D** — you should see your dentist if your child is having a problem with his teeth, but checkups should also be scheduled every 6 months.
- 5) **Which of the following infants might not be getting enough fluoride?** **Answer D** — unless they are being given extra fluoridated tap or bottled water (not all bottled water has fluoride) infants will likely not get enough fluoride to prevent cavities.
- 6) **Children begin needing fluoride supplements?** **Answer B (by age 6 months)** — most infants begin needing fluoride supplements by age 6 months, and it can either be from fluoridated water or vitamin supplements.
- 7) **Which of the following can be a sign of a cavity?** **Answer D (all of the above)** — signs of a cavity can include pain, increased sensitivity and discoloration.
- 8) **Which are usually good sources of fluoride?** **Answer D (fluoridated tap water)** — although some sources of well water and bottled water may contain fluoride, fluoridated tap water is the most reliable source of fluoride for most children.
- 9) **Your child's first visit to the dentist should be:** **Answer D** — the answer depends on who you ask. Pediatric dentists usually recommend a visit right after a child gets their first tooth, although the American Academy of Pediatrics recommends a visit around age 3 years or earlier if there is a problem.
- 10) **Which of the following can cause a young child's teeth to be stained?** **Answer D** — staining can be caused by getting too much fluoride (fluorosis), foods and drinks and antibiotics like tetracycline when given to young children.
- 11) **Which is better?** **Answer D** — thumb, finger and pacifier sucking all affect the teeth the same way and one is not necessarily better than the others.
- 12) **What are sealants?** **Answer B** — sealants are applied to the grooved and pitted surfaces of teeth to prevent cavities.
- 13) **When do the first baby teeth fall out?** **Answer B** — the first baby teeth (the mandibular central incisors or the bottom two middle teeth) usually fall out when kids are 6-7 years old.
- 14) **What should you do if a permanent tooth is knocked out?** **Answer D** — for a permanent tooth, you should try to replace the tooth and call your dentist. If you can't replace the tooth in the socket, you can place it in a container with milk, water or saliva until you can see your dentist.
- 15) **Which of the following facts about fluoride are true?** **Answer D (both A and C)** — fluoride is important and both too much and not enough fluoride can cause problems. Bottled water only has fluoride if the label specifically states that it has been added.
- 16) **What should you do if a baby tooth is knocked out?** **Answer B** — although replacing the tooth in the socket or putting the tooth in milk is usually the thing to do for permanent teeth, you should call your dentist if a baby tooth is knocked out for further instructions.
- 17) **Your child's first tooth can come in?** **Answer D** — the timing of the first tooth eruption is very variable and may occur at birth or between 3 and 15 months, although the average tooth comes in at around 6 months of age. Some newborns are also born with natal teeth.
- 18) **When should you begin cleaning your kid's teeth?** **Answer C** — you should begin cleaning your children's teeth with a washcloth or soft tooth brush once they get their first tooth, although you likely won't begin using a toothbrush until they have more teeth.

Isleta Health Center Health Educator, Stephanie Barela, 869-4479

http://pediatrics.about.com/cs/quizzes/l/bl_dental_quiz.htm

Isleta Health Center:

Behavioral Health Services Prevention Program

Phone: 505.869.5475

Prevention Program: Comes Along Many Opportunities

Since January of this year, the Isleta Behavioral Health Prevention Program has been meeting bi-weekly with 15 dedicated youth who are voluntarily attending group meetings. With no sign of slowing down, they want to be part of the program and are all encouraged to keep coming back and to be open to the many opportunities within the program.

The Prevention Program staff is also pleased to announce that the following voluntarily attended a 2-day Mental Health Awareness training: Glorianna Jaramillo, Richard "Zach" Abeita, Lucas Jiron, and Michael Zuni. They learned about mental health and the importance of creating awareness, as well as stigmas associated with mental health. The training was a part of the Honoring Native Life (HNL) Youth Council Project through the UNM Center for Rural and Community Behavioral Health. IBHS currently works with HNL, a New Mexico Suicide Prevention Clearinghouse for Native Americans housed at the University of New Mexico's Department of Psychiatry and Behavioral Sciences.

The Prevention Program has also been asked to address growing bullying concerns throughout the community. We have partnered with the Pueblo of Isleta (POI) Public Library to help educate and bring awareness to the library population. Incorporated within the bullying sessions are topics such as Self-Esteem Building, Team Building, Communication, Problem Solving, and of course anti-bullying. Both

presentations and experiential activities will be used. With the help of our Prevention Program youth, we will co-facilitate alongside IBHS Prevention Program staff on the bullying classes, which began on February 9th, and will continue every Monday for 6 weeks. Classes are from 4:00 pm to 5:00 pm.

Our program has also continued its collaboration with the POI Elder Center's day care. Recently, the youth engaged with the elders in an old traditional social dance that used to be performed at weddings and for the annual St. Augustine Feast Day. The elders said this dance was just like a regular wedding dance but with the beat of the drum and Tiwa words being sung. They elders encouraged and stressed to our youth the importance of carrying on customs, traditions, culture, and language. These types of activities between the youth and the elders take place on every first Wednesday of the month.

Finally, the Prevention Program is currently planning many opportunities, activities and collaborations such as Spring Break Week (March 30-April 3) for our youth. Some activities include the High Ropes Course at the Santa Fe Mountain Center and the Santa Fe Community College, as well as a community organizing presentation, outdoor activities, and much more. If you know of any youth that are interested in joining the program, please contact IBHS @ 505-869-5475.

Isleta Health Center		MARCH 2015		Questions? Call 869-3200		
SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. DPP Elderly Walking Club: 1:30p @ POI REC. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 7: 5:30-7p @ Health Center (small conference room).	3 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS.	4 Parent Group: 9-11a @ BHS. DPP Elderly Walking Club: 1:30p @ POI Rec Center. Anger Management Skills: 1-3p @ BHS.	5 Grief Group: 1-2p @ BHS. Str8 Rez: 4:30-6p @ BHS.	6 Early Recovery Skills: 9-11a @ BHS. DPP Elderly Walking Club: 1:30p @ POI Rec Center.	7
8	9 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. DPP Elderly Walking Club: 1:30p @ POI REC. Young Leaders Youth Krew: 4:30p @ BHS. Freedom From Smoking Session 8: 5:30-7p @ Health Center (large conference room).	10 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Express Endurance Pre-Measurements: 4:30-6:30p @ Diabetes Wellness Center. Podiatry Class: 5:30-7p @ DPP Kitchen. Isleta Cancer Education & Support (ICES): 6-7:30p, 'Meditation Training' @ Health Center (large conf.) All Welcome!	11 Parent Group: 9-11a @ BHS. Anger Management Skills: 1-3p @ BHS. DPP Elderly Walking Club: 1:30p @ REC. Express Endurance Pre-Measurements: 4:30-6:30p @ Diabetes Wellness Center.	12 Grief Group: 1-2p @ BHS. Str8 Rez: 4:30-6p @ BHS. Express Endurance Pre-Measurements: 4:30-6:30p @ Diabetes Wellness Center.	13 Early Recovery Skills: 9-11a @ BHS. DPP Elderly Walking Club: 1:30p @ POI Rec Center.	14
15	16 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. DPP Elderly Walking Club: 1:30p @ POI REC. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	17 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	18 Parent Group: 9-11a @ BHS. Anger Management Skills: 1-3p @ BHS. DPP Elderly Walking Club: 1:30p @ REC. Healthy Cooking Class: 5-7:30p @ Diabetes Kitchen. Express Endurance Class: 5:30-6:45p @	19 Grief Group: 1-2p @ BHS. Str8 Rez: 4:30-6p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	20 Early Recovery Skills: 9-11a @ BHS. DPP Elderly Walking Club: 1:30p @ POI Rec Center.	21
22	23 Early Recovery Skills: 9-11am @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. DPP Elderly Walking Club: 1:30p @ POI REC. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	24 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	25 Parent Group: 9-11a @ BHS. Anger Mgt. Skills: 1-3p @ BHS. DPP Elderly Walking Club: 1:30p @ REC. DPP Alliance Support Group: 5:30-7:00p @ Diabetes program. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	26 Grief Group: 1-2p @ BHS. Str8 Rez: 4:30-6p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	27 Early Recovery Skills: 9-11a @ BHS. DPP Elderly Walking Club: 1:30p @ POI Rec Center.	28
29	30 Early Recovery Skills: 9-11am @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. DPP Elderly Walking Club: 1:30p @ POI REC. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	31 Women's Support Group: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Express Endurance Class: 5:30-6:45p @ Diabetes Wellness Center.	DPP = Diabetes Prevention Program (869-4595 for more information). BHS = Behavioral Health Services (869-5475 for more information).			



Isleta Cancer Education & Support Group
2nd Tuesday of Each Month

Meditation Training

March 10, 2015

6:00 - 7:30pm

ISLETA HEALTH CENTER LARGE CONFERENCE ROOM
ENTER AT THE 2ND DOOR ON THE NORTH SIDE OF THE BUILDING

LEARN HOW AND WHY TO MEDITATE

MEG COLBY AND ROBERT HICKS ARE EXPERIENCED MEDITATORS THAT WILL SHARE THEIR KNOWLEDGE WITH YOU!
PLEASE COME AND LEARN THIS NEW SKILL!

Please join us!  **Everyone Welcome!**

Please contact Stephanie Barela @ 869-4479 if you have questions.



Freedom From Smoking

NEED HELP STOPPING SMOKING?

SIGN UP FOR THE ISLETA HEALTH CENTER'S Freedom From Smoking PROGRAM NOW!

SIGN UP FOR THE NEXT GROUP!
97% OF THE PARTICIPANTS THAT ATTENDED EVERY SCHEDULED SESSION QUIT SMOKING!!



Weekly Prizes!

- Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!
- Get support from others that are going through the same thing.

CONTACT:
Stephanie Barela @ 505-869-4479
for more information or to reserve your spot in this class!



Sponsored by the Isleta Health Center