



Isleta Pueblo News

Volume 12 Issue 1

Pueblo of Isleta website: www.isletapueblo.com



January 2017

FROM THE OFFICE OF THE GOVERNOR

Governor Edward Paul Torres -

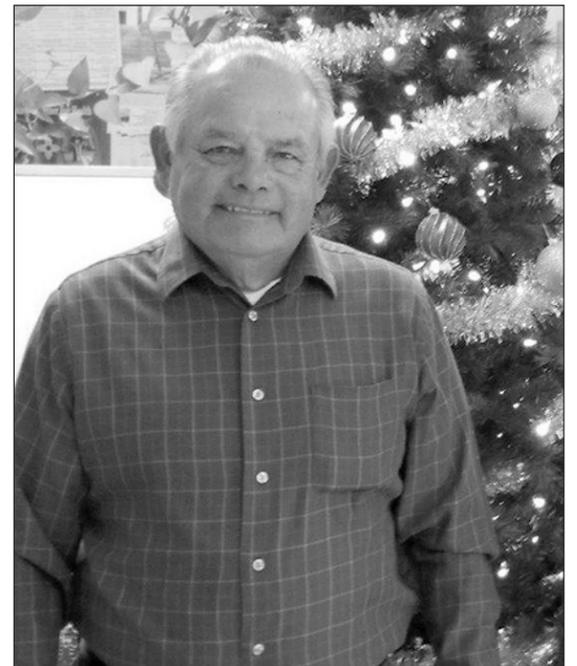
MA GU WAM:

Let me begin by saying how honored I am to have had the opportunity to serve as the Pueblo of Isleta Governor and as Chairman to the All Pueblo Council of Governors, and Chairman for the Southern Pueblos Governors. I truly feel that the four years have been fulfilling, and have given me the opportunity to gain valuable experience in the workings of Federal / State / Tribal Government relations.

I want to express my appreciation and gratitude to the People of Isleta that have supported and placed their confidence in me and my administration these past four years. As we have accomplished so much during this time, yet we fully realize the task is only partly done. We, as a Tribe stand at a pivotal point in our history as we strive to advance our Tribe into the 21st Century while preserving the customs and traditions that identify us as who we are as a distinct people since time immemorial. We can either move forward together as a unified Tribe and work to bring all that

we have worked for to realization, or we can go backwards and start all over again. Our Tribe cannot afford to delay all the achievements we have made so far, as to do so would affect the many multi-million dollar investments we are involved in as well as the critical initiatives we have set out to accomplish. This is a critical choice that only you, the Tribal members can make by becoming involved. As is the tradition, we all try to impart some last-minute wisdom to our incoming Administration and I propose to do the same.

The Pueblo of Isleta has accomplished a great deal these past four years and have set our Tribe on a path that recognizes us as not just another Pueblo Tribe, but as a creative and innovative Tribal entity with specified goals and visions for our people's future. The Pueblo of Isleta stands tall among our fellow Pueblo Nations, and we need to continue to exert our influence in order to survive and become competitive in the outside world.



In consideration of all of this and very much more, I want to express my heartfelt appreciation for the honor of serving as Governor for the Pueblo of Isleta.

Ha-wooh,
E. Paul Torres,
Governor, Pueblo of Isleta

Department of Education Staff Received Federal Recognition

For the past three (3) years the Pueblo of Isleta Department of Education (POIDoE) has been working closely with the Bureau of Indian Affairs Job Placement and Training Office. Through these efforts they have become a part of what is known as the Tribal Collaborative Employability Training, an effort that enhances community members' employability skills. This effort has boosted the skills of over 300 individuals that have actively participated in this training.

On December 8, 2016 at the Southern Pueblo Council of Governors (SPCG) Meeting four staff members were honored and received federal recognition for their dedication and participation in these efforts. The Tribal Collaborative Employability Training travels to the Southern Pueblo communities and works directly with the Tribal Education Office. This initiative is supported by the Southern Pueblo Council of Governors.



Left to Right: Marsha Leno, Supervisory Academic Counselor; Cecilia Jaramillo, Scholarship Coordinator; 1st Lieutenant Antonio Chewiwi; Governor E. Paul Torres; Mr. John Antonio, Superintendent Bureau of Indian Affairs; Geraldine Jojola, Executive Director and Kathleen Jojola, Scholarship Coordinator.

We are proud of the staff of the Department of Education. We recognize your commitment and dedication to providing educational opportunities for all.

Isleta Elder Center Title VI Notice to Public

Notifying the Public of Rights under Title VI - English

- The New Mexico Department of Transportation operates its programs and services without regard to race, color, and national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with The New Mexico Department of Transportation.
- For more information on the New Mexico Department of Transportation's civil rights program, and the procedures to file a complaint, please call 1-800-554-0936 or (505) 827-1774, email: damian.segura@state.nm.us; or visit our administrative offices at 1596 Pacheco St., Santa Fe, NM 87505. For more information, visit www.dot.state.nm.us.
- A complainant may file a complaint directly with the Federal Transit Administration (FTA), Office of Civil Rights, Attention: Title VI Program Coordinator, East Building, 5th Floor-TCR, 1200 New Jersey Ave., SE, Washington, DC 20590. Phone: (202)366-4043.
- If information is needed in another language, please contact 1-800-554-0936 or (505) 827-1774.

Notificación al Público de los Derechos Garantizados por Título VI - Español

- El Departamento de Transporte del estado de Nuevo México opera sus programas y servicios, sin distinción de raza, color y origen nacional, según el Título VI de la Ley de Derechos Civiles. Cualquier persona que cree o que ha sido perjudicada por una práctica discriminatoria ilegal bajo el Título VI, puede presentar una queja con el Departamento de Transporte de Nuevo México.
- Para obtener más información sobre el programa de derechos civiles del Departamento de Transporte de Nuevo México o para obtener más información sobre los procedimientos para presentar una queja, llame al 1-800-554-0936 o al (505) 827-1774. Email: damian.segura@state.nm.us, o visite nuestras oficinas administrativas en 1596 Pacheco St., Santa Fe, NM 87505. Para obtener más información, visite www.dot.state.nm.us
- Un demandante puede presentar una queja directamente a la Administración Federal de Tránsito (FTA), Oficina de Derechos Civiles, Atención: Coordinador del Programa de Título VI, East Building, 5th Floor TCR, 1200 New Jersey Ave, SE, Washington, DC 20590. Teléfono: (202) 366-4043
- Si se necesita información en otro idioma, por favor póngase en contacto con 1-800-554-0936 or (505) 827-1774.

ISLETA TRIBAL COUNCIL APPROVES PEACEMAKER PILOT PROGRAM

Tribal Court Establishes a New Peacemaking Program

The Pueblo of Isleta Tribal Court approached the Tribal Council for a resolution to authorize the Tribal Court to establish a Peacemaker Pilot Project. The Council passed a Resolution No. 2016-073 on June 1st, 2016. The Tribal Court went about establishing the project and prepared rules and procedures for the Peacemaker Court and solicited applications. The Peacemaking Court is a part of the Court. Peacemaking is not new to Isleta. Isleta had traditional methods of resolving disputes and disagreements before tribal court was established. Peacemaking gives the community a safe process where people can come together to settle a dispute. Peacemaking allows all parties to talk and be a part of the process of arriving at an agreed upon solution. Peacemaking sessions will reflect Isleta traditional values to heal conflicts in the community.

Peacemaking sessions only involve the parties. Spokespersons or attorneys are not involved. Neither can speak to the peacemaker on behalf of their client. A judge can refer a case to the Peacemaking Program, but all parties must agree to use peacemaking and also agree on who will act as the peacemaker.

The court advertised for peacemakers and selected five persons to become peacemakers. Professor Cheryl Fairbanks, a leading national trainer, spent two days training our peacemakers on the process and the peace circle method. In addition, Judge Knight and Judge Giron trained the peacemakers on the procedures and the Children's Code and Probate Code. Judge Knight explained that "We want the peacemaker knowledgeable about our Code but not to the point of being a judge. These are two entirely different processes."

Anyone involved with a dispute can request a Peacemaking session at the Tribal Court. The request can be handwritten and should include the name and address of all the parties and a short statement of the problem. Cases in the Tribal Court can be transferred to the Peacemaking Program. All parties involved must agree to Peacemaking. Anything that is stated in the peacemaking session cannot be used in court against anyone.

The type of cases that can be referred or transferred to the Peacemaking Program are: Child Support, Child Custody, Visitation, Restraining Orders, Protective Orders, Probate Issues involving land assignments and personal property distributions, and many others.

An outcome or result should be one that all parties agree to. The final solution only applies to the parties involved. The result is confidential but enforceable by the court. At any time, the peacemaker may end the session for failure to agree on a resolution, and the case will be referred back to the Tribal Court where a judge will make a decision. If successful, the peacemaker will reduce the settlement to writing and have all parties sign it and present it to the court for approval.

The Tribal Court is excited about this new Peacemaking Program, because this type of dispute resolution relies on respect, communication, listening, healing, and Isleta tradition. Any party may request peacemaking before it comes to court. The following persons have been trained and certified as peacemakers by the tribal court; Moses E. Lujan, Lisa M. Rochelle Mariano, Ramona Chewiwi, Joyce A. Jojola, and Ben Lucero.

We hope people will take advantage of the new peacemaking program. If you have any questions regarding the Peacemaking Program contact the Court at 505-869-9699.

PROBATE NEWS

First Notice – A petition to Probate the Estate of Edna Sami, deceased September 20, 2016. Case No. CV-16-PRO-00122, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 15, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Maria Eulalia Anzara Olguin, deceased August 17, 2011. Case No. CV-16-PRO-00130, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Tuesday, March 21, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

First Notice – A petition to Probate the Estate of Christopher R. Lucero, deceased November 07, 2007. Case No. CV-16-PRO-00133, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, March 29, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

Second Notice – A petition to Probate the Estate of Jose M. Olguin, deceased December 21, 2015. Case No. CV-16-PRO-00129, has been filed with the Pueblo of Isleta Tribal Courts. Any person claiming an interest in the Estate may notify the Pueblo

of Isleta Tribal Court Clerk in writing within thirty (30) days of this notice being posted. A hearing on the matter is scheduled for **Wednesday, February 01, 2017 at 9:00 a.m.** Claims must be filed in writing with the Isleta Tribal Court Clerk, located at the Tribal Service Complex, 3950 Hwy 47 SE, Building A, Albuquerque, NM. Any questions regarding the matter may be directed to the Isleta Tribal Court Clerk at (505) 869-9699.

NOTICE OF SHOW CAUSE HEARING

Timothy Lucero v. Amelia Platero, Case No. CV-CU-0690-2012

Please take notice that a show cause hearing will take place on **January 17, 2017 at 11:00 am** at the Pueblo of Isleta Tribal Courts, 3950 Highway 47, Albuquerque, NM 87105 regarding the custody of a minor child. Any person having an interest in this matter shall appear and state their position to the court.

NAME CHANGE

First NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **April Abeita** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Andrew Bradley Chavez** to **Andrew Bradley Abeita**. Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, January 18, 2017 at 2:30 pm.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

First NOTICE that in accordance with Pueblo of Isleta Tribal Court requirements the Petitioner **April Abeita** has applied to the Pueblo of Isleta Tribal Courts, at the Tribal Services Complex. Bldg A, 3950 Hwy 47 SE, Albuquerque, NM 87105, for an ORDER FOR CHANGE OF NAME from **Marissa Felipita Chavez** to **Marissa Felipita Abeita**. Any person claiming an interest in this matter may notify the Court in writing and/or attend the hearing. The hearing on this matter is scheduled for **Wednesday, January 18, 2017 at 2:30 pm.** Any interested parties may contact the Tribal Court Clerk with any questions at 505-869-9699.

FIRE WOOD FOR SALE



First come first serve basis while supplies last

Tribal members only

Limit 1 cord per calendar month per household

Cottonwood **\$50/cord** *For delivery add \$25*

Mountain wood **\$100/cord** *For delivery add \$25*

No deviations or exceptions made to the set prices or process

Make payments at POI Treasurer's office (Tribal Services Complex), must show proof of purchase by receipt

Pick up/deliveries on Fridays ONLY next to Cinder Yard

For further information Contact Public Services at 869-9817 or 869-9782

News from the Comanche Ranch

A new year is upon us and with it comes new hopes, plans and dreams. We also say goodbye to the past year and look back on our successes and our failures. I would like to thank the outgoing Administration for all their support, dedication and hard work to the ranch and the community as a whole. I would also like to welcome the incoming Administration. I look forward to working with you and am excited for what lies ahead.

As I look ahead there has been a couple of major changes to our cattle herd. First, we have added registered Hereford bulls. This will increase the number of "black baldy" calves to our herd. Simply put, a "black baldy" is a cross between a black Angus cow or bull with a Hereford cow or bull. The result is a calf that is black hided with a white face or other white markings on its body. The combination of the 2 breeds combines the best traits of both and is highly sought after by cattle buyers. Second we have adjusted our breeding season so that we will have a calf crop in the spring and another in the fall. This will enable us to sell calves in both the spring and fall, making for a more constant flow of income. Also, during the spring the supply of cattle is less while the demand remains constant or may even go up. The simple law of supply and demand will be on our side, we will have a supply and can take advantage of better prices.

One recent change we have made may seem minor but is already paying off in time and effort. We had a timer installed on a well that supplies water to the western half of the ranch as well as the ranch house. The timer is set so that the well will pump water for 6 hours a day then turn itself off after 6 hours. This saves us from having to make 2 trips a day to the well, 1 to turn it on and another to turn it off. This saves time, effort and fuel. Thanks to David Chavez of the Utilities division for installing the timer. I would also like to thank the Transportation crew for coming out and maintaining the roads. This will save the cost of maintaining and repairing our vehicles due to the rough roads.

For us here at the ranch our year has started, I have seen new calves on the ground and it fills me with a sense of joy and wonder whenever I see new life. I was recently asked if this job was worth it especially when there are many challenges ahead. As I see the little baby calves my answer was YES!

I pray that the coming year will bring you success in all you do or plan on doing and that the Creator watches over you in the days ahead. For all you farmers and ranchers I hope you have plenty of rain and sunshine, little wind and fewer bugs and pests. Happy trails to all!

John M. Romero, Manager
Comanche Ranch

Greetings to our St. Augustine Parish Community,

We the fundraising committee would like to thank you all from our hearts for helping us through another year of reaching our goal. As you are aware the committee sanctions many fundraising events throughout the year of 2016. Our theme for this year was "Giving and Sharing". Giving by way of formulating family based activities that would raise funds for our mother church, and Sharing their funds within the many ministries of our Parish; especially in the areas of educating our children and our families about the teachings of our Lord. It truly is comforting to see us come together as a community when assistance and support is needed for our Church. We thank you for your generosity, your support, your encouragement and your prayers. Most importantly your heartfelt devotion to our faith and our St. Augustine Parish. May god bless you and your families.

-Fundraising Committee

LETTER FROM THE EDITOR

Deadline for February Newsletter articles is set for Tuesday, January 24, 2017 at 4:30pm. Articles may be dropped off at the Library or emailed to poi02002@isletapueblo.com. Should you email your article, expect a confirmation email. If you do not receive a confirmation email, odds are it never made it to me and then it's time to panic, so call Nate at 505.869.9808.

People whom wish to submit an article or flyer are responsible for generating their own article or flyer. Should you need help, please call the Library at 505.869.9808 and set up a date and time to sit down with a Library staff member whom will help you throughout the process. The Library will NOT accept notes dropped off at the Library or information over the phone to generate your article.

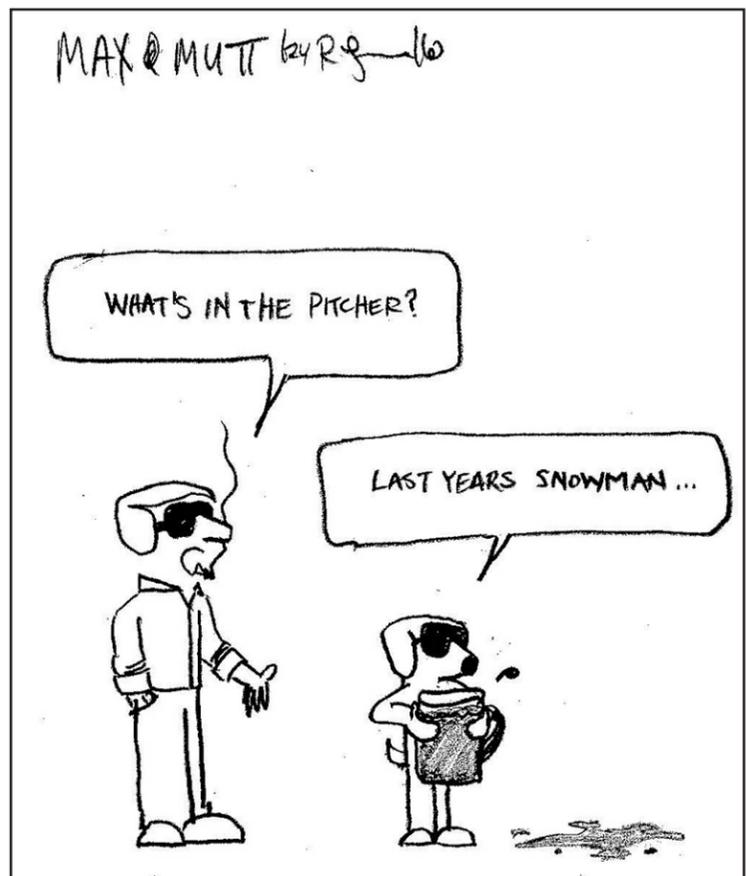
Probates need to be published in the Newsletter for two consecutive months. Probates are considered court documents therefore all submitters must provide: 1) Name of Deceased, 2) Date of Deceased 3) Court Case # and 4) Date of Court Date. A Probate form can be found on the Newsletter Archive page at <http://www.isletapueblo.com/newsletters.html>.

Thank you,
Nathaniel Lujan

Newsletters may be found at the sixteen distribution locations listed below. Remember, Digital copies of the Newsletter may be obtained from the Newsletter archive at <http://www.isletapueblo.com/newsletters.html>

The sixteen Newsletter distribution locations are:

- 1) The Administration Building (Governor's Office): Receptionist Desk
- 2) Census Office: Receptionist Desk
- 3) Health Center: Lobby (Newsletter Stand)
- 4) Housing Department: Receptionist Desk
- 5) Department of Education: Receptionist Desk
- 6) New Recreation Center: Newsletter Stand
- 7) Old Recreation Center: Front Desk & Breakroom (Newsletter Stand)
- 8) Tribal Service Complex: Receptionist Desk
- 9) Tribal Service Complex: I.P.D. Dispatch Window
- 10) Tribal Service Complex: Tribal Courts Window
- 11) Elders Center: Receptionist Desk & Lunch Delivery
- 12) Head Start: Receptionist Desk
- 13) Library: Newsletter Stand
- 14) Ranchitos Park: Blue Box (see picture for example)
- 15) Old Head Start Complex: Blue Box (see picture for example)
- 16) Intersection of Tribal Road 82 & Tribal Road 84: Blue Box (see picture for example)



Isleta Health Center ➔ **Pharmacy Prescriptions**

Don't wait until the last minute to refill your prescriptions.

REMEMBER: Prescriptions take 24 hours to refill.
Have your prescription number(s) ready before you call.

Refill Line: 505-869-4590

Pueblo of Isleta Career Opportunities

Position Posting

PHYSICAL THERAPIST,
 PHYSICIAN,
 PLUMBER,
RE-ADVERTISED- POLICE OFFICER or POLICE CADET,
 RANCH HAND (Seasonal),
 RANGELAND/IRRIGATION OPERATOR,
 RANGELAND MANAGEMENT TECHNICIAN,
 REGISTERED NURSE (RPT),
 TEACHER - COMPUTER,
 TEACHER-ELEMENTARY SCHOOL,
 TEACHER II-EARLY HEADSTART,
 TIWA LANGUAGE TEACHER,
NEW - TREASURER,
 UNEXPLODED ORDNANCE /HZMAT,
 VETERAN SUPPORT SERVICE PROGRAM MEMBER,
 WILDLAND FIRE CREW (4 Positions),
 WILDLAND FIRE CREW BOSS,
 WILDLAND FIRE SQUAD BOSS,

Location

Health Center,
 Health Center,
 Housing Authority,
 Police Department,
 Comanche Ranch, WITHIN-
 Public Services, WITHIN ONLY-
 Public Services Dept,
 Health Center,
 POI Elementary School,
 POI Elementary School,
 Head Start & Child Care,
 Elementary School,
 Treasurer's Office,
 Natural Resources Division,
 Elder Center,
 Natural Resources Division,
 Natural Resources,
 Natural Resources,

Closing Date

Open Until Filled
 Continuously Accepting Applications
 Open Until Filled
 Continuously Accepting Applications
 Open Until Filled
 Open Until Filled

Honoring our Veterans

"Since the birth of America, [American Indians and Alaska Natives] have contributed immeasurably to our country and our heritage, distinguishing themselves as scholars, artists, entrepreneurs, and leaders in all aspects of our society. Native Americans have also served in the United States Armed Forces with honor and distinction, defending the security of our Nation with their lives."

-President Barack Obama

The spirit and dignity of the Native warrior has always been an important part of our tribal cultures, and it is alive and well today. American Indians and Alaska Natives have a rich history in the United States Military, with several Native Americans receiving the Medal of Honor, the military's highest decoration. Since the Civil War American Indians have had an active role in the military; as code talkers they have ensured secure communications for troops on the battlefield. For American Indians, as in many communities, joining the military is a sacrifice to protect the freedom of family, friends and others living in the United States. According to the U.S. Department of Defense, Native Americans serve in the military at a higher rate per capita than any other ethnic group. Over the years few have ever encountered any overt prejudice while in uniform, though Navajo Code Talkers were sometimes mistaken by their own men for Japanese soldiers. However, stories of code talkers recall, Navajos had a chance to prove wrong the bigots back home; the military prized them for speaking their own language. For all American Indian veterans, the honor of defending their country overrode all other considerations. Some have questioned why Native Americans serve at such a high rate. Part of it has to do with economics – the military offers an opportunity for soldiers to receive an education as well as provide a stable income for their families. There is also a certain pride stemming from Native people's grandparents and parents who have served in the U.S. armed services. Here in the Pueblo of Isleta, our community in itself has a high rate of service members who have served in various conflicts. Many of our community's veterans served in many hard felt conflicts such as World wars, Vietnam, the Middle East, and others. While many of our people have made the ultimate sacrifice for the freedom of our rights and country, we remember they also fought for the sovereignty of all Native People as well. Today we say thank you to all of our brothers and sisters that

have served and those who still continue to defend all of us who lucky call ourselves "Americans". We are proud of all of you and are forever grateful for your service.

Isleta Elder Center Special Thank you to:

- Governor Eddie Paul Torres,
- Lt. Antonio Chiwewe & Their Administration.
- Pueblo of Isleta Tribal Council
- Isleta Elder Center Advisory Board:
 Lillian Jaramillo, Chair, Priscilla Reyna-Jojola vice, Edwina Abeita, Elsie Lucero, Moses Lujan, Frances Cherino

Jose Martinez: Legacy Corp. Member
 Arnold Sena, Donald Lucero, Rochelle Zuni & the entire Parks & Recreation Staff

Father George
 & St. Augustine Church Staff

- Isleta Police Department
- Isleta Social Services
- Isleta Animal Control
- Isleta Library Program
- Isleta Behavioral Health Program
- Isleta Cultural Committee
- Isleta Human Resource Dept
- Isleta Tribal Courts

YEAR'S PAY GIVEAWAY!

JANUARY 1 - FEBRUARY 4
3 lucky winners will be selected to play the Year's Pay Giveaway board game for each drawing!

DRAWINGS EVERY TWO HOURS FRIDAY & SATURDAY AT 2, 4, 6, 8 & 10PM FOR YOUR CHANCE TO WIN YOUR SHARE OF

\$125,000

FINALE GRAND PRIZE WINNER
On February 4th, the Grand Prize Winner will be selected at 10pm and will win the Year's Pay Giveaway!

TUESDAY TICKETS!

TUESDAYS | JANUARY 3 - 31 • 8AM - 12AM
Earn 2 entries for every 25 points earned playing your favorite slots, table games, poker, and bingo! Tickets are good for weekly Friday and Saturday drawings where you can win a Year's Pay Giveaway!

See Player's Club for complete details and restrictions.

40 YARD DASH TO CASH HOT SEAT

WIN UP TO \$500 IN CASH!

JANUARY 8 - FEBRUARY 5
HOURLY HOT SEAT DRAWINGS EVERY SUNDAY | 10AM TO 10PM

JANUARY 14 8PM

TICKETS ON-SALE AT ISLETA CASINO BOX OFFICE OR HOLDMYTICKET.COM

\$20 VIP SEATING
\$10 RESERVED SEATING

21 YEARS AND OLDER

Win up to
\$500! **CASH DRAWINGS**
DRAWINGS EVERY 30 MINUTES!
Every Thursday in January from 1pm - 10pm.



ISLETA
 resort + casino

11000 BROADWAY SE | ALBUQUERQUE, NM 87105 | 505.724.3800 | ISLETA.COM

Pueblo of Isleta Elementary School

Happy New Year from the Pueblo of Isleta Elementary School! We hope all of our families are enjoying the Christmas Break with their children. School will resume on Tuesday, January 3rd, 2017. There is one calendar change for parents to note. There will be **NO SCHOOL** for students on **Monday, January 9, 2017**. A special Professional Development Day has been scheduled for all of the POIES Staff. Second Quarter Parent/Teacher Conferences will still be held on Wednesday, January 11th, 2017 from 1:00 – 6:00 P.M.

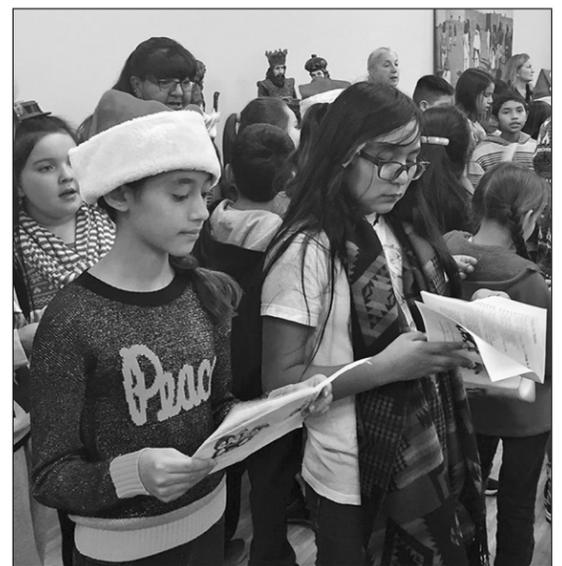
December was a short month at school, but the students and staff stayed very busy! On December 14th students traveled to the Pueblo of Isleta Tribal Complex, the Elderly Center and the Assisted Living Facilities to go caroling. **We would like to extend a big thank you to all of the POI Staff, Governor Torres' Office, Tribal Council, the Elderly Center Staff and the Assisted Living Facility Staff for their hospitality and special treats.** That evening our families took a trip on the *Polar Express* at the School Library during a special Family Night. Repeat performances were also shared later with the K-3rd Grade Students.

On December 15th students and staff were invited back to the Elders' Annual Christmas Banquet at the Isleta Casino to perform more Christmas carols for the group. The students really enjoyed performing for their family members who were in the audience.



Elementary Carolers at the Elders Center

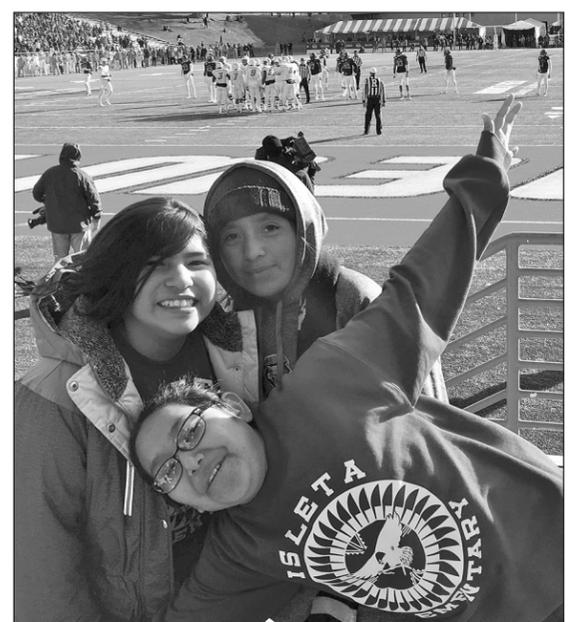
The Pueblo of Isleta Elementary School hosted some very special guests that same afternoon. University of New Mexico and University of Texas at San Antonio Football Team Members, Team Coaches, ESPN Film Crew and staff from the Isleta Casino visited with students as part of the New Mexico Gildan Bowl excitement. Students were treated to autographs, pictures and special chats with the players. The University of New Mexico posted a video on their Facebook page that features our POIES Students and the school. The kids were so excited! That excitement continued while the POIES Families and Staff braved the cold as special guests at the Gildan Bowl and the Isleta Casino on Saturday December 17th.



Elementary Carolers at the Elders Center



University of Texas at San Antonio Football Team at the Isleta Elementary



Isleta Elementary Students and family at the 2016 Gildan Bowl



Elementary Caroling at Tribal Service Complex



We celebrated our 2nd Annual Christmas Program and Christmas Dinner on Friday, December 16th. Parents and community members were treated to special musical and percussion performances by the Pueblo of Isleta Elementary Students. Sixth Grader, J.T. Lente provided a moving solo performance of *Chestnuts Roasting on an Open Fire*. The school's new Music Teacher, Richard Wild showcased all of the POIES students with his original rap song, *Chile Chant*. Students were very excited to end the program with an unplanned visit from Santa Claus! One community member commented, "This was the best Christmas Program Isleta has ever had." Another visitor stated that it was the best school program she'd ever seen. The POIES Kitchen staff prepared a delicious "Traditional Foods" Christmas Dinner that was shared with students, family and the Isleta Community.

Isleta Resort & Casino and Isleta Elementary

An ordinary school day turned extremely unordinary for some Isleta Elementary School children this past December, when they were visited by several Gildan NM Bowl football players and coaches.

Student athletes from the University of New Mexico and the University of Texas San Antonio visited the school and spoke individually with students, gave autographs, and gave High 5's.

The players also took some time at the microphone, explaining what playing football and going to college has meant for them personally. They also shared some embarrassing moments with the kids, and were then open to a few questions from the crowd.

The visit was part of Isleta Resort & Casino's sponsorship of the Gildan NM Bowl, which also included providing 300 tickets to the game to school children, their families, and some faculty members. The tickets were met with overwhelming excitement, providing the kids the unique experience of attending a college football game.



HOW TO ACCESS FREE MONEY



Scholarship and Grant Opportunity websites.
Or resources.

- <https://www.ihs.gov/scholarship/>
- <https://www.abqjournal.com/895466/native-americans-eligible-for-grants.html>
- <http://www.gmsp.org>
- www.aigcs.org/
- fastweb.com
- www.collegescholarships.org
- www.educationfirst.org/
- <https://www.unigo.com/scholarships/full-list-of-scholarships-and-grants>
- www.jumpstart-scholarship.net/application-us
- <http://www.collegehorizons.org>
- affordablecolleges.com
- www.itenet.org
- www.collegefund.org/sss
- www.cese.org
- [@teachreachnm.com](https://teachreachnm.com)
- @aissunm.edu
- www.studentscholarships.org

If we can be of any assistance please visit,
The Pueblo of Isleta Higher Education program
located at the Department of Education
(505) 869-9790
Please contact Cecelia Jaramillo
poi08001@isletapueblo.com
Kathleen Jojola poi08004@isletapueblo.com

AARP Driver Safety Classes

The monthly AARP Driver Safety classes held at the Elder Center has been changed to every other month starting in 2017. The first class for 2017 will be on March 20, 2017 starting at 1 o'clock pm, with a sign-up sheet at the Elders Center. Please be informed of the new class schedule for the Driver Safety Courses.

Should you have any questions or concerns, please don't hesitate to call, 869-0038.

On behalf of my family, I want to wish you all a belated safe and happy holidays with a prosperous New Year.

Respectfully,

Ron J. Sarracino

Isleta Pueblo News



Editor:
Nathaniel Lujan
Asst. Editor:
Tara Abeita
Published By:
Valencia Express

You are cordially invited to attend the...

2017 College & Career Fair

Network, job search, explore and learn more about the educational and professional options available to you! Representatives from colleges will be available to answer questions.

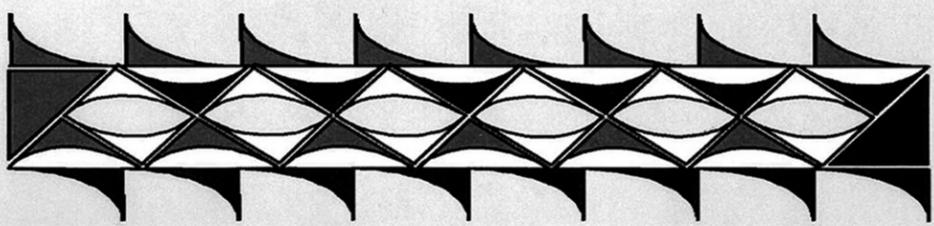
Saturday
January 21, 2017
9AM - 1PM

Open to the public...
Door Prizes!!

Isleta Eagle Golf Course

Hosted by the Pueblo of Isleta Department of Education and the Los Lunas Public School District. For more information, please contact Kathleen Jojola or Beverly Piro at (505) 869-9790.
Kathleen Jojola: poi08004@isletapueblo.com
Beverly Piro: poi08101@isletapueblo.com





FAFSA NIGHT

Tuesday, January 24, 2017

5:30pm to 7:30pm

NEED ASSISTANCE COMPLETING THE FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)

BRING THE FOLLOWING:

- Student & Parent PIN(s)***
- 2015/2016 Student & Parent Federal Tax Return(s)***
- 2015/2016 Student & Parent W-2(s)***



Pueblo of Isleta Department of Education
Higher Education Program
950 Moonlight Dr. SW – Albuquerque, NM 87105
(505) 869-9790



Census Bureau Hiring

The Census Bureau is hiring for the American Housing Survey. We need Field Representatives in the metro and surrounding areas. We are asking all interested individuals to contact us at 1-877-390-6424 so we can schedule them for a recruiting session.

- Pay rate is \$12.33-\$15.53 per hour plus .54 cents per mile.
- Employments are temporary/part-time 20-40 hours per week.
- Hours are flexible.
- The job consists of interviewing selected households using a laptop computer at their homes and over the telephone.
- Applicants must be over the age of 18, pass a background check, be a U.S. Citizen, pass a written test and interview.

Please let me know if you need additional information from me. My direct line is (505)265-4642.

Respectfully,
Kathy Davis
 Field Supervisor
 American Housing Survey
 Denver Regional Office
 U.S. Census Bureau
 505.265.4642
 kathy.davis@census.gov
census.gov Connect with us on [Social Media](#)



The Census Bureau is Hiring!

The U.S. Census Bureau is hiring Field Representatives in the Metro Areas of Albuquerque, Dallas, Houston, Oklahoma City, Phoenix and San Antonio to support the 2017 American Housing Survey (AHS). The job consists of interviewing selected households using a laptop computer at their homes and over the phone. If interested in a Field Representative job, please contact the American Housing Survey toll-free Recruiting Line at: 877-390-6424.



Field Representative position information:

- Pay rate is \$12.33 - \$15.63 per hour plus \$0.54 per mile.
- The American Housing Survey will be conducted May through August, 2017 with local, one-week training sessions occurring in **late March and April, 2017**.
- Employment is Temporary, Part-Time (20-40 hours/week).
- Applicants are required to have a valid driver's license and regular access to an insured, reliable vehicle as well as a private telephone.
- All interested applicants must be over the age of 18, pass a background check, be a U.S. Citizen, and pass a written test and interview.
- After the American Housing Survey is complete, you may be considered for other Census Bureau survey interviewing work, depending on availability of the work and your performance on this survey.

The Cigarette Butt Cycle
 by A Greener Future
 they don't just go away

When you toss your butts they contaminate our local water system

"4.5 Trillion butts are littered each year"

They end up in our lakes and rivers where fish can mistake them for food

Over time these toxins affect human health

If the fish survive the toxins can build up in the fish's body

"1 butt per litre of water can KILL the fish in a stream"

Think twice before tossing your butt on the ground

powered by **Piktochart**
 make information beautiful

Quick Facts:

- **Cigarette butts** are toxic to our ocean animals and to us.
- **Cigarette filters** are made of cellulose-acetate, which is not biodegradable.
- According to San Diego State University Public Health Professor Tom Novotny, "Even one butt in a liter of water can kill the fish in a period of 96 hours."
- Ocean animals like crabs and salmon can then filter toxins into their systems and transmit the toxins to humans when the animals are eaten.
- Over time these toxins can affect human health.

It is time to stop the "Butt Cycle." There needs to be a shift in individual and collective thinking to classify cigarette butts as toxic waste and they should be disposed of in a way that does not hurt our environment.

Article by Tammi Meissner, POW and Wrangell Health Educator and Tobacco Policy

**FROM THE DESK OF
THE PARKS & RECREATION
DEPARTMENT DIRECTOR
(Arnold Sena):**

**HAPPY NEW YEAR FROM
THE PUEBLO OF ISLETA
PARKS & RECREATION
DEPARTMENT!**



This past November 2016 marked my first full year of working for the Pueblo of Isleta as the Director of the Parks & Recreation Department and I am excited to say that it's been fun and challenging. The support that I've received from both the administration and the Isleta Pueblo community has been awesome and I'm really looking forward to this coming New Year and the challenges that await me and the department.

2017 is here! HAPPY NEW YEAR to all of our readers and to everyone in the Pueblo! May your New Year be filled with Happiness and Joy!

Like always, the start of a New Year brings opportunities and many new things, hopefully good things and hopefully we as human beings make the most out of the opportunities we are given this New Year.

The Department has been very busy over the last three months (October, November and December) and we are ready to get started with the New Year.

Quick Department Update/Recap of last three months – The last 3 months were very busy for us. It started with the Annual Halloween Carnival that took place at the end of October and ended with the Reaching for the Stars Event at the end of December.

October 2016

- Annual Halloween Carnival - What an awesome event for the children and adults of the community! It was wonderful seeing all the costumes and smiling faces. Based on what I saw, everyone had a great time at this event. Lots of people pitched in to make this event a great one. It was really good to see the Casino and different POI Departments and staff work together to create an exciting, fun, friendly and safe event for the children of the Pueblo to participate in for Halloween. I also want to give a special thank you to USDA and the Farm Services Agency for coordinating the donation of 2 truckloads of pumpkins from Aday Farms in Estancia, NM to the center for this event. We were able to use those donated pumpkins to help with the decorating of the gym for the event and we gave out the pumpkins to the kids and their families that attended the event that evening. The event was a huge success like always and everyone who attended definitely had fun thanks to everyone who helped put this event together.

November 2016

- Adult Co-Ed Volleyball League – In early November our adult co-ed volleyball league started, we had approximately 18 teams in the league this year and everyone really seems to be having a great time playing again this year. It's really great to see community members out here getting some exercise and enjoying the spirit of friendly competition from playing in the league. There are still quite a few games left in the regular season, the regular season will be ending at the end of this month and the tournament will take place in early February. The actual date of the tournament has not yet been determined, but it will probably take place in early February. If we (Parks & Recreation Department) are in a good place fiscally for the tournament, we should be able to provide the league champions with some

type of incentive for winning the league tournament again this year. Great league, great participation

- Turkey Distribution – In early November we also hosted the annual POI turkey distribution. Like always the turnout for the turkey distribution was great. I'm not sure the exact number of turkeys that were distributed, but as I understand there were well over 1,200 turkeys given out for the distribution. This was another great community event for the pueblo.

- Rec Center Youth (Boys and Girls) Basketball League/Teams – The basketball leagues also started in November for both teams (Boys and Girls) here at the center. Both Coaches Keenan Gurule (Girls Team) and John Matt Jojola (Boys Team) are doing a good job. Both of these young men are busy daily trying to teach these young individuals in our program the game of basketball. The kids on the teams seem to be having fun and when I see them before their games you can tell that they are really into it.

- Afterschool Recreation Program – My recreation staff is doing a great job with the kids after school as well. If you come to the center you will see the center decorated with some of the arts & crafts projects that the kids did for the holidays. When they come to the center the kids are given time to do their homework, they are usually given a snack, then they play games or work on arts & crafts projects until their parents or guardian comes to pick them up. The staff does a very good job of planning each month's activities out in advance, so make sure to stop by and see what's coming up next month or just to say hi. Our staff does a great job with the kids and as far as I can tell the kids really enjoy the staff as well.

- Nana's Arts Program – The Nanas helped with the afterschool program and they've also helped decorate the center for the holiday season. If you come to the center you will be able to see their trademark cultural arts projects around the center. The art they've worked on with the kids were used to decorate.

- Martial Arts/Karate Classes – Classes are being held two times a week and on Saturdays. The participation in these classes are steady, but there is always room for more students. If you are interested in these classes please feel free to contact the rec center at 869-9777 and leave a message for Mr. Chavez. He is the Instructor that has been teaching the youth in the Isleta community Martial Arts/Karate for many years now. Please take advantage of this great opportunity for our children.

- Swimming Pool – Swimming pool staff has been busy training so that all or most of the pool staff are able to teach swimming to individuals that want to

learn to swim. Constant staff training is a very important part of being a Lifeguard, especially if our guards will be teaching swim lessons.

December 2016

- December was much like November, Ham distribution, League play for youth and adults, Afterschool activities, swimming pool staff training and normal daily activities that take place but we also had a couple of events take place as well.

- Winter Coat Drive (Children and Adult) – We (Rec Center) had a winter coat drive in December. This coat drive wasn't limited to coats, we asked that if anyone was able to also donate hats, scarves and gloves as well. This coat drive was only held for a couple of weeks, but fortunately we still had lots of donations. The donations were given to the school to help children that are in need of these types of winter items and the adult items will be given to homeless and or individuals that also are in need of winter items such as these. We definitely considered this coat drive to be a success and we will look into having it again next year. Thank you all for your generous donations, the items you donated definitely made a difference in someone's life.

- Annual Light the Path Memorial Walk – This event was a great event that gave all that participated and the Isleta Pueblo community an opportunity to remember and honor their loved ones that recently passed on or passed on a while back. As we go about with our daily routines there are times that we may get so busy and wrapped up that we may inadvertently forget about those individuals in our lives that have passed away. The Memorial Walk was a great event to help all of us bring those loved ones back into our lives daily. Isleta Behavioral Health Services did a job with this event, they had a presentation complete with pictures of individuals that have passed on and everyone who attended had a chance to eat a sit down dinner with their families and friend while they reminisced about their loved ones. Great event!

- Reaching For The Stars Event – This was an awesome event to close the year. IPD put this event on at the center with lots of help and lots of donations. Many kids from the pueblo participated in this event and it's a wonderful thing to see the smiles on their faces when they get the present that was donated for them at this event. It's quite possible that the presents that some of these children get for this event maybe the only gift that they get for this holiday season. IPD put in lots of hours getting this event ready every year, it's such a joyful event that really shows the spirit of the Holidays. Thank you IPD, awesome job!

• Swim Aerobics – We started with swim aerobics this month and so far participation has been a little slow but it is picking up. We also had signups for swim lessons and the sign up response has been great. We are hoping that everyone who signed up follows through and attends all swim lesson classes. Classes will be held on an individual basis, for more information about this please contact our swimming pool staff at 836-9783.

SPECIAL THANKS – I want to give a special thanks to our Parks Maintenance crew, they have been busy all year long like always keeping our parks looking immaculate. They are currently winterizing the parks to make sure that they look awesome again this coming spring and summer. I also want to thank them for all the additional help they have been giving to the different departments that have been short staffed. These guys are out there in the elements (heat, cold, rain, wind) daily working their tails off. **THANK YOU GUYS**, you are all awesome! With the start of this New Year 2017 many of us make New Year’s Resolutions. Also, it’s time to evaluate yourselves on your old resolutions. How did you do? Did you

complete your resolution; did you meet your goal? Did you lose that extra weight you resolved to lose? What are you going to do to accomplish your New Resolution this coming year? Remember, if your goal is to get in better shape or to become healthier, we at both the Old Rec Center and the New Rec Center have staff that can help you that. We have trainers available at both facilities that are able to help you with your goals. All you have to do is ask any of them for some assistance. Take advantage of the resources you have available here in the Pueblo. I want to challenge all of our Tribal members and employees to utilize this wonderful facility and trainers. This is all free to you, come in and work out for 20 to 30 minutes daily, Let’s all do our part to fight diabetes and obesity this year and every year. Get moving, get healthier, eat right, let’s all do our part!

Our hours of operation have changed with the New Year, please make note of this change.

NEW REC CENTER HOURS OF OPERATION

Mondays 5am to 8pm
 Tuesdays 5am to 8pm
 Wednesdays 5am to 8pm

Thursdays 5am to 8pm
 Fridays 5am to 6pm
 Saturdays 7:30am to 4pm
 Sundays CLOSED

OLD REC CENTER HOURS OF OPERATION

Mondays 3:30am to 8pm
 Tuesdays 3:30am to 8pm
 Wednesdays 3:30am to 8pm
 Thursdays 3:30am to 8pm
 Fridays 3:30am to 6:30pm
 Saturdays CLOSED
 Sundays CLOSED

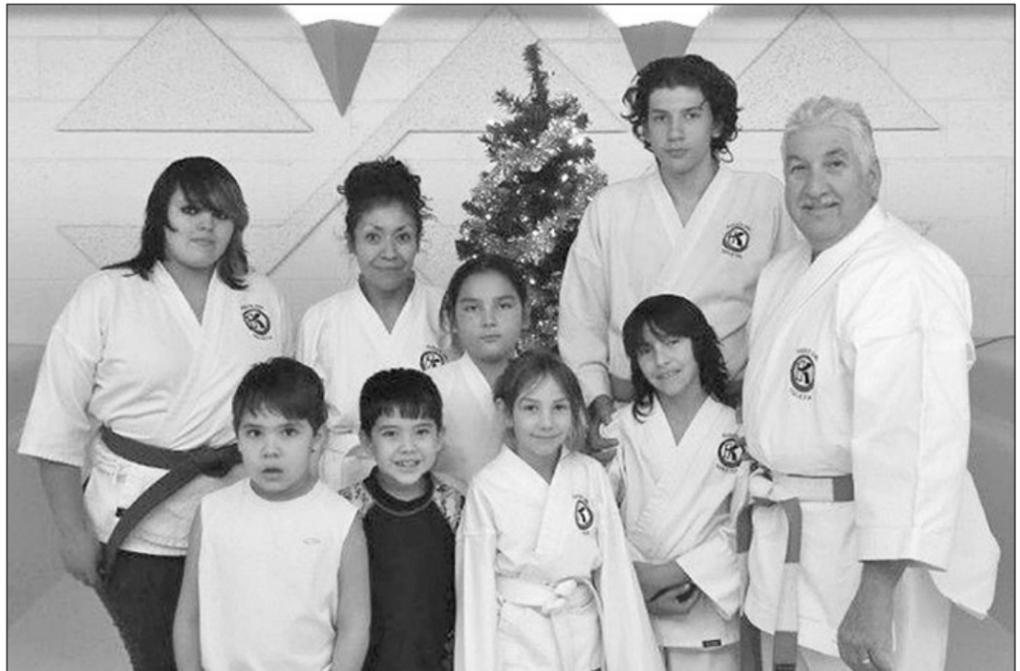
SWIMMING POOL HOURS OF OPERATION

Mondays 7am to 11am and 2pm to 6:30pm
 Tuesdays 8:30am to 12pm and 2pm to 6:30pm
 Wednesdays 7am to 11am and 2pm to 6:30pm
 Thursdays 8:30am to 12pm and 2pm to 6:30pm
 Fridays 7am to 11am and 2pm to 5:30pm
 Saturdays 10:30am to 1:30pm
 Sundays CLOSED

Karate One International News Release: Thank You for your support.

On behalf of the Isleta Recreation Center, Karate One International and the students under the direction of 7th Degree Martial Artist Clarence Chavez. We would like to say thank you for all of the support and words of confidence that the students have received from family members, aunts, uncles, friends and members of Pueblo of Isleta this last year. The Martial Arts program is also looking for some new students (boys or girls) to join in 2017. Are you looking for a well-structured program that builds upon good character and improves disciplines? There is no cost for the classes to any Isleta member.

Anyone interested in knowing more about the Martial Arts Program: classes are on Tuesday and Thursday from 5:30pm to 6:30 and Fridays from 5:00pm till 6:00pm. Age groups from 8 years old and up. If you are interested in starting the Martial Arts program visit with Mr. Chavez at the Isleta Recreation Center, Or contact Mr. Chavez at IRC: 869-9777 or Home: 866-4360.




PLEASE READ YOUR APPOINTMENT LETTER ATTACHED TO YOUR REFERRAL CAREFULLY. IT HAS A LOT OF GOOD INFORMATION TO GET YOU TO YOUR APPOINTMENT ON TIME.

QUESTIONS? CALL 869-4488.

SWIMMING POOL

Happy Holidays everyone! To bring in the New Year we have new programming! We are starting private swim training in January (see submitted flyer). You may have already seen flyers around the Rec. Center. Our first session had 20 slots available, which have all been filled. They will take place from 5-6 PM with two sessions lasting 30 minutes each. We will be continuing this program. We will have a sign-up sheet for the next session available soon. We have also started water aerobics, they are held every Monday, Wednesday, and Friday at 5:15 PM. The classes are instructed by Cayden Sharp, and every class has an awesome oldies playlist! Along with our new programming we also received a new chemical controller. This is a great technological advancement for our pool. We wish you all a very Merry Christmas and a Happy New Year, we look forward to seeing you all!

Isleta Pueblo Swim Training

- ❖ Ages 3 months and up
- ❖ Students grouped by ability
- ❖ Lifeguard certified instructors

Private Swim Training

Monday- Friday 5pm to 6pm January 16th-27th
2 sessions, 30 minutes each.

Attendance is mandatory!
Sign up is essential!
All abilities welcome!!!

For more information

505-869-9783 EXT 9783

New Recreation Center: 60 Tribal Rd 40 Isleta, NM 87022

Pueblo of Isleta Recreation Center NEW POOL HOURS

<p>Monday 7:00am-11:00am <i>Morning Session</i></p> <p>2:00pm-6:30pm <i>Afternoon Session</i></p> <p>Tuesday 8:30am-12:00pm <i>Morning Session</i></p> <p>2:00pm-6:30pm <i>Afternoon Session</i></p> <p>Wednesday 7:00am-11:00pm <i>Morning Session</i></p> <p>2:00pm-6:30pm <i>Afternoon Session</i></p>	<p>Thursday 8:30am-12:00pm <i>Morning Session</i></p> <p>2:00pm-6:30pm <i>Afternoon Session</i></p> <p>Friday 7:00am-11:00am <i>Morning Session</i></p> <p>2:00pm-5:30pm <i>Afternoon Session</i></p> <p>Saturday 10:30am-2:00pm</p>
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For additional information please call the Pueblo of Isleta Recreation Center at 505.869.9777.

2017 Isleta Little League

REGISTRATION

WHERE:
ISLETA RECREATION GAME ROOM

**LITTLE LEAGUE
BASEBALL®**

DATE / TIME

- Saturday January 7, 2017
11:00am-3:00pm
- Saturday January 14, 2017
11:00am-3:00pm
- Wednesday January 18, 2017
5:00pm-8:00pm
- Saturday January 28, 2017
11:00am-3:00pm

REGISTRATION FEE

January 7- \$20.00
January 14- \$30.00
January 18- \$30.00
January 28- \$40.00

CASH or CARD- NO CHECKS
NO REFUNDS

**LITTLE LEAGUE
SOFTBALL®**

DIVISIONS / AGES

Ages 4-16 Years Old

FIND YOUR LEAGUE

PlayLittleLeague.org

WHAT TO BRING:
All parent/guardians must bring participant's birth certificate and three documents providing residency or one document supporting local school enrollment.

CONTACT INFORMATION:
Maxine Lujan- 505-280-3977
Charles Lujan-505-270-0884
Kory Kie- 505-917-6960
Shawnee Jiron- 505-917-6674

LEAGUE WEBSITE:
Facebook: 2017 Isleta Little League
Snap Chat: Isleta2017

P R C

Patients are responsible for notifying PRC of any follow up appointments, continued or referred care, or any additional procedures the specialist may recommend.

- Please provide as much notice as possible to allow us to enter the information, request the orders, and mail out to you prior to your appointment.

Questions? Please call 869-4488

Purchased/Referred Care provides a referral for 1 visit at a time.

➤

**Questions?
Call PRC at
869-4488**

Soil Health at the POI Veterans Association Complex

Pueblo of Isleta Veterans Association recently hosted a Soil Health for farmer's presentation/demonstration. Mr. Clarence Chavez is known for his skill in the martial arts program at the Isleta Recreation Center for the last 20 years or so. Mr. Chavez was both surprised and grateful when asked to do a Soil Health presentation for the Pueblo of Isleta Veterans Association. Mr. Chavez recently retired from USDA as a Soil Scientist and is helping farmers throughout the state.

His goal is to help farmers and ranchers understand what Soil Health is and work on a management system that will improve the way soil functions. Soils respond differently to management depending on the inherent properties of the soil and surrounding landscape. Some of the topics Mr. Chavez talked about was plant diversity, keeping living roots year round, keeping the soil covered with residues and living plants, minimal soil disturbance, and consider grazing where applicable.

Commander Fred Lujan and special guest Donna Montoya from the Jicarilla Apache Nation assisted Mr. Chavez with the aggregate stability and soil infiltration portions of the presentation. Members of the Jicarilla Apache Nation, Tome Land Grant and the Hispanic Farmers and Ranchers of America Inc., were also a part of the attending group. The entire group of people attending the presentation were appreciative for the high quality of the information given by Mr. Chavez in the presentation "Advancing the Art and Science of Soil Health" on the Pueblo of Isleta.

Mr. Chavez also invited farmers and members of the group to his next Soil Health workshop in Tome, NM at the Tome Dominguez Community Center on January 14th, 2017 from 9AM till noon or so. To attend a 4 hour long workshop with guest speaker Rudy Garcia, Regional Soil Health Specialist for USDA. You can contact Mr. Chavez at the Isleta Recreation Center for more information on this event next month.



Commander Fred Lujan and special guest Donna Montoya from the Jicarilla Apache Nation assisting Mr. Chavez on the pouring water into the jars for the soil infiltration demonstration.



Mr. Clarence Chavez discussing Soil Health Aggregate Stability and Soil Infiltration.



Photo of the presentation table and the attending groups.

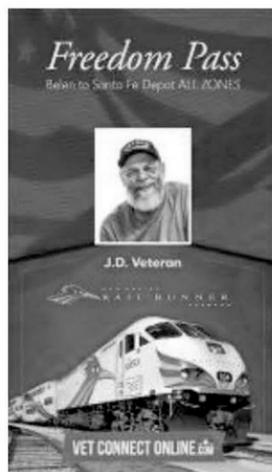
The Veterans Rail Pass Becomes the Freedom Pass!

The Freedom Pass is FREE, requires no renewal and replaces the Veterans Annual Train Pass from the New Mexico Rail Runner Express.

Connect with ABQ RIDE, Rio Metro and Santa Fe Trails bus services. Passes are issued in Santa Fe, Los Lunas, NMRX Customer Service, Raymond G. Murphy Medical Center, and with participating Native American Pueblos. You must present your VA card, a VHIC report, or your current Veterans Annual Train Pass to receive the new Freedom Pass.

Visit riometro.org or call (866) 795-7245 (RAIL) for details.

[Learn More >>](#)



2017 Veterans Legal Clinic

In 2017, the Veterans Legal Clinic will resume with NEW dates and NEW times 8:30-11:00am (must be signed in by 11:00 to be seen by an attorney)

January 10, 2017 March 14, 2017
June 13, 2017 September 12, 2017

New Mexico Veterans Memorial
1100 Louisiana Blvd S.E. Albuquerque 87108

- Family Law (divorce, custody/visitation, child support)
- Consumer Rights • Bankruptcy • Landlord-Tenant
- Foreclosure • Employment
- Service providers including: Goodwill, NM Department of Veterans Services, United South Broadway Corporation, Roadrunner Food Bank, and More!



No appointment necessary. Volunteer attorneys will provide brief legal advice (15-20 minutes.) Please bring any paperwork relevant to your case (claims, correspondence, court documents.) Questions? Please contact (505)265-1711, ext. 3434



Pueblo of Isleta Public Library

Happy New Year! All the things you have always wanted to do in 2016 should become a reality in 2017. Wanting to workout? Check out our wide variety of workout books and workout bags. Eat healthier? We have tons of cookbooks and magazines full of recipes. Wanting to expand your knowledge and visit a historical place? Check out our Family pass, which gives you access to many historical monuments around New Mexico for FREE! Cannot figure out how to work your new iPod, tablet or computer? We have instructional books that describe tons of features on your device you can utilize. Or make an appointment with one of our staff members to learn how to use your device. In other words, come visit us!

News

Library CLOSED on Monday January 2nd. The Pueblo of Isleta Public Library would like to wish you a very Happy New Year.

Library CLOSED from 8:00am-12:00pm on Wednesday January 4th for our monthly staff meeting. We will be planning for the upcoming months. If you have any suggestions of programs you would like to see feel free to tell a Library staff member. We are always open to suggestions from our patrons.

The Library will be CLOSED on Monday January 16th in observance of Martin Luther King Jr. Day. Library media checked out on Thursday January 12th will not be due until Tuesday January 17th. Grab a movie or book for the 3-day weekend.

Upcoming

Due to budget cuts and possible program adjustments we have not planned any upcoming programs. Please check back with the Library for program updates. For all up to date news please visit our Facebook page: www.facebook.com/IsletaPuebloLibrary

Our homework help program will be accepting new students for the final half of the school year. If your child is on the waiting list expect a phone call from the Library. We will have many activities for students to do once homework and/or reading is complete. Also students who attend regularly will be eligible for incentive field trips. If you have any questions please call the Library at 505.869.9808.

Recap

Adults made 2017 calendars during our calendar class, which took place on November 10th and ended on December 8th. All calendars were made using the computer program Microsoft Publisher. They were able to compile their favorite pictures taken throughout the year and add them for each month. They were excited to add different pictures for each month



Calendar maker binding & completing her customized 2017 Calendar.



Families enjoying the Santa photo opportunity at the Library.

and add their own personal touch to each picture. During the last class the calendars were printed out and put together with our binding machine. The calendars made the perfect Christmas gift.

Our Harry Potter book club started on November 14th and ended on December 20th. Participants read the second Harry Potter book, "Prisoner of Azkaban" and participated in weekly crafts based on the book. Library staff member Kyle led the book club and assigned weekly readings for them to finish the book. The end of the program consisted of a movie, food and Harry Potter talk. Thank you to all who were able to participate in our book clubs this year. We appreciate your time and commitment to attending meetings and enjoying the discussions and debate.

Santa visited the Library on December 7th. Boys and girls were able to take a picture with him and received a candy cane from Santa. This year our theme was Mickey Mouse pictured along side Minnie Mouse, Donald Duck and the Chipmunks. Pictures were emailed out and family pictures were printed out. Family pictures are still here if you have not had a chance to come to the Library to pick up yours. Previous Christmas and Easter pictures are here as well. If for some reason you never received your Santa picture by email please give the Library a call at 505.869.9808.

This year was our first time having an ugly sweater program. Library staff members Diane and Valeri led this program. 6 Adults met on December 12th and 13th to start and finish their ugly sweaters. 6 children met on December 15th and 16th to work



Adults of the Ugly Sweater Program working hard & showing off their completed work.



It's all fun & games for the children, UNTIL they have to wear their sweaters.

Apparently the Child Labor Law does not apply to Holiday Cookie Baking for the 2016 Ugly Sweater Social.



Now that is some 2016 Holiday Spirit!!!

on their sweaters. Sweaters were provided for all participants. Both groups of ugly sweater makers had a fun time utilizing the materials that the Library provided. Some using Christmas garland and mini Christmas ornaments and others using felt and pillow stuffing to create the ugliest sweater of all. Most participants claimed all the sweaters were cute and not ugly but I highly doubt they would wear them year round in public. Who knows? On December 21st we hosted an Ugly sweater social and invited participants from other December Library programs to join us. We provided Dion's pizza and other participants bought food and other goodies for everyone to enjoy.

Our Homework Help Program ended on December 14th with a Christmas Party. The children received a Christmas gift bag filled with candy and toys. Library staff members Valeri, Cheyenne and Kyle played a variety of fun games such as toilet paper snowman where teammates had to make a team member into a snowman using toilet paper and snowman cutouts as fast as they can. Other games played were bingo and stack the peppermints. We would like to wish them a Merry Christmas and a Happy



After School Homework Program enjoying their Christmas Party at the Library.

New Year. We will see them again starting off the New Year.

As in previous years, the Library participated in IPD's "Reaching for a Star" Holiday event. The Library was in charge of the craft booth which gave the children and families an opportunity to create a Christmas ornament for their Christmas tree at home. Everyone had so much fun that they kept coming back to make

additional ornaments. The Library was glad to be part of this event as it has been for the previous three years.

The students who participated in our Gingerbread House Program visited the Indian Pueblo Cultural Center on December 20th to view the other Gingerbread Houses. Library staff members Tara and Christino led the program, which started, on

(Continued Next Page)



Families enjoying the Library's Christmas Ornament Craft at IPD's 2016 Reaching for a Star event.

November 15th. All entries were delivered to the Cultural Center on December 5th and will remain there until January 3rd. Many of the Gingerbread Houses were intriguing and colorful. Unfortunately none of our students placed, but they enjoyed looking and snapping pictures of all the entries. Afterwards, we enjoyed lunch at Furr's buffet as a treat for their participation in our program. The participants also received a gift bag filled with a book, water bottle, stylus pen and candy. We would like to thank the students who participated in our program. We encourage you to visit the Indian Pueblo

had them shivering in their boots but did not prevent them from hunting (must be a Pueblo thing). The two day event was capped off with a nice warm lunch at Golden Corral with the chocolate fountain. We would like to thank all the participants that were able to join us during our Pokémon meetings.

On December 29th and 30th the kids attended the Library for a game of Star Wars Tag and Mario Kart with wireless remote control cars. The 29th we provided transportation to the Isleta Recreation Center where Star Wars tag was set up in the gym. The kids were separated into two teams, "Dark side" and "Jedi's". The object

filled up instantly and had a long waiting list.

* Book Clubs! Harry Potter, Anime, and Girl on the Train

* Homework Help Program Field Trips! Glow Golf, Movies, Gravity Park and much more!

*Old Recreation collaboration of TV, Workout DVDs, Books and more!

*Summer Reading Program: News broadcasting for youth and Sports and wellness for the toddlers!

* Weekly Creepy snacks for Halloween.

*Pokémon Go Club!

*Haunted house: Based on classic Horror movies.

* Pueblo of Isleta Public Library recognized nationally as a 5 star Library by the Library Journal.

*Ugly sweater making and social with adults and kids!

Pueblo of Isleta Public Library Hours of Operation:

Library Hours

Mon-Thurs - 8:00 a.m. - 6:30 p.m.

Friday - 8:00 a.m. - 4:30 p.m.

Saturday - 9:00 a.m. - 1:00 p.m.

Closed on Sundays, all federally recognized Holidays and also Isleta traditional Holidays. Please contact library for more information on closures.

Mailing and Physical Address:

950 Moonlight Drive SW
Albuquerque, NM 87105

Phone: 505-869-9808

Fax: 505-869-8119

Email: poi02002@isletapueblo.com

Facebook Page:

www.facebook.com/IsletaPuebloLibrary

Web Address:

www.isletapueblo.com/library2.html

YouTube:

www.youtube.com/user/poilibrary

Pinterest:

www.pinterest.com/poilib



Pokémon Go Club, learning how to play the Pokémon Card game taught by Michael Lucero.

Cultural Center to see the Gingerbread Houses.

Pokémon Go club members met for the last time on December 22 and 23. On the 22nd, Michael Lucero taught a brief workshop on how to play the Pokémon Card game. Participants brought their own playing decks, learned what there pieces were and what they did. Afterwards, they played a few games against one another. The second half of the day was used to discuss and share tips about Pokémon Go. They shared which Pokémon to evolve, which one to place in gyms for defensive purposes, spawn locations, and nests. With their new found Pokémon Go knowledge, the participants along with some Library staff visited Old Town Albuquerque for new Pokémons, the special limited Holiday Pikachu, and the newly added baby Pokémons (intro of 2nd generation). The fog and dampness

of the game was for the Jedi's to transport beanbags from one side to another without getting tagged to change to the Dark side. The kids had a blast! The next day on the 30th the Library was transformed into a Mario Kart battle arena. Kids bought their own wireless remote control cars and were given balloons to tie on to serve as their "lives". It got a little competitive but they all had fun trying to protect their balloons from being popped.

For the Library this year has been a rollercoaster of programs. We would like to share with you some of our highlights and fun memories at the Library.

*Library Cooking Programs! We started off the year incorporating a cooking program every month for Adults!

* Sushi Date Night for Couples! Our very exciting Valentines Day Program, which



PURCHASED/REFERRED CARE

Please present your
PRC referral when you check
in for your appointment. Failure
to do so may
result in billing errors.
If you receive a bill,
bring it to
PRC immediately.

For more information,
Call PRC at 869-4488.

RAILROAD SAFETY

Stephanie Barela, Health Educator
869-4479 □ sbarela@islclinic.net



There are a number of railroad crossings in Isleta and that is why it is so important that we all know how to be safe in a railroad crossing zone. In America, someone is hit by a train every 115 minutes, often killing them. According to Operation Lifesaver, nearly 2,000 Americans are killed and injured at highway/rail grade crossings each year. Most collisions with vehicles and trains happen when trains are traveling less than 35 miles per hour. In ¼ of all collisions, the train is already in the crossing when the car hits it, and since most (nearly 2/3, of all collisions happen during the day), driver inattention must be the major cause. It takes a train one mile to stop, so NEVER try to beat a train, because the train always wins! A motorist in a train/vehicle crash is 40 times more likely to die than in a collision between two vehicles.

Ms. Lucero's 3rd grade class learned about Rail Road Safety on November 22, 2016 when Stephanie Paiz from the Rail Runner came and spoke with them. Here are some of the things they learned:

- ANY TIME IS TRAIN TIME!!
- Slow down when approaching a railroad crossing and look both ways—twice! Left, Right, Left!
- Never race a train to cross the tracks.
- Never pass another vehicle within 100 feet of a railroad crossing.
- Watch out for vehicles that MUST stop at a railroad crossing (e.g., school buses, trucks carrying hazardous materials).
- When approaching a crossing, roll down your windows, turn off your radio and air conditioner, and listen for whistles or bells.
- Always yield to flashing lights, whistles, closing gates, or stop signs.
- Never shift gears on the railroad crossing, down shift before you reach it.
- If you must stop, keep a distance of 15 to 50 feet from the tracks. Since the tracks are four feet eight and a half inches wide, the train hangs 3 feet past the rails on each side, be sure to leave enough space between your vehicle and the tracks.
- Teach children that the railroad is NEVER a place to play, walk, run, bike ride or use as a short cut.
- Always cross the tracks at the designated railroad crossing or pedestrian crossing.

REMEMBER TO LOOK, LISTEN AND LIVE!

STOPPING MAY ADD 30 SECONDS

TO YOUR JOURNEY,

WHILE NOT STOPPING COULD PUT AN

END TO IT COMPLETELY.

ANY TIME IS TRAIN TIME!

Reference: <http://www.tdi.texas.gov/pubs/videoresource/fsrailroadcross.pdf>

Suggestions or Comments for 2017?

Let me know
your thoughts!!

PUEBLO OF ISLETA HEALTH CENTER

Health Education Department

Help me plan the year by letting me know what you would like to learn!

Do you want to learn about certain health topics?

Do you see a need in the community for a certain type of training?

Tell Your Local Health Educator!

Stop by the Health Center and drop your health training topic suggestions or comments in the "Suggestions, Comments or Complaint Box" located inside the main entrance (on your right as you enter).
or, you may send an e-mail to sbarela@islclinic.net



Isleta Health Center

Stephanie Barela, Health Educator
Phone: 505-869-4479

Health Beat

Stephanie Barela, Health Educator
Phone: 505-869-4479

GLAUCOMA (Glaucoma Research Foundation)

January is GLAUCOMA AWARENESS MONTH. This is an eye disease that gradually steals your vision and often has no symptoms, but then suddenly results in vision loss if not properly treated. To help limit your chances of glaucoma, it is important to get regular eye exams to detect problems early and get them treated. In most types of glaucoma, the eye's drainage system becomes clogged so that intraocular fluid cannot drain. This can cause pressure to inside the eye, which if the pressure becomes too high, can damage the sensitive optic nerve and result in vision loss.

WHAT PUTS YOU AT RISK FOR GLAUCOMA?

- Over 60 years old
- Relatives of glaucoma patients
- Those that are very nearsighted (myopic)
- Hispanics in older age groups
- African American or Asians
- People with thin central cornea

WHEN SHOULD YOU GET YOUR EYES CHECKED FOR GLAUCOMA?

- Before age 40, every 2-4 years.
- After age 65, every 6-12 months
- From age 40-54, every 1-3 years
- From age 55-64, every 1-2 years

ARE THERE SYMPTOMS FOR GLAUCOMA?

- Often there are no uncomfortable or painful symptoms
- In less common kinds of glaucoma, symptoms can be more severe, which include:

- Hazy vision
- Sudden sight loss
- The appearance of rainbow colored circles around bright lights
- Eye and head pain
- Nausea or vomiting

- People of all ages are affected by this, from babies to elders
- Sight loss from glaucoma cannot be reversed; however, early detection and careful, lifelong treatment with medication or surgery can maintain vision

WHAT ARE THE MOST COMMON TYPES OF GLAUCOMA?

- Open-Angle Glaucoma
 - Slow clogging of the drainage canals, resulting in increased eye pressure
 - Has symptoms and damage that are not noticed
 - Develops slowly and is a lifelong condition
 - Most common form of glaucoma
- Angle-Closure Glaucoma (AKA: Acute or Angle Narrowed Glaucoma)
 - Caused by blocked drainage canals, resulting in a sudden rise in intraocular pressure
 - Develops very quickly
 - Has very noticeable symptoms and damage usually
 - Needs immediate medical attention

HOW DO YOU TREAT GLAUCOMA?

- Medications usually are used to treat glaucoma to either help the fluid drain better or to decrease the amount of fluid
- Surgery is another way to treat glaucoma:
 - Laser Surgery, done in an outpatient setting
 - Microsurgery (AKA: conventional surgery), done in a hospital or surgery center

Johnson O'Malley Program Happy New Year!

Hope everyone had a happy holiday season and is ready to tackle the New Year. To our returning students, Welcome Back! To our new students, Welcome! If you have missed our Family Nights, you're not too late to join us.

We had a successful and eventful 2016, and are already in the planning process for a productive 2017. To start off the year, we have Great News! Native American students attending Isleta Elementary School are now eligible to receive services through the JOM program. Stop by our office with your student's Certificate of Indian Blood to fill out the necessary paperwork. The JOM program invites you to give us any input on your thoughts or ideas that you may have in making 2017 a successful year for your students. We are excited to work with you this year and hope you will take advantage of the academic, social, and personal support and activities that JOM has to offer.

Over the past several months, the JOM staff has been to several workshops and consultations to learn more about the re-authorization of the Every Student Succeeds Act (ESSA) formerly known as the Elementary and Secondary Education Act (ESEA, No Child Left Behind). The continued efforts of educational advocacy by Tribal Leaders and Tribal Education Departments through the new Act has positioned us in what we hope is sustainable improvements to help improve the education of our children. A pathway that will lead to all Native American students having equal access to a quality education and career of their choice. Education has become increasingly important and we need to work together to ensure our children are successful and make sure school districts are held accountable in providing every learning opportunity and resources necessary for a strong educational



foundation. With new changes coming forth through ESSA, educational advocacy is a priority to the JOM program. Our effort is to work with the school districts and tribal leadership to ensure your students have access to all resources for the betterment of their education.

During the month of December, our students and families had a jolly time with several events we held. It is easy to get caught up in the material trappings of the holiday season, but by spending time with

your family or giving back you will reconnect with the true meaning of Christmas and help others in your community. That is exactly what these families did. We kicked off the month first with a private showing of the Polar Express in 3D in pajamas at the New Mexico Natural History Museum. It was nice to hear the laughter of the children and their parents smiling on as their children enjoyed the show. Each family donated up to three homemade Christmas cards for Tribal Elders which were collected during the show.

Family Literacy Nights

Every year JOM hosts two Family Literacy nights where students are able to take home 5 books of their choice. The intent is for the children to build their own library and encouraged to read at home. Boy were the children so excited when they walked into the JOM building. It was great to see their smiles and excitement when they saw the many book selections and held the books of their choice. Winter Literacy night was held on December 13th where staff served hot cocoa and cookies. An art table was also set-up for families who wanted to create more Christmas cards for the Tribal Elders.



The last event for the year was tamale making. Students and their parents learned how to make traditional tamales for the holidays. As we watched the children make tamales, we were so amazed and proud of the young children as they used their ability to comprehend instruction through eye and hand coordination to make their own tamales. It was more joyful to hear the children as they were proud of themselves for making tamales for their families to enjoy. Each child took a dozen tamales home.



There is no doubt that 2017 will be another busy year! We still have so much work to do to ensure we provide educational opportunities and resources for all our children. The JOM Staff want to personally thank each of you for your support over the last year and we look forward to working with you on all that is ahead in 2017!

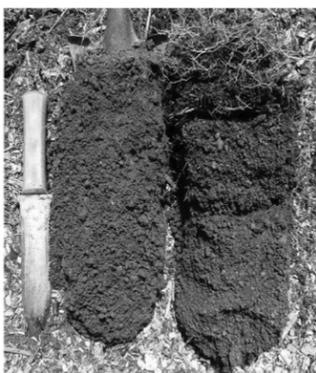
Wishing everyone health, prosperity and success into the New Year!



What to expect: Soil Demonstrations and Presentations

- How to recognize and build soil health
- Tests to determine the degree of soil health
- Discussions on the 5 soil health guiding principles
- Q and A's sessions with guest speaker Rudy Garcia, Regional Soil Health Specialist
- Benefits of Soil Health: i.e. better infiltration, less erosion, increase water holding capacity, managing salts, increase soil biota, build soil structure, increase soil organic matter and
- Plant / Soil nutrient cycling or soil fertilizer

Healthy / Productive Soils = Economic Sense and Nutritious Foods



Date: January 14th, 2017
Time: 9:00 AM till 1:00PM
Location: Tome Dominguez Community Center
2933 HWY-47, Tome, New Mexico
Map: <https://goo.gl/maps/Nyt3nJ3g2N62>
Contact: SW Soil Health Consortium 505-620-5434
Guest Speaker: Rudy Garcia, Regional Soil Health Specialist USDA-NRCS
Snacks, coffee, tea etc. Sponsored by the Tome Land Grant and the Hispanic Farmers & Ranchers of America Inc.

A healthy, fully functioning soil is balanced to provide an environment that sustains and nourishes plants, soil microbes and beneficial insects on farmland and range land.

This is the first of several educational farming topics to advance Soil Health in the arid southwest

SW Soil Health Consortium Partners (www.SWsoilhealth.net): Hispanic Farmers and Ranchers of America Inc., Hearts of the Desert Rose Inc., Dr. E. Ingham-Soil Foodweb Inc., Dr. John Idowu-NMSU, Dr. K. Grover-NMSU, Dr. David Johnson-NMSU, Dr. Christine Jones-Amazing Carbon, Ray Archuleta- USDA-NRCS, North Valley Organics, Soil Secrets Inc., Tome/Adelino Land Grant and National NRCS Soil Health Division.



Thinking About Quitting

NOT READY TO COMMIT TO A FULL Quit Smoking PROGRAM?

Take this 1 time, 1 on 1, 90 minute session to increase your motivation to quit!

Call Stephanie, Health Educator @ 869-4479 to Sign Up
Isleta Health Center



PURCHASED/REFERRED CARE

Please present your PRC referral when you check in for your appointment. Failure to do so may result in billing errors. If you receive a bill, bring it to PRC immediately.

For more information, Call PRC at 869-4488.

Isleta Elder Center: December 2016

Throughout the year it seems as if each month passes more quickly than next and before we know it the end of the year has come. Over the course of December, the Elder Center hosted various events and activities for the older adults in our community to enjoy. The month started with a sad farewell to our program's own Terry Salazar, as she retired from the Isleta Elder Center after 11 years of service to our community. Her service and dedication to her community will forever be in the hearts of all those she served and worked with. The governor, community members, staff, and members of our tribal administration were invited to send Mrs. Salazar off with a luncheon & afternoon celebration.



Also, in December the Elder Center was invited to have community members attend the 2016 New Mexico Rail Runner Holiday Celebration as part of a community exchange program. The event took place at Los Volcanoes Senior Center located in Albuquerque, NM. Senior programs from the local ABQ area and surrounding pueblos were all part of the celebration. The day was filled with a variety of holiday activities, raffle drawings, and great food. A special "Thanks" goes out to Marie Mora and her staff at the NM Rail Runner for inviting our program to participate in this year's event. Thank you to all the staff at the Los Volcanoes Senior Center for the warm welcoming, great food, and awesome activities for this event.



The Isleta Elder Center has been very fortunate to have had the opportunity to host a large number of various events throughout the year 2016. With each month offering a diverse range of activities, trips, or special events, the month of December

provides the most anticipated event of the year for the Isleta Elder Center. Each year the Isleta Elder Center's Christmas Event is the biggest event offered to Isleta Pueblo elder population. This year the Elder Center's 2016 Christmas Luncheon was the best event of the year. Hosting over 400+ individuals of our community, this was the largest event of the year for the Elder Center. As all of our attendees continued to arrive the amount of festive energy began to brighten the room with beautiful smiling faces & cheerful laughter. The Grand Ballroom was filled with an overjoyed community of elders anxious to see friends & family.



Governor Torres started the event with a beautiful invocation, Director Rita Jojola followed by kind words of encouragement and gave thanks to all those in attendance. Harold Baugus, CEO of the Isleta Resort & Casino stated some big announcements coming soon to the casino as well as presented gifts to all of the attendees on behalf of the casino. The Isleta Elementary School students blessed the audience with Christmas Carols & their youthful display of holiday cheer. As the event continued on Father George led our elders in a blessing over the delicious meal provided the Isleta Resort & Casino. During the later course of the event live music from Steve Armijo got elders out of their seats & onto the dance floor.

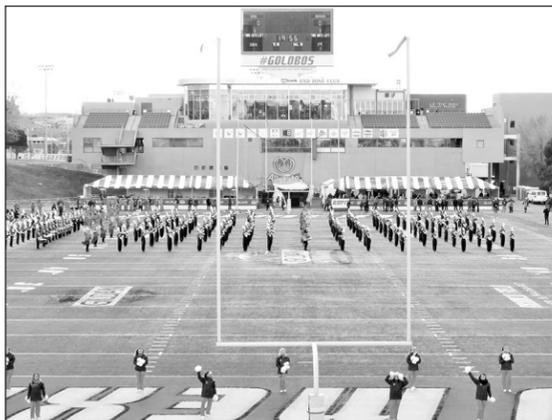
During the year the Elder Center has a number of fundraising events that take place to help make this event possible. We are very thankful to have had such great support from Governor Torres & his administration, Tribal Council, as well as the Isleta Resort & Casino in planning for this great event. The 2016 Christmas Luncheon would not have been a success without a small agenda of entertainment & gifts for elders to make it a little more special during the holiday season.

December ended with departure of two other staff members Juan Rey Abeita & Jeff Jojola. Each of these staff members will be advancing onto new career chapters in their lives. We at the Isleta Elder Center are very proud of these individuals and the great work they have done for the center as well as our community. We will miss both of these hard working members of our team and are very proud of their accomplishments stepping into 2017 with great ambition. We wish the both of you the best of luck and strength as you move forward.

Isleta Resort & Casino

If you head to or even simply drive past Isleta Resort & Casino, you'll notice a big change popping up in front of the Resort. Guests and passers-by will soon be greeted by a 60-foot tall marquee – twice the size of the Resort's previous marquee. The marquee, which is currently under construction, will be visible from Interstate 25, and destined to attract new visitors.

The Resort also hopes to attract new visitors by sponsoring several exciting community events, with the support of Tribal Council and Tribal Administration. In 2016, that included Best of the City, Duke City Marathon, the Albuquerque International Balloon Fiesta, the Indian Pueblo Cultural Center, and many others. Additionally, as a major sponsor of the 2016 Gildan New Mexico Bowl, 200 tickets were given to the Pueblo of Isleta Elementary School, so children and their families attended the December 17th game. The sponsorship also included hosting a press conference, pep rally, and team luncheon at the Resort, as well as having a large staff presence at the game itself. There, Isleta Team



As we say farewell to the year and begin a new year in 2017, the Isleta Elder Center has been very blessed to have had such a great year in 2016. None of our events would take place without the all support our program receives from our wonderful community members and fellow programs. Our program has been very fortunate to have had programs volunteer their time over the year to support many of our events. Thank you to all of our community members for your continued participation in our programs and events. We look forward in providing the best service possible to all our elders in 2017. May everyone be blessed with a great health & strength as you enter the New Year.

January 2017: Isleta Elder Center Activities & Closures

**Activities are subject to change. Please contact the Isleta Elder Center for any changes (505)869-9770*

January 2, 2017: Pueblo of Isleta Closure – Elder Center Closed

January 16, 2017: Martin Luther King Day Closure – Elder Center Closed

January 11, 2017: Health Discussion W/ Dr. Cumby

January 12, 2017: Catholic Mass

January 18, 2017: General Meeting & Friendship Breakfast – Topic/Presenter TBA

January 20, 2017: Live Afternoon Music & Social

January 2017: Isleta Elder Center - Senior Center Exchange Activities

January 17, 2017: Silver Shuffler's/Isleta Shuffleboard Team Monthly Practice – Manzano Mesa Multigenerational Complex

January 2017: Adults 50 & Older Isleta Senior Olympics – Local Games Events from: January – March 2017

January 3, 2017: Registration Opens for 2017 Isleta Senior Games

January 19, 2017: First Event – All Ages Soccer Accuracy Kick

January 26, 2017: All Ages Basketball Free-throw & 3-Point Shootout

January 31, 2017: All Ages Shuffleboard Singles Event

January 2017: Adults 50 & Older Exercise/Recreation

Mondays, Wednesdays, & Fridays: Enhance Fitness Exercise Classes Isleta Recreation Center

Thursdays: Swimming Hours 1:30pm – 3:00pm

January 2017-A: Major Isleta Elder Center Activities

January 24, 2017: Alliance Senior Day – Santa Fe, NM



Members handed out swag bags and hats, invited attendees to spin a wheel for prizes, and stormed social media with pictures of the day's events.

The Resort also hosted the annual Pueblo of Isleta Elders Holiday Event in December. A group of approximately 500 Isleta Elders participated, posing for photos and receiving special gifts.

“We're extremely excited to host events for members of our Pueblo of Isleta community. We remain dedicated to generating revenue for the Pueblo, and our mission continues to focus on offering a supportive and involved role. This event is a showcase example of that commitment, which we intend to see through into the New Year,” said Isleta CEO Harold Baugus.

The Resort is looking ahead at other exciting plans for the future, including an upcoming major sponsorship of the 2017 PBR Ty Murray Invitational.

ISLETA HEALTH CENTER

*** NEWS * NEWS * NEWS ***

After-Hours Care Notice

We regret to inform our patients that the Nurse Advice Line is closing as of **January 1, 2017, for after-hours medical inquiries.** In order to ensure that you have after-hours care when the Isleta Health Center is closed, we are providing you with other Urgent Care options below:

Please call the facility for clinic hours AND to ensure they accept your insurance plan.

First Nations Community Health
5608 Zuni Road SE
ABQ, NM 87108
505-262-2481

Presbyterian Urgent Care
on Isleta Boulevard
3436 Isleta Blvd. SW
ABQ, NM 87105
505-462-7777

Presbyterian Pediatric Urgent Care @ Presbyterian Hospital
1100 Central Ave. SE
ABQ, NM 87106
505-841-1819

NextCare Urgent Care
200 Rio Bravo Blvd. SE
ABQ, NM 87105
505-545-6138

ABQ Health Partners Urgent Care @ Journal Center
5150 Journal Center Blvd. NE
ABQ, NM 87109
505-262-3233

UNM Adult Urgent Care
2211 Lomas Blvd. NE
ABQ, NM 87106
505-272-9646

► You must notify the PRC (Purchased/Referred Care) office at 869-4488 within 72 hours if you are seen at any facility other than the Isleta Health Center.

► Please be aware that in order to be covered financially for after-hours medical care, you should only use these facilities when the Isleta Health Center is CLOSED.

► If the Isleta Health Center is CLOSED and you are experiencing a life threatening emergency such as chest pain, severe injury/bleeding, or severe breathing problems, please CALL 911 immediately.

ISLETA HEALTH CENTER HOURS

Monday | Tuesday | Wednesday | Friday
8:00am to 4:30pm

Thursday
10:00am to 4:30pm

Saturday | Sunday
CLOSED

Notify Purchased/Referred Care (PRC) within 72 hours of receiving Hospital Emergency or Urgent Care services!

Coffee & Conversation		2017 Meeting Schedule		Coffee & Conversation	
		Pueblo of Isleta Cancer Support Group			
		@ Isleta Health Center 10:30am to 12:00pm*			
<small>*Most meetings are from 10:30am to 12:00pm in the Isleta Health Center Kitchen unless different times/locations are otherwise noted; see all dates/times in schedule below.</small>					
DATE	TOPIC	SPEAKER	LOCATION		
1/10/2017 10:30am - Noon	Support/Yearly Planning	Group	Isleta Health Center Kitchen		
Friday 2/3/2017 8:30am - 1:00pm	4th Annual Go Red For Native Women Heart Health Summit (Rides available; contact Stephanie)	Hyatt Regency Downtown ABQ	330 Tijeras Ave. NW ABQ, NM 87102		
📞 Contact Stephanie at 869-4479 to register for Heart Health Summit 📞					
3/14/2017 6:00pm - 8:00pm	EVENING SESSION Older Driver Safety Presentation	Mark McCracken Safer NM Now	Isleta Health Center Training Center		
4/11/2017 10:30am - Noon	Child's Understanding of Cancer/Chronic Illness	Mary O'Hara Child Adolescent Therapist	Isleta Health Center Kitchen		
5/9/2017 6:00pm - 8:30pm	EVENING SESSION 3 rd Annual Isleta Cancer Survivors Day Event	Balloon Release/ Survivor Celebration	Isleta Health Center Training Center		
6/13/2017 10:30am - Noon	Cancer Support	Support	Isleta Health Center Kitchen		
7/11/2017 10:30am - Noon	Cancer Support	Support	Isleta Health Center Kitchen		
8/8/2017 6:00pm - 7:30pm	EVENING SESSION Cancer Support	To Be Announced	Isleta Health Center Training Center		
9/12/2017 10:30am - Noon	Cancer Support	Support	Isleta Health Center Kitchen		
10/10/2017 10:30am - Noon	Cancer Support	Support	Isleta Health Center Kitchen		
11/14/2017 10:30am - Noon	Potluck	Group	Isleta Health Center Kitchen		
<i>Topics are subject to change.</i>		Contact Stephanie Barela to sign up and to learn more! Phone: 869-4479 Email: sbarela@isclinic.net			

American Heart Association Presents

"Drum to the Beat of a Healthy Heart"

Your are cordially invited to our
4th Annual Go Red For Native Women Heart Health Summit
to learn more about heart disease and its impact on our
community.

Friday, February 3, 2017
8:00 AM- 1:00 PM
Albuquerque Convention Center

Details about registration coming soon!

For more information please contact Joshua Martinez at
505.485.1315 or Joshua.Martinez@heart.org



life is why™



for women

Nationally Sponsored by  Locally Sponsored by 



The Pueblo of Isleta Health Education and Behavioral Health Services will take a group from Isleta. If you are interested, please contact Stephanie at 505-869-4479.

Adult Day Services Calendar January 2017



Mon	Tue	Wed	Thu	Fri
2) 10-11 Chair Exercises 1-3 Plastic Canvas Activity	3) Field Trip 10-2 Wal-Mart & Lunch	4) 10-12 Winter Crafts 1-3 Continue w/ Crafts	5) 10-11 Chair Exercises 11-12 Board/Card Games 1-3 ADS Choice	6) 10-12 Sew Shawls 1-3 Bingo
9) 10-11 Chair Exercise 11-12 Sew Pillows 1-3 Continue w/ Pillows	10) 10-12 Snowflake Crafts 1-3 Continue/ Open Activity	11)10-11 Chair Exercise 11-12 Painting Ceramics 1-3 Continue painting	12) 10-11:30 Coffee & Conversation 11:30-12 Catholic Mass 1-3 ADS Choice	13) 10-12 Sew Aprons 1-3 Jigsaw puzzles
16) Closed Martin Luther King Jr. Day	17) 10-11 Chair Exercise 11-12 Bead Jewelry 1-3 Continue w/ Jewelry	18)10-12 General Meeting 1-3 Sew Blankets	19) 10-11:30 Library 1-3 Open Activity	20) 10-12 Card/Board Games 1-3 Winter Crafts
23) 10-11 Chair Exercises 11-12 Plastic Canvas 1-3 Afternoon Movie	24) 10-11 Nutrition Education 11-12 Morning Walk 1-3 Clothespin Crafts	25) Field Trip Bingo Matinee @ Isleta Resort & Casino	26) 10-12 Make Lanyards 1-3 Continue w/ Lanyard	27) 10-12 Morning Drive 12-2 Lunch
30) 10-11 Chair Exercises 1-3 ADS Choice	31) 10-2 Activities with Stephanie	Commodities January 19th & January 31st	Calendar Subject To Change	For Further Assistance Emma Abeita 869-9770 Nicole Abeyta 869-9770

January Menu

Isleta Elderly Center (505) 869-9770

1/2/2017	1/3/2017	1/4/2017	1/5/2017	1/6/2017
CLOSED FOR HOLIDAY Happy New Year	Beef Vegetable Stew G. beef 3 oz/ veg 1/2 c Steamed Cauliflower 1/2 c WW Roll = 56 g Apricots 1/2 c	3 oz Tuna Salad on Leaf Lettuce Cucumber/Tomato Salad 1 c Carrot Sticks 1 c Applesauce Cake 1 ea WW Crackers Fresh Fruit	Hot Turkey and Cheese Roll-Up 2 oz Turkey, 1 oz cheese, 1-9" tortilla = 56 g Steamed Spinach 1/2 c Stewed Tomato 1/2 c Fruit Cup = 1/2 c	Beef and Potato Hash 3 oz G. beef, Potato 1/2 c Corn in hash 1/2 c Steamed Carrots 1/2 c WW Bread Slice 1 ea = 28g Fruit Crisp 1 piece = 1 Grain equivalent and 1/2 cup apple
1/9/2017	1/10/2017	1/11/2017	1/12/2017	1/13/2017
Turkey and Noodle Casserole 3 oz diced Chicken, 1/2 c pasta Winter Veggie mix 1/2 c Beets 1/2 c WW Roll = 56 g Fruit Cup 1/2 c	Chicken Caesar Salad 3 oz Chicken, 1 C Lettuce Cucumbers 1 c/Tomato 1/2 c Crouton 1 oz Garlic Breadstick 2 ea = 56 g Fresh Orange Caesar Dressing 1.5 oz	Cream of Potato & Ham Soup 2 oz ham, 1/2 c potato Mixed Vegetables 1/2 c WW Roll = 56 g String cheese 1 oz Fruit Cup 1/2 c	Frito Pie w/ Cheese 2 oz beef, 1/2 c bean (V) 1 oz cheese Lettuce/Tomato 1/4 c Green Beans 1/2 c Oatmeal Cookie Fresh Fruit 1 ea	Baked Macaroni & Cheese with Diced Ham 2 oz Ham, 1 oz cheese 1/2 c WW Elbow pasta California Vegetables 1 c WW Roll 1 ea = 56 g Fruit Cup 1/2 c
1/16/2017	1/17/2017	1/18/2017	1/19/2017	1/20/2017
CLOSED FOR Dr. Martin Luther King Jr. Day	Ravioli with Meat Sauce 2 oz sausage, 1 oz mozzarella cheese 1/2 c marinara sauce Corn 1/2 c Garlic Breadstick 2 ea Fresh Fruit 1 ea	Sloppy Joe on ww bun G. turkey 3 oz, Sloppy joe mix = 1/4 c red/orange veggie Baked Beans 1/2 c Mixed Veggies 1/2 c Fruit Cup 1/2 c	Potato Stew w/ground beef 3 oz g. beef, 1/2 c potato Green Bean 1/2 c Biscuit = 56 g Fruit	Garbanzo Beans w/Ground Beef G.Beef 2 oz, Garbanzo beans 1/2 c Tossed Salad Bread sticks 2 ea Fresh Fruit 1 ea
1/23/2017	1/24/2017	1/25/2017	1/26/2017	1/27/2017
Chicken and Rice Soup 2 oz diced chicken, 1/2 c rice Green Chile w/beef 1/2 c Mixed veggie 1/2 c WW Crackers 24 g Fresh Fruit	Ham and Cheese Croissant 2 oz Ham, 1 oz sliced cheese 1 - 9" Tortilla = 56 g Carrot Sticks 1 c Cucumber/Tomato Salad 1 c Banana	Italian Beefy Mac 3 oz beef, 1/2 c pasta Marina sauce 1/2 c Mixed Vegetables 1 c WW Roll 1 ea Fruit cup 1/2 c	Baked Chicken 3 oz Stuffing 1/2 c Sweet Potato 1/2 c Peas 1/2 c Fresh Fruit 1 ea Biscuit 1 ea	Sweet and Sour Pork 3 oz pork Oriental Veggies 1/2 c Beets 1/2 c Steamed Rice 1 c Mandarine Oranges 1/2 c Fortune Cookie 1 ea
1/30/2017	1/31/2017			
Red Chile Chicken Adovada Chicken 3 oz, Red Chile 1/8 c Spanish rice 1 c Calabacitas 1 c Tortilla 9" 1 ea Fresh Fruit	Macaroni Stew w/ground beef 3 oz beef, 1/2 c elbow noodles 1/4 c stewed tomato Green Beans 1/2 c Steamed Carrots 1/2 c WW Crackers = 26 g Fruit cup 1/2 c	CONGREGATE MEALS Salad Bar offered daily Based on the availability of ingredients/produce or other unforeseen circumstances, menus are subject to change.	If you know that you will not be home, please call to cancel your home delivered meal. This saves on time and money. We kindly ask for 24 hours notice on cancelled meals. Thank You	Congregate meals age 55+ free of charge. Persons ages < 55 the suggested donation is \$5.00 however any donation is appreciated.

JANUARY

ISLETA HEALTH CENTER

Questions? Call 869-3200

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT / SUN
Reminder: "DPP" = Diabetes Prevention Programs @ 869-4595 "BHS" = Behavioral Health Services @ 869-5475.					1 SUNDAY Happy New Year!
3 New Years Holiday HEALTH CENTER CLOSED	3 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS.	4 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	5 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS.	6 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	7 / 8
9 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Express Endurance Premeasurements: 11a-730p @ DPP Wellness Center.	10 Women's Support Grp: 10-11a @ BHS. POI Cancer Support: 1030a-12p @ Health Center Kitchen. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Express Endurance Premeasurements: @ 11a-730p DPP Wellness Center.	11 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 530-630p @ DPP Wellness Center. Destination Health Premeasurements: 10a-630p @ DPP Wellness Center.	12 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Premeasurements: 11a-730p @ DPP Wellness Center.	13 Express Endurance Premeasurements: 8a-430p @ DPP Wellness Center. Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	14 / 15
16 Martin Luther King, Jr. Day HEALTH CENTER CLOSED	17 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Week 1: 530-730p @ DPP Wellness Center.	18 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. Community Healthy Cooking Class (DPP): 5-630p @ Health Center Kitchen.	19 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Week 1: 530-730p @ DPP Wellness Center.	20 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	21 / 22
23 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	24 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Week 2: 530-730p @ DPP Wellness Center.	25 Circle of Security Parenting: 9-11a @ BHS. Anger Management Skills: 1-2p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS. DPP Walking Group: 530-630p @ DPP Wellness Center.	26 CLINIC OPENS AT 9:50am Grief Group: 1-2p @ BHS. Circle of Security Parenting: 2-4p @ BHS. Express Endurance Cooking Class: 530p @ Health Training Center.	27 Early Recovery Skills: 9a-11a @ BHS. Another Recovery Technique (ART): 1-4p @ BHS.	28 / 29
30 Early Recovery Skills: 9-11a @ BHS. Women's Path to Recovery: 1-2:30p @ BHS. Young Leaders Youth Krew: 4:30p @ BHS.	31 Women's Support Grp: 10-11a @ BHS. Acu-Detox: 1-2p @ BHS. Creating Process of Change: 2-4p @ BHS. Str8 Rez: 5-7p @ BHS. Express Endurance Week 3: 530-730p @ DPP Wellness Center.	Coming up in February! Save the Date for "National Wear Red Day for Heart Health Awareness". Call Stephanie Barela at 869-4479 if you are interested in attending the American Heart Association's "4th Annual Go Red for Native Women Heart Health Summit" on February 3, 2017 (Albuquerque Convention Center).			



Freedom From Smoking

WANT TO STOP SMOKING, BUT AREN'T SURE HOW?

SIGN UP FOR ISLETA HEALTH CENTER'S

Freedom From Smoking

STARTS 2017 @ ISLETA HEALTH CENTER

98% OF PARTICIPANTS THAT ATTENDED EVERY SCHEDULED SESSION QUIT SMOKING!



Weekly Prizes!

- Nicotine Replacement Therapy for those clinic patients who attend weekly sessions!
- Get TIPS for quitting and Support from others that are going through the same thing.

CONTACT:
 Stephanie Barela @
 505-869-4479

for more information or to reserve your spot in this class!



Sponsored by the Isleta Health Center



Pueblo of Isleta Community Cancer Support Group

Support the health of your family. Educate yourself on cancer. REDUCE YOUR RISK!



Coffee and Conversation

Meets 2nd Tuesday of the month!

Next Meeting:	January 10, 2017
Time:	10:30am - Noon
Location:	Isleta Health Center Kitchen
Topic:	Cancer Support / 2017 Planning

Call Stephanie Barela @ 869-4479 for more information.

Please join us!  Everyone welcome!

Happy New Year